



# How You Can Be More Attractive To Women: You're Not A Nice Guy Anymore!

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[DiaLteG TM](#) | [“The Nice Guy Approach”](#)

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## **PREFACE:**

There comes a time in every lonely “nice” guy's life when you have to make a decision... Do you continue to do what you've been doing with women and HOPE something changes for you or.. Do you declare that for once and for all you're going to make something positive happen and try something different.

What you're about to read below is ONLY for you if you're open to trying something new, willing to start seeing things from a different perspective, AND you're READY for a big change in your life.

I'd like to relate it all to women for you but that's not how all this works. Sure, you going to notice a big shift in how you interact with women and how they interact with you back but this is LIFE changing stuff. You're going to find when you alter your “destiny” with women you alter your destiny in life.

They are inherently connected and UN-interchangeable.

Which means you can re-work your life however you want, for better or for worse, and the women who enter it with you will ultimately change too. Likewise – change your ways with women, for better or worse, and your life will change too.

Most of what you'll be exposed to in this book is centered around women but there's more it than just that so you must be prepared to start doing things a little differently. You must be ready and open to new ideas, concepts, and beliefs not without question – but without reserve or an isolated narrow-minded view of how things work.

I'll deal with many aspects of life. How we think. How we act. Cause and effect. Blame. Fairness. The reality of our world and how we all co-exist and depend on one another to make this world what it is. Yeah, it's pretty

deep stuff but don't worry, we're not going all the way just yet.

I'm merely getting you ready for a new “powerful” attractive mindset and making you aware of what you got yourself into. I'm not going to be there to hold your hand and I'm certainly not going to waste ANY of my time or words “talking” you into believing or trying anything which is written below.

That's YOUR responsibility and as you work through it all, whatever happens is also your responsibility.

### **How and why this Ebook is free for you.**

You're getting your hands on this for free because yes, I do like to give away lots of my ideas and concepts but that's not the whole truth. Within the pages are outside links and you are encouraged to follow them for more precise and direct help within each category. If you choose to buy and keep the paid programs, I will make a commission. I am affiliated with the producers just the same as THEY are the ones who get me started and helped shape my attractiveness to women. *(Except now instead of attracting women, I make a living writing about it.)*

Some links go back to DiaLteG TM which is my main site I started years ago. That is also where you'll find this book posted up in page form. I've put it in a book to make it more accessible, easier to read, and as a downloadable item **can be passed around to anyone you like as long as the links and nothing is changed.**

Since you've joined my newsletter and accepted this guide, you're going to hear more from me, you'll be shown how you can get your voice heard or leave your opinion on this Ebook, your experiences if it helped or not, and anything that's on your mind regarding nice guys and attracting women and enjoying a more happier life.

**Here's my personal email:** [peterwhite@attraction101.net](mailto:peterwhite@attraction101.net)

Feel free to write me at any time and tell me what's on your mind.

Let's get started and get to the good stuff before I bore the shit out of you.

## **THE INTRO:**

No matter what you read or currently believe – **nice guys are NOT destined to be alone** or meant to suffer settling for any girl or woman who would have them.

You're overall niceness is NOT why you're struggling attracting the women you desire the most.

BUT...

Being overly nice can be a problem if it's used to manipulate others, seek too much approval, used as an excuse to feel superior to others, and leads you to believe that only jerks or assholes get more than their fair share of the women YOU want because you're nice – and they're not.

The fact is: Nice guys can be overly selfish and emotionally greedy in a bad way which is far worse in creating attraction than any jerk.

*"Being a "Nice Guy" with women doesn't work, not because you get too caught up in what a girl wants and get stuck as a friend, but because Nice Guys are typically very, very... SELFISH!"*

*"That's right. When you're a "Nice Guy," you're not really being nice, you're being EMOTIONALLY GREEDY."*

[Do You Suffer From the Nice Guy Syndrome? Damaging Your Self Respect](#)

*(You'll soon find I reference that article many times and with good reason.)*

Believe it or not – this a GOOD news because you can still be nice and achieve ANY realistic goals you have with women.

FIRST thing you must do is a play on words but works amazingly well in creating a new mindset (or way at looking at the world) to help you overcome this problem you're having with women.

Here it is:

## **You're no longer a NICE GUY!**

The nice guy label has an attached stigma which is negative and if ANY woman says you're too nice – or when people tell you that you're such a nice guy and that is why you're failing in life – then it's best to ERASE it from your mind as quickly as possible.

You're not a “nice guy” anymore.

BUT...

You're not one of those other guys too. You're not a jerk, an asshole, or a player.

You're now a GOOD GUY and if you have a need to understand what that means then you have another problem... you have a set of values or beliefs which centers around how others see you. Which means that needs to change starting today and by the end of this guide – you'll know exactly how to start seeing yourself for you and not how others see you.

*“A morally correct person or character : a hero”*

[good guy noun: Definition of good guy](#)

Your moral compass, how you define what it right or wrong in YOUR

world, what you deem to be correct, respectful, ethical, appropriate, or whatever... are terms YOU set for YOURSELF and yourself only.

The do NOT transcend to others.

You have no right (absolutely no right at all) to push your morality onto others because when you do – you're not a good guy anymore, right?

Because when you do or even try – you are reverting back to just being a nice guy as in stated above:

*“Being overly nice can be a problem if it's used to manipulate others, seek too much approval, used as an excuse to feel superior to others, and leads you to believe that only jerks or assholes get more than their fair share of the women YOU want because you're nice – and they're not.”*

This does not mean your opinions or beliefs on ethics or morality is any less valid than another persons – This simply means they are YOURS.

Any form of manipulating others which includes seeking approval or to prove your superiority over another person who does not agree with your beliefs makes you a classically labeled nice guy.

The jerk – who may force his beliefs on others through emotional or physical abuse in his attempt to conform others to his ways... is basically doing the same thing.

The difference is the “nice guy” tries to hide it or claim superiority to prove his way is better whereas the jerk is blatant. That's it.

So... you're not longer a nice guy.

**You're a good guy because you DO good things.**

You're a good guy because you don't force your beliefs onto others –

physically or mentally.

You strive to make the world around you a better place to live by not harming others or taking things from them which rightfully don't belong to you.

You respect that each and every person outside of yourself has a right to live and survive in the manner they wish to AND you're strong enough to abide by your own rules despite outside forces trying to control you.

**Another difference between a good guy and a bad guy is very important when it comes to creating attraction:**

The nice guy always feels like he has to prove he's a good guy whereas the good guy understands that just being good (according to his own belief system) is ALL he needs.

Whether someone else sees it, believes it, agrees or not, does NOT matter to him.

Remember, if you're constantly trying to prove to another person (women included) that you're a good guy – all you're really doing is SEEKING THEIR APPROVAL OF YOU.

And seeking ANY form of validation in that manner is simply a very unattractive thing to do for so many reasons.

This is or was your FIRST LESSON. Never forget it because it forms the basis of everything in this guide and it's how you're going to become a more attractive man.

Knowing the difference, understanding the difference, accepting the difference, and accepting YOUR ROLE as a nice guy BEFORE today – automatically makes you a more attractive man by default.

ALL your actions or interactions with men and women are based on this

lesson and followed through the best you can do. No pressure to win or get past it all.

Each and every NICE GUY TIP are based on this concept and will require you to keep this mindset if you want them to work the best for your personal success with women AND in life too.

Again – do the best you can at first. It gets much easier so if you struggle with it – just keep pushing forward, keep learning from your mistakes, never settle for mediocrity, and if something is relentlessly not working for you...

STOP doing it and START doing something different immediately.

## **Time to Change How You Define Being Nice.**

First dates can be endless “peeks” or looks into the attractive minds of nice men and women.

While the guy on his best behavior and she’s putting up her best guard there’s always someone else listening the day after...

Recently that was me.

“He” (the guy who grabbed my ear the next day) thinks I’m going to write about how SHE performed but not today. I have a perspective you’ll never see coming.

Let’s see if I can get my point across without a hitch.

First dates are notoriously nerve wracking which is probably a good reason we get stuck meeting a persona until someone steps up and makes a real connection.

The persona a man might project is typically nice and I don’t mean just

opening doors.

It can include everything from wanting to pay, bringing a gift, setting up the entire evening, to the constant barrage of boring questions and lame jokes being pushed on her.

We do it because it's the nice thing to do – but is it really that nice?

My mind's telling me something different.

I feel it's only confusing the issue of what being nice is all about. The end result becomes a horrible misunderstanding which goes so deep it's often hard to realize the real truth behind it.

For longer than I've been around, every nice guy who's been hurt or rejected way too often assumes women don't want a nice guy.

I mean when you think about it the connection is there...

He treats her nicely and she doesn't respond sexually, when it happens over and over again it's all too easy to conclude that fact.

It's hard to see it any other way, isn't it?

You don't see a bunch of womanizing jerks out there NOT getting the girl.

If he (the womanizing jerk) were not given the opportunity well then how could they possibly succeed womanizing in the first place, right?

Which is why you must think begin to think differently.

You must change the definition of nice to something we ALL can agree on – that actually does sexually attract all sorts of women.

On that first date some would say he was everything but nice.

And wouldn't you know it she ended up kissing him uncontrollably at the end of the evening.

### **So what really IS nice to women when there's a date involved?**

What's nicer to her – owning up to who you are or playing a good guy because you think it'll help you get laid?

I see it this way.

Making her FEEL attracted to you, especially while on a date – IS actually the nicest thing you can do to a woman.

That's MY definition of being nice.

Think about this.

What if you treat like her a princess and walk her home ending a perfectly good evening but you fail to spark some chemistry or even a fair amount of attraction.

She then closes her door and considers what happened... She met just another good guy who doesn't do it for her.

She met another guy who got her to smile a little but couldn't get her "ummmm" wet.

She suddenly feels less attractive herself.

She may even feel depressed because she's not meeting the men she REALLY wants and pines for.

She may even call her girlfriend to bitch about her dating life.

Or worse yet, text some guy she hates (but can't keep away from) because she wants to feel something before she goes to sleep – alone

again.

I'm saying STOP TRYING TO BE SO FREAKING NICE because you're not being nice to her by doing that and because IF you are a nice "good" guy, she'll get it without any trying on your part at all.

Sure you're not being an ass or a total jerk but that should go without saying – unless that's you of course.

