



Monogamy vs. Polyamory



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Once you've built confidence in yourself and the material we've gone over in this book, you'll start meeting lots of women and you'll have to decide whether you want to be with one woman or several women at the same time. I know that the natural response of most men will be "Of course I want to be with several women!" but being a "player" and being polyamorous are two very different things. A player lies to the women he's with so that they have no idea he's seeing other people. This doesn't even require actively lying – a player can easily deceive the women he's dating without lying outright.

Polyamory, in contrast, means having many relationships at the same time with the consent of all involved. A lot of guys consider this to be the holy grail of dating, but it's not difficult to achieve when you understand the rules, and you understand why polyamory works and what the benefits are. To be polyamorous successfully, you must also be aware of the negative aspects of having open relationships and know how to tell when polyamorous relationships aren't going to work out.

Personally, I feel that you should only be monogamous with someone when you feel that there's a chance that you could be in love with

that person. If you can't see yourself marrying someone after being with her for a while, then you're wasting her time and your time by continuing the relationship.

Let's talk about serial monogamy for a moment, because serial monogamy is something that a lot of men and women experience. A serial monogamist is someone who bounces from relationship to relationship without ever really finding the person they're looking for. They're single only for short periods of time, and latch on immediately when they find someone new to be in a relationship with.

Think of this desperate desire to have a relationship as a race with hurdles. A relationship is the final hurdle, so to get to it you have to jump over a lot of other hurdles first. If, like a lot of guys, you're too focused on the last hurdle, you won't clear any of the other ones because you're not paying enough attention to them. You won't even make it to the last one!

If you go out in search of women who are looking for relationships, you won't be able to create attraction, build rapport, have sexual tension and attraction, and ultimately gain the interest of the woman that you desire because you'll be so focused on the end goal that you will ignore the process. Approaching relationships in this way causes a great deal of neediness, which is incredibly unattractive to women.

To figure out if monogamy or polyamory is right for you, you must examine your relationship, in the most honest way possible, and ask "Is this woman going to have everything necessary to make me comfortable with being with her for the rest of my life?" This doesn't necessarily mean that you're going to marry her – it just

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The announcement that you are polyamorous is bound to provoke a few questions. The number one question I'm asked is "What does that mean?" The technical answer is that "poly" means "many" and "amory" means "love," so together they mean "many loves" or having multiple lovers at the same time. It's also important that, when you explain this to a woman, she understands that everyone involved with you knows that you are seeing multiple people and that they are all ok with it. Out of all the different methods I've experimented with to answer the "What is polyamory?" question, this is the most powerful.

There are a few other questions you're likely to get when you bring up the subject of polyamory, so check out the members' area if you're interested in more information on how to discuss the topic.

The most valuable thing you need to take away from all of this is that you must kill the serial monogamist inside of you. Only date someone if you know you want to be with them, otherwise you're wasting her time and yours. A badass does not lead women on. All you accomplish by dating a woman you know you're not the perfect man for is making it harder for the guy who is her perfect man to find her. There are plenty of women to go around – you don't need to horde them all! So look out for your fellow men and make it easier for them to find the women of their dreams.

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