**She wants to leave you feeling something more than she did in the beginning.**

And believe me I don't care who you are that's pretty easy to do.

You WANT to give her something besides a gift or a free night out... leave her wanting more!!!!

Leave her like you know it's just the first date and you're not going to bow down to her majesty.

Let her wonder when and if you're going to kiss her.

And please do NOT give in to her every demand as small as the may seem to be. Let her work for you or it just a little harder so it makes it worth the thrill and challenge of it all.

The definition of being nice with regards to dating and sex of course is not what you think.

If you're a decent person you shouldn't have to even worry about that kind of stuff.

I mean it's not like you're going to throw her food on the floor or scream at the people around you. Yeah that's probably not that nice.

Women DO want a nice guy but to them – it's the nicest guy in the world

who knows how to make her feel like she's the most attractive girl in the world, isn't it?

And you don't do that by over-complimenting, accommodating her every wish – wearing your heart on your sleeve – putting up a false persona – putting too much pressure on the date – or letting her looks, nice ass, or huge breasts that have you dying to her in her pants...

We don't want to over-complicate this issue.

Sure you have to know how chemistry works and how to leave her wanting more but one thing at a time man.

Take it step by step.

Today's step...

**Change your definition of being nice to something which will help you tap into ALL her desires as a female being.**

It's the "nicest" thing you can do for yourself, and it's something she will appreciate you more for – and who knows maybe she'll want more of you too.

If you want to learn a unique concept on creating attraction, nicely or not the choice is solely yours – [visit DiaLteG TM – read the main page.](#)

Download Chapter One of my upcoming book.

*(If you've signed up at the nice guy approach – no worries – you're going to get it anyways but if you can not wait, go there.)*

The above was just a warm up for what is about to come your way.

## You've been shown this so far:

- ✓ Give up on being nice or trying to be nice to women.
- ✓ If you're a good guy there's absolutely no need to tell her or show her – she will get it.
- ✓ You can only hurt or stop the attractive process from happening if you try.
- ✓ If you want to be nice to her – CREATE the attraction because THAT IS the nicest thing you can do for her.
- ✓ You can learn about her attraction process by [visiting DialTeG TM and downloading Chapter One: The Real Truths about Attraction.](#)
- ✓ You're not a nice guy anymore – you're a GOOD guy because you're a good person and do what's listed above as you interact with the world you live in.

Let's move on to all 20 tips now.

I call them “tips” but there's so much more to them all and each one of them is centered around the common misconceptions, ideas, beliefs, and mistakes ALL nice guys make which stop their natural ability to attract women or create attraction.

## **#1. Why Being Nice Has Little or Nothing to Do with Attraction.**

Your first tip in becoming a more attractive man is accepting all truths about attraction. This mindset (or new belief) will have you understanding one important fact –being nice has little or practically nothing to do with attraction.

This explains why and dispels the myth that nice guys finish last with women.

Imagine this...

You see a woman from across the room that literally gets you hard just looking at her. She has ALL the physical qualities you look for in a woman.

If you're a boob guy, you start to stare at her tits. If you're an ass man you stare eagerly hoping to get a glimpse of her amazing butt. If you're leg man you start with her ankles and slowly guide your eyes up, memorizing every beautiful inch along the way.

Suddenly you're imagining her naked and quite possibly playing out some raw sexual fantasy in your head of what you "would" do to her IF you had the chance.

But wait a minute...

You don't even know this woman!

She could be the best woman you've ever met OR she could be a total bitch or anywhere in between overly nice and sweet to the world meanest woman.

My point is –her NICENESS had nothing to do with how attracted you were to her. You just felt it. You didn't make yourself feel it. You didn't talk yourself into feeling it.

Your attraction was triggered by her physical attributes, the way she moved, the way she caught your eye, and just maybe if you were close enough to hear her speak – her voice.

The same thing happens to women. Yes, she experiences the same thing (in order) although her process differs from yours. They tend to work a little differently after you leave the "just sight" phase and start interacting with each other.

The fact that ***"Attraction Isn't A Choice"*** is neither here nor there for this tip and since I'm not in the habit of giving away privileged (bought)

information – if you want an education on how attraction works for woman – go to the source where I studied it exactly and...

**Buy this book already —> [Attraction Isn't A Choice](#).**

*(You'll soon find my suggestion of that book comes at you more than once and with good reason as you'll also soon see.)*

Here's what I'm getting at and it's something that changed my perspective on women and dating.

How NICE you think you are won't change a thing. Women do not feel attracted to niceness. Sure they want a nice guy, or in better terms – they want a GOOD guy.

BUT just being good does not create any form of attraction. I'm sure you're already well aware of that or you wouldn't be reading this today.

You can not nice your way into her heart. You can not nice your way into her pants. You can not NICE your way into making her feel something which is beyond her control. Just the same as you can not talk her into feeling the same thing you're feeling and vice versa.

*(Imagine a woman you're not attracted to at all trying to convince you that you are physically attracted to and you'll see my point. It just doesn't happen.)*

Try not to misread me here. Being a good guy is a great thing and hopefully, since you're here, you ARE one of the good guys.

I do firmly believe in respecting women and treating them with kindness.

I'm not advising you to become a jerk and I'm certainly not saying that you'll attract more women by treating them like shit. So good luck on that if that's what you want.

Nice guys get a bad rap because they're nice and they're made to believe (or just assume it themselves) that because they're nice, that's why women don't like them AND that's entirely wrong!

How nice you are has nothing to do with why you're failing with women and not dating the ones you really want. Sure being overly nice in a manipulative sense can HURT or destroy attraction and sometimes this niceness isn't actually as nice as it seems.

Pointed out once again from above because it's THAT important.

*"Being a "Nice Guy" with women doesn't work, not because you get too caught up in what a girl wants and get stuck as a friend, but because Nice Guys are typically very, very... SELFISH!"*

*That's right. When you're a "Nice Guy," you're not really being nice, you're being EMOTIONALLY GREEDY."*

### [Do You Suffer From the Nice Guy Syndrome? Damaging Your Self Respect](#)

This bad stigma of being nice and finishing last with women is a false sense of reality and if you want things to change in your life and start attracting women – REMOVE this limited belief from your life and replace it with the knowledge of how things actually do work in attraction.

*Ultimately, why the "nice guy" loses has NOTHING to do with being "nice".*

### [The Difference Between "Nice" and "Mr Nice Guy"](#)

This is NUMBER 1 for a very good reason...

In order to BECOME a more attractive man this myth that the nice guy finishes last must be immediately and completely eradicated from your belief system.

Being nice has little or nothing to do with attraction is a perfect start to a new mindset.

You don't have to stop being nice but you do need to look closely at this whole nice thing and the reasons why you're nice; when and if it's causing you to seek approval, appear needy, and using your niceness as an excuse of why you're failing with women.

You can be the greatest guy in the world who people enjoy being around and still, despite of all these great qualities which make others laugh and feel good, fail to attract the women, or the woman you so desperately want.

You can be an over-the-top jerk. An asshole no one really cares about. You can treat others like shit and make them feel worse, just because you felt like bullying someone that day. You can be the rudest prick day in and day out, and still fail to attract any woman alive.

You can be dressed down, unshaven, a t-shirt wearing, humble guy with a great attitude and some pretty cool traits and manage to sleep alone every night.

You can be the classic nerd in the corner dreaming and wondering why "she" would never have you and go to sleep every night wondering why women just don't feel attracted to you...

Nice or not. Nerdy or cool. Asshole or jerk... no matter how you look at it, no matter who you are... the facts (generalized or not) always point to one conclusion:

**Being nice (or not) has little or NOTHING to do with attraction.**

Attraction is a gut-level response to HOW you make women FEEL.

This is why you can never convince someone, including you, to feel attracted to someone you're not. The nice guy who believes his niceness

has everything to do with it, does many things to convince a woman to feel it for him.

He'll try to buy her approval. He'll try to prove to her he's a great guy. He'll take her on unlimited dates, kiss her ass, and do everything he can to make her happy... and guess what?

ALL those things are just another way to try and convince a woman to feel attracted to you.

*"I'd say that, on average, if you're REALLY REALLY NICE, and you buy her lots of extra-nice stuff, and take a woman on at least 20 dates over a 3-month time period, that you'll have about a 10% chance of her "falling for you".*

*... You need to realize that "nice" and ATTRACTION are two different things."*

*And they're NOT related.*

[Why Being Too Nice To Women And Not Understanding Attraction Hurts](#)

**Don't try and change their minds... change their EMOTIONS.**

When a girl tells you about a specific thing she finds attractive, you must understand that's not a LOGICAL attraction trigger she's sharing with you.

When she tells you something like *"I like to date tall guys."* she's not telling you she's attracted to guys who are tall. She's telling you she's attracted to the way tall guys make her FEEL.

Normally, if you ask a girl why she likes tall guys, she will share with you that maybe she "feels safer" with tall men. So in that case, she's looking to feel secure with the guy she's dating.

But guess what? You don't have to be tall to make a woman FEEL secure!

You just need to know how to trigger that emotion inside her.

So let's say you want to get a woman attracted to you – no matter what you look like...

The key is making her feel GOOD when she's around you. If you can make a woman feel something like that, chances are she'll feel attracted.

Because attraction is all about feeling good!

And if you can create some good old-fashioned sexual tension in there – guess what?

**She's going to be SEXUALLY attracted to you!**

This first tip is a simple one but when taken seriously and respectfully, it can and will change your habits and interactions with women. Say it to yourself. Live by it. Do whatever you need to fully understand it.

Again – no one is asking you to become a jerk. No one is saying that a good guy can not attract a woman.

Women are actually LOOKING for a good guy BUT you MUST create attraction first and that's a lot easier when you understand how it works, why it works, and the skills and traits you can develop and learn to make it happen.

**More than helpful link from above:**

- [Download Attraction Isn't A Choice](#) – it's not expensive. I used out of the box and got instant, yes INSTANT results plus all the CONFIDENCE that goes along with knowing (finally) what turns women on through attraction and how it happens.

Trust and be confident in the power you'll have and feel the next time you interact with a woman knowing THAT kind of information and you'll certainly understand why being nice has little to do with attraction.

## **#2. Just Because “She” is Flirting With You does NOT Mean She’s Going To Be Your Next Girlfriend.**

Women love to flirt.

It’s fun.

If you don’t know how to do it... learn. It’s an invaluable skill any nice guy can use to have more attractive interactions with women.

BUT...

Since these are nice guy tips you must be aware that just because a woman is flirting with you or back, that does NOT mean you’ve found your next girlfriend.

This is typical a “nice guy” problem or mistake which is why it is here.

You set your eyes too far in the future and you get too excited when it’s happening.

Really, it’s great to have a woman flirting with you so...

ENJOY IT!

But...

You must remain in the present or you WILL ruin the interaction.

This tip is not here to tell you she doesn’t want you or isn’t feeling

something for you – that couldn't be further from the truth.

It's to STOP you from reading into something which will have you leaving the present.

Like this... tell me if this happens to you.

You meet a cute girl. She seems into you. She flirts with you a little.

And just maybe you haven't been with one in a while AND you're looking for a girlfriend, which is fine... but think about what happens NEXT.

You go home thinking about her.

You imagine she's your next girlfriend.

You put together all these romantic moments in your head of you two meeting each other families, taking her out, her telling you she loves you – up to and definitely including have an amazing night of sex.

All this happens from ONE interaction just because she flirted with you and/or was overly nice to you.

Can you see the type of problem this presents and how it could ruin it for you all too easily?

You get those feelings – you have to have her – you can't wait – you become a little too needy and push her way too much causing any attraction she may have felt for you to quickly disappear.

*“A sense of urgency is the feeling that if you don't do something immediately with a woman, you're going to lose her OR lose her to another guy OR never get her.”*

PLEASE...

**Do NOT set the events so far forward in your head that you lose sight of the present.**

Stay in the present.

The present is where you will be the most attractive.

This is where you will act the coolest.

It is the point at which you can experience life for what it is... A series of events you can eventually look back at but you can never fully predict.

By doing so you also naturally invite women to join you because it's an incredibly fun and exciting place to live in.

The predictions you might have will do two things... put too much emphasis on getting the girl who is flirting back, and two - lead to act differently because you assume just because she's flirting, she wants you.

Yes.

Women DO love to flirt and it CAN lead somewhere but if you don't flirt with real "sexual communication" it may not mean much at all to her.

Married women flirt.

Old, and I mean really old women flirt.

Flirt with them and they will most likely give it back.

A VERY old women flirted with me the other day. Does she want me?

Haha! I hope not.

The point is...

**Use flirting as a skill and not as a definite sign that she likes you and you'll be much better off in the game of attraction.**

Use it to communicate sexually and to amplify or create attraction.

Another part of this tip is to offer you a **warning** about women.

They do flirt and will flirt even if it means leading you on a little but they expect YOU to lead them to the next step of dating.

Too many nice guys miss that and assume if she flirts, she must want them, therefore he can sit back and let her take the next step. Which is entirely wrong.

Yes, it's a little confusing.

You're expected to lead them to the next step but if you go too fast then they'll pull back; making it extremely difficult to find the right balance and in turn tripping up lots of guys to fail with women.

*"Why do men come on strong to women?"*

*It's because we're in a hurry. We lack the self-discipline to slow it down.*

*Men want quick affection, sex, and security with a woman.*

*And then we want the space and relaxed distance.*

*Women want space and relaxed distance.*

*THEN they want affection, sex, and a build-up of trust and security.*

*Do you see how this ruins your work?*

*If you come on too strong, she backs off.*

*If you come on slow and easy (which also demonstrates confidence and self-*

*control) she'll go along with you."*

## Personality Traits That Attract Women & the Biggest Mistake You Make

The key point here is to take things slow – stay in the moment – be in control of yourself and your emotions – at all times but especially around a woman who is flirting with you.

Every time you think too far ahead you make it much more difficult for you to create attraction and have real good fun with woman.

Think of it this way.

You're talking to someone – any one, it doesn't matter and while they're talking you're thinking about what you're going to say next and what happens...

You're not listening to them.

In your interactions with women – if you're constantly doing those things and not listening you will NOT RESPOND in the most attractive way.

**You will not connect with her emotionally.**

She will actually start to feel like you're scheming and trying to get her to do something.

You will always appear as if you're looking for something from her.

*"Never offer anything up as a kind of trade for a woman. So that she senses an agenda or there's a deal going down.*

*In other words, don't make your interaction seem like, it's a give and take. Like you're giving her compliments so you can get her phone number.*

*Or you're giving her flattery so that she will like you. It's another form of approval seeking right there in a lot of ways.*

*They can kind of sense that there's a deal going down here. She's going to start to wonder. She's going to start to feel like you're a salesman. Like she's being sold. It's a creepy slimy feeling for anybody to go through."*

[Peter White Interviews Carlos Xuma – Nice Guys Tips To Attract Women](#)

In conclusion.

Women do flirt and that's a good thing.

Flirt back and enjoy it.

If you don't know how to flirt LEARN it and start doing it often.

**Don't ever be afraid to flirt.**

BUT...

Stop selling the events so far in the future that you lose sight and control over the present – because that's where, when, and HOW you create attraction.

If you're too busy thinking about what to say you'll miss those critical moments.

You'll act from a place of urgency.

You'll appear needy.

You'll make her feel like you're just trying to get something from her.

You WILL push her away the harder and faster you try to NOT make that happen.

Just because a woman is flirting with you does NOT mean you've just found your next girlfriend.

Stay in control of yourself and your emotions.

Take things at a natural pace and don't rush it.

### **#3. When It's Time To Make Your First Move On Her - Have No Fears - Go For It!**

Making the first move is a tough thing to do for any guy - but the nice guy tends to struggle with it the most.

Whether it's a fear of failure, being rejected or a fear of success - going in for the first kiss can be one of the most difficult steps to get past and so...

It's a big reason why too many of you get thrown in the friends zone or miss out on some really good opportunities with a girl.

Which is why this is nice guy tip number 3.

When this tip was first published it was a let down because the advice given in the title was, *"Don't be afraid to make the first move when the moment arrives."*

Easy to say - easy to post - hard to do or help anyone when all you're saying is - don't be afraid. Right?

So - all bad advice and tips and aside, let's take care of this problem once and for all.

There are many ways to look at this to help you.

You need **courage**. That will eliminate MANY of your fears or help you get past them.

You need **a plan**. That will eliminate some of the nervousness around her.

Your plan includes making sure you're creating attraction and the right amount of sexual tension and chemistry.

You need **confidence**. That should help you get past the pull away or being rejected and in many areas of your life with women.

You need **knowledge**. Knowing things will generally give you a sense of security so you feel safe enough to make the first move.

You need **skills and/or experience**. Obviously the better you are at kissing, the more likely you'll be okay with making the first move AND the more experience you get from it – the easier it become.

AND...

**You need to start looking at all this from HER point of view.**

BUT FIRST...

You also need to understand one important fact about making the first move.

(especially regarding the nice guy thing)...

When you don't make the first move – it's obvious nothing is likely to happen between you and her BUT do you know what a FIRST MOVE really is?

Guess what... it's not always a kiss. The first move only needs to be an assured movement which tells you a woman you're NOT interested in just being he friend.

That's it.

Which means ANY form of intimacy which shows her you're interested in her beyond friendship (as long as it's clear and she's actually aware of it happening AND it's face to face personal) IS MAKING the FIRST MOVE.

Makes things a lot easier on you, doesn't it?

You could just lean in for a kiss while casually missing her lips and then whisper something amusing yet sexual in her ear.

That alone will send a very clear message what you are all about and that you're a nice guy who happens to be a real man too with a sexual side of course.

So the "first move" doesn't have to be a kiss – sometimes it's a real hug, hand-holding, breaking the touch barrier in a non-friendly way, brushing back her hair lightly, teasing her, and the list goes on...

**ANYTHING which shows her or lets her know... it's coming** and just because it didn't happen now, doesn't mean you don't want it to happen. Let's move on...

## **COURAGE & Eliminating Your Fears.**

Rejection sucks. It really does. You know it. I know it. Women know it. Even a dog gets hurt (or acts like it) when he's rejected.

The thing is – you've probably done lots of things in your life where you had to be courageous and whether it worked out or not... you got through it.

EVERYONE at some point in their life has stood up to at least one fear of theirs and made it through it.

Can you think when it happened to you?

USE IT.

Listen, we're talking about something trivial here and there's no "sugar-coating" it for you.

You're not putting your life on the line. You're not facing something a billion plus – yes BILLIONS have done in their life.

See it for what it is and you'll be more than just fine.

What helped me (and let me tell you this fear for me was crippling for years) was not quotes (although they were cool and all) or even encouragement... I took the easy way out.

My strategy was to just get the girl to make the first move on me. Believe me that's not as difficult as it sounds but it only got me so far. It didn't make me any more courageous.

What actually proved to help the most was to face OTHER fears in my life and then put it all in perspective. Really – just making a move on a woman became so unimportant I just went for it... and everything worked out fine.

The simplest strategy to gain courage is to put yourself in situations where you will naturally have to face your fear.

And it works.

Another helpful tip which works is to **STOP putting so much emphasis on the outcome.**

Think of the worst thing that could happen IF, and yes IF you get rejected and put it all in perspective.

The world won't end. It's not even the end of you and her. You could

STILL get the girl. Yes, you can.

It's just a first move man – that's it.

Next up...

## **Have a PLAN & Know What Comes Next.**

You must set things up so you can go from one step to the next because you'll naturally feel less nervous and less apprehensive about what to do. Having a plan works almost every time.

Set up more moment so the first move happens more naturally.

That's your plan.

You CAN do that.

Think about where things like this happen naturally, get her excited a little, create some attraction, make a REAL emotional connection...

And then create an intimate moment which feels a little anxious like something is about to happen.

And then go for it!

While you're on a date there's going to be plenty of times where this can happen IF you do it right.

Take her out to dinner and you'll struggle finding the right moment. That's a BAD plan.

Go somewhere exciting.

Have fun.

Enjoy yourself.

Find a place where you can connect and move to a more romantic place or setting and you will naturally find you and her in a position for something to happen.

That's a REAL plan.

## **CONFIDENCE Makes Going For it... EASY!**

Let's be real here – you're not going to be shown everything you need to know about confidence and building it in a few paragraphs on a page.

PLUS a lot of the the confidence you build for yourself actually comes from how you handle your failures and not your success.

Therefore if you tried to kiss a few girls or make the first move and it didn't work out – and it's now causing you to even visit this page – then you know that you're confidence is low causing you to avoid another rejection, right?

Well my friend – you don't have low confidence because you failed, you have a low confidence because of how you handled your defeat, previous failures, and even all your successes.

Confused yet?

Confidence is a very strange illusive and perhaps non-existent feeling you have about yourself. Meaning – whether it exists or not remains to be proven.

My younger days were spent practicing a lot of music and golf. Two extremely difficult skills to master – possibly impossible.

When the golf game wasn't working out others would say you just have to be more confident – didn't help much. (Same probably goes for you...

when you fail with a woman they say you just have to be more confident. Total bullshit, right?)

I would take a few important seconds and think all I wanted that I was going to pull off the shot and then let it rip. ONLY to watch the some of the worst shots of my life.

No matter how many times I pulled it off in practice, bringing it to my game proved to be impossible.

However the same did not apply to music. When I practiced a piece and had it down – I could easily bring it out in public. Sure there was a few mistakes. It wasn't always perfect – but it worked.

What was the difference? Why did my golf game (with decades of experience in teaching and playing) fail me at times when my music “game” rarely ever did?

The simple answer is because I'm a much better musician than a golfer. It was almost like I was born a musician. I started at a young age and continued to refine my craft for decades.

Whereas the golfing career didn't start until later in life making it much more difficult to access the parts of my brain needed. Mind you, more difficult, not impossible.

So instead of treating my golf game like a child might learn a new skill – I tried using my ADULT brain to solve a problem that didn't even exist.

What does this have to do with you and your confidence with women?

**NUMBER ONE: You were BORN designed to attract women!**

The blueprint is already there. Just like my music to me, somewhere inside you it FEELS like you born with the ability to attract women – and if THAT doesn't give your confidence a boost – we need to talk.

**NUMBER TWO: You can NOT expect your ADULT brain to solve a problem like this by using LOGIC. It will not work.**

Practice being confident or telling yourself all you want but it's not going to work very often. Sometimes it might but it's not a reliable source.

Confidence is not something you're going to get or find through thinking.

It's a PURE belief in yourself as a MAN that you were born to attract a WOMAN.

You'd certainly feel confident if you knew with little doubt that every woman you met wanted you – wouldn't you?

You see – the difference in the two “games” above came down to a feeling in myself and a belief which is not a problem therefore can not be solved logically.

Erase or replace your doubts.

ADMIT you're a man and the male is quite literally born to be counterpart of a female.

Of course you DO need certain skills and communication techniques. You also must understand the genetic differences between men and women as it relates to the human mating rituals.

By the way which is something, as a man you were NOT born with which is why this has eluded you until now.

Something which is explained in a video that only comes around a few times a year. If you're on my list – you'll be notified of that day soon enough.

## **The Four Laws Of Attraction:**

- Attraction law #1: Men and women come hardwired to feel attraction to one another BUT...
- Attraction law #2: Men and women have different attraction maps.
- Attraction law #3: Every system has a key which unlocks it AND...
- Attraction law #4: If you know the human mating dance then you know what to do to trigger her attraction for you.

Once you admit these truths and OWN up to them as a man – you WILL find your CONFIDENCE as it relates to dating and women.

And you'll NEVER fear making the first move on a woman ever again.

Let's move on before confusion total sets in and give you something very important...

## **KNOWLEDGE & Knowing When To Go For it!**

Knowledge is the easiest things to acquire but just having knowledge alone won't make a difference.

However – being secure in a belief that you know what you're doing (or strangely enough) that you've done your homework can make transitioning from one area to the next much easier and less nerve wracking.

Knowledge also boosts you confidence in a way.

When you're self-assured about something, anything, you're more likely to follow through with it.

All this transcends to making the first move in many ways.

If you knew without a doubt a woman was so madly attracted to you, you'd certainly make the first move, wouldn't you?

If you knew you were not going to be rejected – then the only thing that would stop you would be a fear of success.

Having knowledge makes you ACT differently and more confidently because you have less fears and feel like everything is going to turn out good.

The knowledge you need in making the first move then comes down to a few things:

- Understanding attraction and how to create it.
- Believing in your ability to turn on a woman.
- Assuring yourself she's open to your advancement.

If you're unsure in any of those areas – you will hesitate or rely more on OTHER things to get you by which is fine BUT if you want to eliminate all your concerns or all the reasons why you might delay making the first move – it's definitely helpful to cover EVERYTHING.

Here's some knowledge on **kissing**...

*"In one of my late nights on the town I found myself kissing a young woman who needed my help. Her kissing was awful. So she very politely and sexually asked me to show her how. This is how it went. This is a medium resource with some weird truthful facts about kissing and a few great guides to help you learn."*

[How I Kiss with Passion – A Resource and Fun Look at the Art Of Kissing](#)

Here's some knowledge on **creating sexual tension**...

*"One thing that is critical for developing attraction with a woman that will lead to your eventual seduction success is learning how to build and nurture the sexual tension between you."*

## [How to Create \(or Kill\) Sexual Tension](#)

Here's some knowledge on **how to tell if a woman is into you** or not OR how to tell if she's interested...

*"Dispel the myth in trying to read a woman's signals of being interested or attracted to you during your interaction with her. This tells it all. Looking for signals can be a waste of time. Just know if you're interacting with her and she's responding positively with you, then assume she's interested in you and it's on."*

## [How To Tell If She's Interested – Stop Looking for Signals!](#)

AND...

*"It's okay to want a woman but you must avoid needing her. When you look for all the signs that she is interested in you keep that one piece of advice close because it means everything. Three areas to look for interest is her actions, her words, and her body language. Here are some examples to follow."*

## [How to Tell If A Woman Is Interested In You](#)

The knowledge you need in attraction goes a little deeper so you'll have to pick up some some real outside help for that but luckily for you it's not that expensive.

That's the discounted link below and it's the exact book I used which means I know it's for real will give you all the knowledge you'll need to know about understanding attraction.

*(Yes I'm pushing it again and will do so a few more times. It's THAT good and important plus the price makes it a value you must not pass up... seriously!!)*

*ATTRACTION isn't a choice. It's an emotional reaction.*

*ATTRACTION is nature's way of taking over our minds and bodies long enough to make sure that we mate with someone with the best possible genes.*

*I realize that this sounds pretty “clinical” and lame, but it’s the damn truth. Attraction isn’t concerned with you, her, or love. It’s evolved over a loooong period of time, and it has a purpose that is very important.*

*ATTRACTION isn’t logical, in the sense that it isn’t created by things that “should” create it.*

*Buying women dinner and gifts, giving lots of compliments when you first meet a woman, and kissing up to women to get their approval are examples of “logical” things that SHOULD create attraction... but the truth is, they don’t.*

*When you understand how attraction works, you begin to see that it has a “logic” all its own.*

*If you really want to understand, once and for all, how attractions really works...*

[Get Your Ebook Special Bonus Offer Here: Attraction Isn't A Choice](#)

## **SKILLS – Knowing HOW & When it’s Perfect!**

Having the right skills is similar to knowledge might deals more with actual interactions and techniques you can rely on to help you making the first move.

They also require some form of experience or else it’s just knowledge.

They tend to work together but sometimes one comes before the other and sometimes the other comes first.

Rightly so these are separated here for reasons which might be purely aesthetic. You can discuss that below if you like but it doesn’t really matter as long as everything is covered one way or another.

Here is some knowledge which move to your skills at some point.

So you KNOW they work which is knowledge and when you see it work

or gain some experience from it – then you’re learning the SKILL.

## **Making out with a girl quickly...**

*“What to do, what to look for, signs that it is working and practice to perfection. A real proven method to making out with a girl very quickly in a bar. Knowing which women to look for, how she’s dressed, what her eyes are doing, is she ready to kiss, looking at her mouth and having her look back.”*

[How To Make Out With A Girl In 40 seconds or Less – For Real](#)

## **Getting a girl ready for your kiss...**

*“Triangular gazing and a psychological concept called mirroring coupled together can be applied as a “technique” and get any girl to want to kiss you.”*

[The Kiss Technique – Get A Girl to Kiss You Without Fear of Rejection](#)

Sexy guys GET women therefore if you can be just a little more sexier than you were yesterday – you’re going to succeed.

This is under skills instead of knowledge because it includes practical advice you can put in practice to make you a sexy guy.

When you believe women want you – because you’re sexy – NOTHING will stop you from making the first move on her.

*“Being sexy is NOT all about how you look or how good-looking you are. Step 6 of “11 Steps on How to Get a Hot Girlfriend” is about becoming a sexy guy, where your sexiness comes from, and how to find it and use it to meet, date, and attract a hot “sexy” girlfriend.”*

[26 Traits Women Find Sexy – How To Become A Sexual Guy Despite Your Looks](#)

Next up is also part of the getting a hot girlfriend series.

This one is great for learning the skills of seduction.

*“The phrases “get laid” and “getting a girlfriend” may not seem to go together because one implies quick casual sex and the other normally means you can get it whenever you want; but there are many benefits to getting laid which can help guys actually find and keep a girlfriend.”*

### [Why & How You Must Go Get Laid to Get A Girlfriend – Casual Sex & Seduction](#)

And lastly for this one...

#### *CORE SKILL 4: Escalating & Closing*

*“This is probably the one skill that most guys fear the most.  
Why is this?*

*Well, it’s because we hate to risk ruining what we have. Even if it means that we stand to win a bunch more by risking. If we escalate things by asking for something from a woman, she could say NO. And that would be rejection.”*

### [How To Get A Girlfriend Using Four Core Seduction Skills](#)

Next up...

**Think of it from her point of view.**

Here’s this great guy... you.

You’re getting along.

There’s definitely some chemistry.

The moment hits a peaks and... NOTHING!

She will either be hurt, confused, or worse yet, think you’re a wuss who doesn’t have enough confidence to kiss her.

SHE will feel REJECTED.

It may be odd to consider this perspective but it's the absolute truth.

If you're doing all of everything you can to trigger her attraction and you leave her hanging – she will FEEL REJECTED.

It's your choice then isn't it?

Go for it. Take the risk. Make your move.

Risk being turned down OR...

Flat out reject a girl you want or make her feel like SHE did something wrong by not making your move on her.

Which will only lead you to grasp at something I did which works for a little while but as you read the entire article – you'll notice an inherent flaw in the system.

So make sure you read it when you get the chance.

*“My biggest obstacle with women started with me not being able to create attraction in the ones I really wanted which resulted in THEM making the first move on ME.*

*Too many fall in this trap and fail to attract women because of it.”*

[Afraid Of Making A Move On Her? Getting To And Past That First Kiss](#)

Okay – this tip, making the first move – is finally coming to a close.

ALL of these tips are based on very typical “nice guy” problems based on my failed experiences with women so they can and will help you.

Making the first move WAS a big problem for me and getting over and past it changed everything.

What you've been shown above will in no doubt, get you past it too so

you can move on to bigger and better things.

Moving on...

## **#4. How To Stop Disqualifying Yourself to women.**

Your fourth tip in becoming a more attractive nice guy is to stop you from disqualifying yourself to women immediately – today – this very second!

You might be rejecting yourself before she even has a chance to do it AND you might not be aware it's happening.

The biggest mistake you make which instantly disqualifies yourself to a woman (even before your first interaction) is not feeling good enough for her.

Low self-esteem and very little confidence is a major attraction killer.

I have some very harsh words which is going to sting a little but I mean it with the kindest heart and a dedication to turning you into a more attractive man...

If you feel like you're not good enough or capable of attracting a woman then yes, it's true you are NOT good enough for her.

It's rough isn't it?

Totally sucks.

Really, who the fuck am I to tell you who you deserve or who you are good enough for?

BUT I'm not telling you, YOU are telling her.

I'm just reading the situation.

The fact is – If you do work on who you are respectably, you DO deserve any great woman.

If you decide to be passive and not get those negative energies under control, you don't deserve her.

It's as simple as that .

*“Anyone who considers him or herself “average” (let alone “below average”) is acknowledging defeat before even attempting to deserve.*

*Unfortunately, most of the six billion of us on this planet are shockingly willing to accept mediocrity.*

*After all, it's effortless.*

*Therefore, we all run the risk of being charmed into living that lie.”*

[But I'm 'Average,' How Can I Possibly Deserve The Partner Of My Dreams?](#)

There are a thousand different ways you can screw things up with a woman... so you might believe. The list is quite long and extensive. But consider this first before you start getting down on yourself:

I'm here to tell you that despite how many countless ways you believe you can screw it up or get rejected by a woman... there are EVEN MORE ways you can create attraction within a woman.

It's the truth. If you choose to not believe it or live, then that is on you, not me.

Ever hear of the question, “*Is your glass half-empty or half- full?*” Pretty dumb, right. We all know it's designed to gather how another one sees the world either in a positive light or a negative light.

Funny thing is you don't need a question like that to tell you how you feel or which way you go.

AND nobody – including women – needs a question like that to figure out which type you are; they will figure it out very quickly.

So today – start thinking of the glass in a slightly different way and USE it, use the feeling it gives you to inspire and inject some real fun with each and every woman you encounter from now until the end of your time.

Your glass is not half-full or half-empty, your glass is three-quarters filled and you're more than happy and a little obliged to give another person a sip.

Yeah it's a little strange but it works. It actually works quite well.

What you're now saying is that you have an abundance, maybe too much, your goal is to share that abundance with others through your personality and not through your wallet or blind generosity.

Next up...

A way in which you disqualify yourself to a woman or pre-reject yourself is through TRYING.

When you TRY to get a woman to like you, you'll easily miss something very important in attraction.

Qualifying her to meet or match your needs or standards with women.

It's a total switch in attitude and a new thought process which changes the whole dynamics of your interactions with women.

STOP trying to get her to like you.

## **START qualifying HER to what you want, expect, or look for in a woman.**

STEP #1: Admit to yourself right now you CAN be the selector!

STEP #2: Learn everything you can on how women test men.

STEP #3: Test women right back.

STEP #4: Practice and refine your conversational skills in a way which qualifies her to you.

STEP #5: Integrating it seamlessly into your personality.

### [Are You Qualifying Her? – Attracting Women & Better Relationships](#)

I know you're NOT all about her looks. I know you're above the superficiality of a woman's body. Sure it's great. Who doesn't want a woman they see as attractive.

With that said – since it's not just her body you're after – then this means you DO have standards. You DO have preferences.

You ARE looking for a very specific woman so START ACTING LIKE IT!

A big thing happened in my life one day when my first teacher in attraction told me this (paraphrased of course):

*“When a woman is so wrapped up in trying to attract or please you, when she's worried about screwing it up with you, when she can not figure you out totally and is utterly consumed with her thoughts about how YOU feel about her... She has little time to notice or even realize the little mistakes you're making.”*

Think hard about that last statement.

When she's trying to attract you she'll overlook or not even care that you're screwing something up. Leaving you lots of room to make a few mistakes and allow you to get out of your own way.

I'd love to say that's all within reason but I'd be wrong too many times.

You can not tell me that you're surprised when you see a girl with a guy who treats her like shit or with a guy that's obviously doing her more harm than good.

It's extreme but it is REALITY my friend. She's overlooking all his pathetic ways or rude habits because she "loves" him. She's more concerned with losing him. She's doing whatever she can so HE doesn't leave HER.

Hey I don't make the rules. I don't wish her to be miserable. I also would never date a woman who would put up with that kind of bullshit BUT take a long hard close look around at all the couples you've encountered and tell me I'm wrong... please.

Here's a funny example which just came to mind.

Imagine yourself sitting across a woman at dinner and something "oops" awful happens, while you're chewing your food a piece flies out of your mouth and smacks her right in the forehead. Right between the eyes!

You might feel devastated, right? How could you possibly recover from something like that? She's going to obviously think you're a freaking slob and won't want to be seen with you.

Well she might if all you've been doing is trying to kiss her ass or try to get her to like you or hide all your so-called faults.

BUT what if – what if she was so concerned or wrapped up in attracting you AND then you did the unspeakable...

You raise an eyebrow – give that piece a food a quick half-second stare, reach out your hand and pluck it off of her while with an almost stoic

nonchalantly matter of fact voice say, *“Excuse me, but I think you have something of mine.”*

And then go right back like it never happened.

Suddenly something which could've have been devastating and ruin the date becomes something entirely different. You might even get a huge laugh from her.

*(Okay you probably will get the laugh because let's be honest, that's a funny ballsy thing for any guy to do with a straight face.)*

All because you STOPPED trying so hard to kiss her ass and oblige her every comfort just to get her to like you and just ASSUME she's doing everything within her power to get you to like HER.

Next little lesson...

Get it out of your head that women are rejecting you or looking down on you or are not feeling attracted to you because you're a “nice guy”.

There's absolutely NOTHING bad about being a good person.

NOTHING.

However when the line is crossed and you're only nice because you seek approval, or you want to be liked, or you're kissing asses all the time, and/or it makes you feel superior or better than everyone else – just because you're “nice” – then yes – there is certainly something wrong with that and by acting that way – creating attraction is that much more difficult.

You can not tell me that the whole vast majority of women are masochists that actually like to be hurt and treated badly.

Sure, there's a few who have issues and for one reason or another feel

more comfortable or validated being emotionally or physically abused; but that's a proven psychological problem often brought on by extreme low esteem from prior abuse.

No REAL woman with any brain who doesn't have serious mental issues will reject a guy just because he's a good guy.

Again, unless it's a manipulative disorder.

If you're not sure if that's you with the "curable" disorder, read these two articles and you will know instantly if you're the type and you'll also be shown how to STOP IT IMMEDIATELY:

*"Nice guys don't attract women for reasons beyond the old adage. It's because they're selfish, emotionally greedy, and don't earn the respect from women and others. They think they're a victim. They want to be liked because they feel they deserve it. They based how they feel on how others see them."*

[Do You Suffer From the Nice Guy Syndrome? Damaging Your Self Respect](#)

AND...

*"There is a big difference between being a good guy and being too much of a nice guy. How your nice guy ways are not the reason why you're failing. If you listen to all the bad dating advice out there, you're apt to treat women badly, and that won't lead to success in dating either. This is how it is."*

[The Difference Between "Nice" and "Mr Nice Guy"](#)

This also leads me to REAL list of reasons you're disqualifying yourself to women before, during or after you meet her and start interacting with her.

Rather than re-write which has already been done, here is what you must now go and read:

- #1. Lack of good eye contact or looking down often when you talk to her.
- #2. Staring at her mouth constantly when she talks.
- #3. Asking too many random questions nervously with no purpose to them.
- #4. Over-complimenting with your words or your eyes.
- #5. Quick, uneasy or unsure movements especially when you're close to her.
- #6. Invading her space forcibly.
- #7. Projecting negative thoughts about how you feel about yourself.
- #8. Complaining too much about anything.
- #9. Putting her on a pedestal or treating her like she's a prize.
- #10. Not qualifying her or knowing how to get her to qualify herself to YOU.

### 10 Easy Ways You Can Stop Disqualifying Yourself to Women & Attract Her

The most common mistakes “nice guys” make, again do NOT forget – most mistakes won't hurt you so bad if she's more concerned with attracting you or getting you to like her BUT these are certainly ones you'll want to avoid so she starts to feel attracted to you.

- MISTAKE #1: Being Too Much Of A “Nice Guy”
- MISTAKE #2: Trying To “Convince Her To Like You”
- MISTAKE #3: Looking To Her For Approval Or Permission
- MISTAKE #4: Trying To “Buy” Her Affection With Food And Gifts
- MISTAKE #5: Sharing “How You Feel” Too Early In The Relationship With Her
- MISTAKE #6: Not “Getting” How Attraction Works For Women
- MISTAKE #7: Thinking That It takes money or looks
- MISTAKE #8: Giving Away All Of Your Power To Women
- MISTAKE #9: Not Knowing Exactly What To Do In Each Situation With
- MISTAKE #10: Not Getting HELP

### Ten Reasons Why Men Fail With Women – Common Mistakes to Avoid

In conclusion for this tip.

**Everything covered can and WILL help you to STOP disqualifying yourself to women.**

This “nice guy” tip is about avoiding rejection or more appropriately

rejecting yourself before she even has the chance to turn you down.

It's matter of fact advice and it's purpose is to life you up, help you see the reality and true nature of attraction, and to prove to you once and for all that just because you're nice does NOT mean you're are or will ever have to be a failure or "settler" with women.

If you can take away anything from this lesson it is to please understand nothing covered today is BEYOND YOUR CONTROL.

It's all fixable. It's all something ANY guy can do.

I'm not asking you to change the world, only asking you to start seeing the world from a different perspective and to give yourself the credit you deserve.

**Start acting like you ARE good enough to attract any woman you so desire.**

Live it.

BE that guy.

And for please – for your sake and my own bloody fingers from all the writing I do – STOP disqualifying yourself to women and STOP giving them every reason to reject you just because you don't feel "worthy" of their attraction or affection.

There's a lot of good people in the world and I'm assuming you're one of them. There's a lot of smart people in the world and I'm also assuming you're one of them.

So I will honestly tell you this...

Over the whole of time in relation to men fucking women and procreating our wonderfully unique species – a small group of just plain

old bad people along with a small select group of the “least brightest” people have managed to meet, attract, date, get married, and pop out a few kids.

Which means I have absolutely no doubt in my mind YOU are smart enough to do it too.

All it takes are a few new skills, a drive to succeed, an attractive way to communicate yourself to women or others, and a modest belief in yourself.

## **#5. You Can't Pity A Girl Into Going On A Date Or Make Her Feel Attracted To You.**

Pity dates are unfortunately a bigger problem than you might believe as it relates to nice guys and women. They are also very hard to detect from your perspective making it even worse.

This “tip” deals with this issue and will show you blatantly and honestly how and why it's happening plus how to get you to STOP doing what the title suggests...

NEVER try to make a woman feel sorry for you hoping you'll get a pity date from her or in an attempt to manipulate her into feeling attracted to you.

Some guys are good at using guilt on a woman to get her to sleep with them BUT you can not use those feelings to get a woman to FEEL attraction for you.

If by some chance you do get a “pity date” out of a woman then it's guaranteed all she is doing is babysitting you in a way which guarantees she gets a free meal or night out.

My sad story...

There I was sitting next to a woman I thought I was in love with and I might've even started crying a little as we talked about my sad non-existent dating life.

I had for many months (up until that fateful night) considered revealing to her how long it's been since I had gotten laid (as if she didn't know) and I couldn't keep it in any longer.

It all came out so quickly and at first it felt refreshing to get it all off my chest until the response I got wasn't what I was looking for...

No – she didn't rip my clothes off. She didn't kiss me. She didn't console me by hugging me.

All she offered was a sad sigh and the worst advice you can give a guy,

*“The problem is you're standards are too high and you don't get out enough. Now can we go because it's getting late.”*

You see I actually believed that revealing my secret would actually get her in my arms. How she'd realize how I felt about her and she'd finally see that she felt the same about me.

Which was FAR from reality.

Here's the TRUTH about attraction and if you've heard it before and are still reading then you MUST hear it again and again until you get it.

(It's in two parts.)

*“Telling or showing a woman that you “like her” has no effect on how she feels about YOU.*

*In the moment it sure seems to make sense... “If I show her how I feel, she'll return the feelings”.*

## What Women HATE Most About Single Guys, 7 Reasons She Why Won't Like You

AND...

MISTAKE #2: Trying To "Convince Her To Like You"

*"What do most guys do when they meet a woman that they REALLY like... but she's just not interested?"*

*Right! They try to "convince" the woman to feel differently.*

*Well, I have news for you... YOU WILL NEVER CHANGE HOW A WOMAN "FEELS" WHEN IT COMES TO ATTRACTION!*

*Never, ever, EVER.*

*You cannot CONVINCED a woman to feel differently about you with "logic and reasoning".*

*When a woman just isn't interested, we beg, plead, chase, and do our best to change her mind."*

## Ten Reasons Why Men Fail With Women – Common Mistakes to Avoid

That's the problem.

Trying whatever tactic at your disposal to MAKE a woman feel something for you which includes telling you how you feel, trying to convince her to feel something back, gaining pity and making her feel sorry for you, and revealing you inner most secrets of failure in this area.

Didn't work for me – NOT going to work for you no matter how you try it.

The only thing that happened in my story (and will surely happen to you too) was to push her far away.

It made our “friendship” awkward, weird, and very uncomfortable.

It guaranteed she would NEVER act the same around me ever again because she was so worried I’d see it as a sign that she was coming on to me.

Which eventually ruined our interactions and drove us totally apart.

Actually that turned out to be a GOOD thing because not too long after is when I finally decided to seek some REAL HELP.

A few years later it all came together and it was like a light went on in my head.

The connection between this “nice guy” manipulative tactic and where it all comes from, and why I (or any guy) might resort to doing something as stupid as that when it comes to trying to attract a girl.

Let’s go back to our wonderful childhood because it holds the secret.

When you’re a child and you want something but your Mother or whomever is raising you tells you, *“No. You can’t have it!”*

You revert to a tactic you’ve learned as her child to get what you want because sometimes it does work or it did work in the past.

You pout. You whine. You cry. You beg. You throw a fit.

You tug on your Mother’s nurturing ability to make her either feel guilty by making it seem like she’s actually hurting you if she doesn’t give you what you want OR tired of listening to you bitch and whine.

It worked sometimes, didn’t it? You’ve seen it work yourself as an adult watching others or from your own child yourself.

Believe it or not – you’re trying the same tactic on a grown woman you

want to sleep with... And until I made this eye-opening connection – I had no idea THAT is what I was doing.

Okay – enough of the man-boy stuff here.

Learn to recognize you're doing it.

**Learn to eliminate all the 'boy tactics' for approval and security.**

There's not much more to this tip than what was already covered up above.

There's no real secret here or magical potion.

Just RECOGNIZE any and all forms of approval seeking and move on from it. These things happen and that's it.

Hopefully this nice guy tip has opened your eyes a little so you can get past it all and move on unlike I did at the time, with some dignity.

**#6. Never Try to Buy Women's Affection or Attract Her with Money or Favors.**

You can not BUY attraction. You might be able to buy a woman into dating you or even marrying you – but attraction is an instinctual response which means it does not have a monetary value.

The nice guy tip number 6 is here to stop you from thinking you need money, wealth, or some monetary value to create attraction in a woman.

It's also here to show you that you must never try to buy her affection towards you with food, gifts, or through buying her anything.

Let's start with a quote which explains a lot.

#### MISTAKE #4: Trying To “Buy” Her Affection With Food And Gifts

*“How many times have you taken a woman out to a nice dinner, bought her gifts and flowers, and had her REJECT you for someone who didn’t treat her even HALF as well as you did?”*

*If you’re like me, then you’ve had it happen a LOT.*

*Well guess what?*

*It’s only NATURAL when this happens...*

*That’s right, I said NATURAL.*

*When you do these things, you send a clear message:*

*“I don’t think you’ll like me for who I am, so I’m going to try to buy your attention and affection”.*

*Your good intentions usually come across to women as over-compensation for insecurity, and weak attempts at manipulation. That’s right, I said that women see this as MANIPULATION.”*

#### Ten Reasons Why Men Fail With Women – Common Mistakes to Avoid

It’s a classic “nice guy manipulation” move and for some women it just might work – for a while because yes, it’s true...

Some women WILL allow you to do anything you want for them. They will let you do favors for them knowing exactly why you are doing it.

But it won’t change how they feel about you.

It will not make her FEEL attracted to you.

Sure, some women are drawn to wealth or men who have lots of money to throw around to them.

But does NOT mean you need money to create attraction.

You don't need money to enjoy sex. Sometimes you only need the cost of a few condoms.

You don't need money to enjoy a great relationship.

A great relationship requires (among other things) communication skills and a shared value of self-worth.

None of which can directly be attained by just spending more money on her.

You don't need to offer gifts hoping she will eventually see you as a great provider.

A great provider provides strength and stability in a relationship, and not money.

You don't even have to lavish your new girlfriend with expensive outings and fancy dates.

A casual walk in the park (which is free) that has an exciting conversation, a strong connection to each other, and a sexual edge to it all is far more attractive than any expensive night out where everything feels like it is forced AND it feels like to her that you're just trying to buy your way into her heart or pants.

If you do meet a woman demanding you must buy her things constantly for her affection, break it off immediately!

Stop worrying about her.

She will find the next overly accommodating guy who doesn't understand attraction to pay her bills.

Done right, if that's what you're into – she'll sleep with you on the side

while that OTHER is paying for it. Not the best arrangement but it happens IF you create the right attraction.

Here's some REAL proof based on my life experience with women.

I had a decent share of money when I was NOT going on dates because I did basically nothing with my life.

It cost me money to straighten my appearance and to maintain an above average attention to those details.

It cost me even more money to buy "learning tools and instructional videos" to learn how to become more attractive and to become who I am today.

I was going out more, meeting up with my friends, and that understandable, cost me even more money.

Sometimes a little.

Sometimes a lot.

Either way the cost was always higher than sitting at home on the internet or watching TV.

Suddenly I found myself broke and clawing my way back up the money ladder.

But you know what?

If it wasn't for having some incredible women (and a great friend and Mother) I would've wound up living on the streets. Yes, I was just THAT broke.

And those women who helped me out were not just friends. We were sexually involved on many different levels.

My point is – I was, at one point, flat-out busted eating dollar dinners for nights on end, but I still managed to attract lots of great women.

More than when I had money and no skills.

Please take this advice...

Refrain from choosing the option of wealth to try to “get the girl.”

*“A lot of guys feel there is a financial ‘price’ for playing the dating game. They figure, if you’re going to get a girl you’re going to have to wine and dine a bunch of different women”*

### [Understanding Spending Money on Dating Women](#)

Save YOUR money for your own investment and not hers.

More women will actually love you even more for NOT trying to buy their affection.

They will appreciate YOU more. Who YOU are.

You can NOT buy affection.

You can NOT buy a woman legally or illegally.

**Attraction does not have a monetary value** – It’s an uncontrollable feeling YOU stir and create which has nothing to do with how much money you have or how many nice things you can buy for her.

Before you get too wrapped up in what is being presented to you today... Remember this very important detail.

IF you have no real goals – no aspirations for the future – no desire to

better yourself – then YES – already having money might come in handy BUT it still won't CREATE attraction.

That all happens in how you interact with a woman.

For you to stir emotions and get her to feel something for you – having goals, dreams, aspirations, desires, passions, a drive to better yourself and enjoy life IS required.

But that is not even close to ever trying to buy her affection, attraction, or love.

Lastly...

Take a close look around you – anywhere.

What do you see?

It's unfortunate but most GOOD men and women in this world don't have much money at all.

They get by living day-to-day. Some have a cushion to help them you but most do not.

The world is filled with couples who got together despite having any cash at all.

This is a fact.

The MAJORITY of couples found a way to come together, get married, or whatever without any form of financial means or so-called success in that area.

Yes. MOST.

That means money is NOT a real determining factor of forming a

relationship which by the way – STARTS with ATTRACTION.

You can look at the minority of you want – but those are the EXCEPTIONS – not the rule.

On the other side...

Sure. Some women are all about money. Not any of them though and even within that small minority they are more than happy to make that money for themselves.

They don't WANT or NEED your handout to make them feel something for you.

In fact – it makes them sick to their stomach to even consider a guy who is trying to buy their way into their hearts with money alone.

I KNOW it's a problem for you IF you think you need cash to attraction but that's easily solved when you learn to create attraction and first realize it CAN and DOES happen.

Here's the REAL problem and it comes from a movie, [\*"Better Living Through Chemistry"\*](#).

There's a guy with lots of money and a hot wife.

In one scene he's explaining to a guy he just met in a bar that he knows women are only into him for his money and he's "okay" with it because... He just doesn't believe he's good enough and that he only knows how to screw up with women.

So... when he messes up – he throws a gift or some money her way.

AND he only does it because he just does NOT know or understand what else to do.

You CAN understand women.

You CAN know what else to do.

You CAN create attraction.

He's a movie character. Stagnant and stuck in a role to make the movie work.

You're NOT a written pre-programmed character in a movie.

Therefore...

You CAN!

How you can is actually quite simple – so simple ANY guy can do it but who cares about “them” or what some “other” guy can or can not do... this is about YOU.

LEARN about attraction.

Find your passions.

Figure out what you want in life.

Make a plan to get it or continually strive to achieve it.

ANYTHING your heart desires (aside from women of course) unless they're actually part of your dreams.

Work towards something.

That's really all any woman wants from a guy... to have a real desire to achieve something.

It could be starting a family. Starting a new career. Opening a business.

Building cars. Dancing. Traveling... ANYTHING.

Once you learn about what really creates attraction in a woman and you're even a tiny bit of capable of conveying or communicating your desires to women – you'll NEVER resort to trying to buy affection ever again.

You can avoid many of the mistakes made along the way AND know exactly what it takes to be an attractive man... naturally.

The whole “creating attraction” and finding your goals and desires are all covered.

## **#7. Handling Rejection – Never Feel Sorry for Yourself Because You Were Rejected.**

This tip is for guys who feel sorry for themselves and let being rejected by a woman get to them in ways which last way too long.

You're going to get some REAL advice on being rejected, the stages of grief, quick but true facts on rejection, why you shouldn't feel sorry for yourself, how to avoid being rejected, how to strengthen your inner game making it less likely to happen, and HOW to get past it all so you can move on stronger and better than ever before.

Let's begin...

How many times have you heard this?

*“Don't worry It will be okay. So you got turned down. There's more fish in the sea.”*

I know.

Blah! Blah Blah!

Here's some real advice about rejection.

*"Are you feeling rejected, when in reality you've been intimidating "average" women with your above average expectations?"*

*Have you ever stopped to think that were you to actually get those "average" women to go out with you, NEITHER of you would be happy?"*

[But I'm Average, How Can I Possibly Deserve The Partner Of My Dreams?](#)

**Go ahead and feel like shit.**

It's okay.

Rejection is not fun.

When you put yourself out there, it hurts. I know it does.

But you must always remember this about being rejected.

There's a difference between feeling hurt, and feeling sorry for yourself. A huge difference.

I'm not going to sit here and tell you there will be plenty of others. I'm not going to fill your head with a pile of overused phrases to make you feel better.

Because I can NOT MAKE YOU FEEL ANYTHING.

I can tell you this though...

If you learn from your rejections or learn to objectify the experience, the lesson learned will last you forever.

*"You can't be a whole man until you learn how to live and be happy without a woman in your life. Period."*

## How to Get Over an Ex Girlfriend – Recovering From a Break-up

The feelings of inadequacy or failure WILL go away.

However if you only learn to feel more sorry for yourself, blame others, or to sulk like a boy for extended periods of time, those feelings of failure, won't just disappear, they will turn into an unattractive bitterness.

### **Here are a few quick facts about rejection:**

The deeper the rejection hurts or the longer it lasts means you invested way too much into that one girl BEFORE she ever felt anything for you.

Seriously – if you're out looking for WOMEN and you are constantly getting hooked on just one and they try desperately to have her while letting every other woman pass you by – then the painful hurt of rejection will last a long time.

There is a good side to rejection. It implies you did something and not just sat on your ass.

You showed some courage and that's a good thing.

You took a risk – which only makes you attractive to the next girl IF you believe it.

Rejection is not always about you so don't take it so personally.

Sure sometimes it means you need to work on "something" but don't take it all in such a way it destroys the core of who you are inside.

Whether it was her thing or yours if you take it all to heart and make it the deciding factor for YOUR happiness, you're only making the possibility of another rejection much more probable.

Your excuses or reasons for failure will only drive you to do the same thing over and over again.

You've rejected women, right?

You didn't have anything against them, you just wasn't feeling attracted to them or it wasn't the right time or place.

Rejection, when viewed properly, can actually boost your confidence and strengthen your inner game.

So when that woman you felt attracted to decides you're not the one for her, tell yourself it's okay to feel a little hurt but it's NOT okay to feel sorry for yourself, ever!

If you hate it as much as I do when others try to pity you...

Then why would you do it to yourself?

*"There is no more security in having a girlfriend than there is in being a single, dynamic man with the ability to create the dating life HE wants."*

[Being Single is Just as Good! Do You Need a Girlfriend To Be Happy?](#)

Rejection happens and yes it does suck, but feeling sorry for yourself will NOT make those feelings go away.

Taking it personal will only prolong the agony and give them all the power you're supposed have for yourself.

Not "power" in a negative dominating role it's often seen as...

This is about YOUR personal confident power which is only yours – and only YOU can give that away. Which you will be giving away IF you let feeling sorry for yourself or pitying yourself decide your next move in life.

I've been through it all... as has most other men.

Blown off while asking for just a number.

Was given every excuse as to why she didn't like me.

Fell hard for lots of different women only to be stuck in the friends zone and to be rejected later on.

Gone on a date (or two) only to never hear from her again.

We ALL have sad stories to tell about the ONE woman who wouldn't have us.

We ALL have been kicked around a few times.

Maybe you thought we lost a girl to another guy who we believed wasn't as "good" as us.

BUT in the end – you have a CHOICE on how to handle those rejections for either good or bad.

So again...

If you were stuck on one woman for a while and she (in the end) wanted nothing to do with you sexually... take some time for yourself and get past it.

Take your mind off of her but at some point you must STOP feeling sorry for yourself.

Figure out quickly what you're doing wrong and fix it. Sounds like simple advice – because it is just that simple.

If you didn't get her number or she wouldn't give you the time of day –

really -who cares? She was just some nameless now faceless woman you'll probably never see again.

Figure out if what you're doing is not working and do something DIFFERENT next time.

BUT don't feel sorry for yourself and give HER the power over your self-esteem. That's just plain ridiculous and you KNOW IT.

STOP putting so much pressure on yourself and stop putting so much weight or emphasis on the outcome of each and every interaction with a woman you don't even know.

There are many keys to handling rejection positively or getting over them in a reasonable amount of time.

Understand with each rejection you will "suffer" from some sort of grief depending on the investment or how you feel about the woman rejecting you.

You will (generally speaking) go through the [Five Stages Of Grief](#) as it relates to your personal development, esteem, and ability to bounce back quickly from a feeling of loss.

## **Denial.**

You might try to talk your way through it by doing things in your immediate power to change her mind or make her see things your way.

As in a few other nice guy tips: #5. Trying to make her feel sorry for you or attempting to gain pity to win her heart. Or...#6. Trying to Buy Women's Affection or Attract Her with Money or Favors

Doing any of those things means you are in DENIAL.

You'll try to create false beliefs or reason your way through it while

denying the reality of it all BUT all you're doing is delaying your grief therefore making the feelings of rejection last even longer.

## **Anger.**

When anger sets in you become frustrated at your cause or what happened to you.

You'll use phrases like: *"Why me?" - "It's not fair!" - "Why does this always happen to me?" - "I have the worst luck." - "Why don't good things happen to me?"*

As you go through the anger phase you'll also start to blame others or yourself making matters much worse because again, you're only delaying the grief stage and letting the rejection take over your thoughts and emotions.

## **Bargaining.**

There is where you make exchanges or try to avoid the grief by offering any sort of compromise.

If you've grown attached to a woman who does not feel the same way you may offer her an exchange. You'll either tell her or say things to yourself to bargain your way through it.

*"What if I..." OR "Maybe if I did this..." OR "Maybe I'll get more money or a better job she'll see me differently."*

You'll use any means at your disposal based on the reasons you think you were rejected whether their real or not.

## **Depression.**

Depression, sympathy for yourself, or long-term pitying of yourself then sets in when the first three stages don't change the situation or prove to

you that none of what you've been trying or thinking seems to be working or making you feel any better.

You'll then feel helpless to change your situation. You'll become withdrawn. You'll also try to numb your pain in many ways up to and including Alcohol and drugs.

You utter phrases like, *"Why bother!"* or *"Who cares!"* or *"No one cares!"* - *"Life is a cruel joke on me."* or *"Nothing goes right for me."* or *"What's the point anyways - no matter what I do, nothing seems to change."*

Finally - if you manage to exasperate all the steps fully you're left with only one choice or option IF and only IF you don't circle back around and start the whole process again...

## **Acceptance.**

Embracing or accepting the reality of your situation can be empowering.

When you've tried to change everything around you there's only one thing left to change - yourself.

Your choice is to better yourself or go back through the stages again. Which unfortunately some do and get "stuck" in a pattern of negativity and a stubborn unwillingness to accept what has happened in a way which is relative to the depth of the situation.

Yes - that seems like a lot to go through just because you've been rejected but it happens.

It really does which is just one reason why so many guy will do anything they can to avoid being rejected AND it's just ONE reason why you fear being rejected when you attach so much meaning into one interaction - short or long.

**The Most Efficient Way to Get Past Any and All Rejections.**

First by not putting so much emphasis on each and every interaction you have with a woman.

Learn to enjoy the process just as much or even more than the end-result.

Being secure in yourself or having a solid inner-game built on confidence, self-esteem, self-worth, value, and production actions.

Understanding the reality of it all and not taking it all so personal.

Objectifying your situation fully so you can learn from what happened in order to avoid it from happening again.

This basically means – to realize when it's you or her and what you can do differently – or what to change – so it's very less likely to occur more often.

You may NEVER be able to avoid rejection but you can certainly have it happen less to you.

Here's another choice...

Get over it. Move on as quickly as you can. Stop feeling sorry for yourself.

If that's not happening for you then it's TIME for YOU to CHANGE so being rejected not only never gets to you again – but can be avoided almost entirely again.

If REJECTION has been or is becoming a SERIOUS problem for you and you just can't find any way out...

**Get this immediately and go through it ALL!**

[Deep Inner Game](#) will Reprogram You for Massive Success In Life And Love –

No Matter How BAD You Feel Right Now, Or How Badly You've Been HURT In The Past.

- Patch up your holes in your self-esteem.
- Break free from depression and sadness.
- Simple psychological tricks to conquer anger and anxiety.
- What to do if you're a guy who takes the pain of rejection to heart.
- How to build your self confidence by SEEKING OUT rejection.
- How to appear 100%-confident to women.
- Eliminate FEAR And ANXIETY From Your Life.
- FIX ALL your INNER GAME ISSUES.

**Annihilate Your Crippling Insecurity, Anxiety And Fear To Transform Into The Powerful, Confident, Attractive Man All Women Want.**

[Start Getting Some Deep Inner Game By Going Here](#)

One last inspiring quote from Carlos Xuma:

*“Dave on the other hand is average, too. But he rises above the average because of his attitude:*

*Dave is active about his life.*

*He takes the wheel of his life and steers it where he wants to go.*

*He knows that if life isn't going the way he wants it, he has the power to make it happen himself.*

*He doesn't sit back expecting his abilities with women to succeed; he actively seeks out opportunities to try and learn from his interactions.*

*When he fails in a seduction, he looks back on what he could do differently, not scared that making a mistake means he's unworthy as a man.*

*Dave understands that when a woman acts a certain way, it is usually something he could influence with his approach and attitude.*

*While her rejections do not mean anything to his worth, he does know that he can change his approach and learn to decrease those rejections.*

*The answer isn't finding just the right woman as it is understanding what parts of him he can develop and present to get more women interested.*

*Dave seeks out information and guidance to learn and improve. He doesn't let life happen TO him, he makes it happen."*

[Who Would You Rather Be, Bob or Dave? Single, Intelligent, Nice Guys](#)

## **#8. Don't Agree With Her & Go Against Your Beliefs Hoping She'll Like You.**

Overly nice guys tend to have a problem with disagreements and confrontation in many areas of their life – making this tip invaluable.

When it comes to attracting women – being a pushover, not owning up to your own beliefs and opinions, changing your views hoping a woman will like you, and more of what will be covered below... getting this handled is important and critical.

This tip is here to help you become a more attractive man by avoiding the common mistakes which are generally associated with approval seeking and a “weak sense of identity”.

*“You can not walk up, approach, and for a lack of a better term, seduce a woman, with a shitty sense of your own internal value.”*

[Peter White Interviews Carlos Xuma – Nice Guys Tips To Attract Women](#)

That's generally where all this “approval seeking” comes from... a feeling of low self-worth.

You wouldn't seek or need anyone's else approval if you (as best as you

can) believed your opinions were just as valid as another – and that includes any woman you come in contact with everyday.

You also wouldn't be so afraid of confrontation if you understand where most of your fears come from and your fears of "what will happen" are understood to be mainly unsubstantiated.

Sure, sometimes, rarely, very rarely, something bad might happen but most of the time NOTHING happens.

This goes for each and every interaction you have with everyone, man or woman.

In another man's case – sure sometimes a fight might happen or you could be harmed – so the fear might be true once in a great while depending on the situation and the guy you're talking to BUT...

When it comes to a woman – What are you REALLY AFRAID OF?

That's right – her NOT liking you. That's all.

Which is no different than seeking her approval.

MISTAKE #3: Looking To Her For Approval Or Permission

*"In our desire to please women (which we mistakenly think will make them like us), us guys are always doing things to get a woman's "approval" or "permission".*

*Another HORRIBLE idea.*

*Women are NEVER attracted to the types of men who kiss up to them... EVER. Don't get me wrong here.*

*You don't have to treat women BADLY for them to like you.*

*But if you think that treating a woman well means "always getting her approval and permission for things", think again.*

*You will never succeed by looking for approval. Women actually get ANNOYED at men who seek their approval.”*

### Ten Reasons Why Men Fail With Women – Common Mistakes to Avoid

Here's the deal...

When you start interacting with women a certain, with the right amount of confidence (a few a other things) sometimes you will disagree with her – how you handle those moments can make the difference between getting to the next step OR not getting anywhere with you.

If you throw away every belief you have and de-value yourself thinking she'll like you more for it – she will lose any attraction she had for you. If she doesn't like something you're saying or doing she's only giving you her personal opinion.

She's NOT telling you to stop doing it or she won't feel attracted to you.

Most of the time it's a test and if you fail it – her feelings will disappear.

So...

Stand your ground when it's necessary. Pass her tests.

Don't let her push you over thinking it will make her like you because it won't.

You can still be a nice guy but letting any woman, or person for that fact, affect the value you have in your beliefs just because you want to be nice or have them like you only lowers your self-confidence and erases the respect they may have for you.

You can NOT be overly self-conscious about yourself and still attract women. It just doesn't work.

Yes, you're going to piss some women off who don't agree with you but unless you're a complete ass with no moral fiber or morality you will NOT decrease your attractiveness to her.

Now whether she decides to further her interaction with you at that point will have EVERYTHING to do with her and NOT YOU.

There's a clear attractive difference between being nice and being a pushover.

*"There is a big difference between being a good guy and being too much of a nice guy. How your nice guy ways are not the reason why you're failing. If you listen to all the bad dating advice out there, you're apt to treat women badly, and that won't lead to success in dating either. This is how it is."*

### [The Difference Between "Nice" and "Mr Nice Guy"](#)

Learn it quickly because it can mean the difference between having a girlfriend, and having another friend who is a girl.

Okay...

Before you take this whole thing too far... which you probably won't because you're a good guy but it must be said anyways.

This tip is NOT about becoming a jerk who feels their opinions are more valid than hers.

It's not about acting like an asshole or treating women like their inferior to you or everyone else.

The real purpose behind this Nice Guy Tip is to make you understand the difference between "trying to get a girl to like you" by agreeing with her every idea or motion and creating attraction by letting a little friction happen between you and her AND...

Standing up for yourself.

Believing in yourself.

Valuing your opinions.

Knowing your true self-worth.

Because who follow those rule for him is a very ATTRACTIVE man to women.

*“Your beliefs come in many forms. There’s the limited ones which slow down or impede your ability to be or become an attractive man and there’s the ones which can help you in attracting women.*

*Using the “better” beliefs to your advantage comes down to several things but the main ingredient to make them work for you is...*

*TRUST.”*

[How Trust And The Belief In Yourself Can Make You A More Attractive Guy](#)

The guy who begs for her approval, agrees with her all the time thinking that’ll get him in her pants, putting her on a pedestal just because she’s beautiful or whatever... that’s just NOT attractive.

TOO many nice guys roll over because they’re afraid to upset a woman thinking she’ll lose the attraction and it’s the exact opposite of what really happens.

Women do NOT feel the right spark of chemistry or attraction with a guy who “acts” like he needs her approval and his every move shows it.

Women NEED to explore every emotion around a guy and they must feel like the guy they’re with not only can handle all her every emotional ups and down – but doesn’t break down and give in, just because he needs

her approval.

*“If you assume that a woman is upset and that means it equates to, not liking you, you’re making a very big mistake.*

*It’s a two dimensional way of looking at emotions, and feelings from people. It show a very distinct need to improve your emotional intelligence and understanding that,*

*Disapproval is not the same thing as being disliked.*

*Disapproval is not the same thing as, not being unattractive.*

*And being upset does not equate to, not liking you.*

*And when you make that desperate scramble to get her to like you....*

*Well you’re really going off the deep end there because the reality is, and this has been demonstrated time and time again, you’ve probably seen this in movies, and you’ve know it’s true when you see it.*

*You see this woman that really just kind of does not get along with this guy. And later as you go through the movie there’s this sudden change where she suddenly in love with him.*

*Her anger and her hatred for this guy turns into complete love and devotion to him.”*

[Peter White Interviews Carlos Xuma – Nice Guys Tips To Attract Women](#)

Stand up for yourself.

STOP being a push-over.

STOP trying to kiss her ass.

STOP agreeing with her because you think she’ll like you more for it.

Believe in yourself.

Trust in your non-limiting beliefs.

Understand when a woman disagrees with you or doesn't like something you're doing, it does NOT mean she can not feel attracted to you. It does NOT equate to her not liking YOU.

If you erase just this ONE act from how you interact with women – you will see an immediate change on how women respond to you and for the most part...

It will be ATTRACTION.

Which is typically a good thing, right?

Of course it is.

Confronting a woman or facing a possible confrontation with a woman you like can be a tough thing to do. It can feel like it goes against every nice guy fiber you feel inside you...

BUT as long as you're not seeking it out or causing trouble just to be an ass....

YOUR OPINION and YOUR BELIEFS must never be put aside. They DO MATTER.

If they matter to you, they will matter to her too.

Try it “nicely” and notice the change.

The BEST thing you can do for yourself and your relationships with women is to look deeply in what it means to be a man.

That's what you're going to learn (and more) from [On Being A Man](#).

REAL men are rare and are highly sought out AND they understand confrontation or just disagreeing with woman is NOT a bad thing – it's an OPPORTUNITY to build attraction and gain a better connection with a woman.

Learn to use these moments to help you attract her and not push her away by just being a PUSHOVER.

**Get it below right now.**

The Secret Reason Some Men Have So Much Success With Women Without Even Trying... While Most Of Us Struggle And Fail.

Learn The Secrets Of:

- Unleashing Your Buried, Inner Real Man
- Succeeding With Confidence In Life
- Using Your New Man Power To Get Women
- 7+ hours of Proven Techniques, Tools, and Tips!

[Watch On Being A Man To Become The Powerful Real Man](#) You Were Born To Be And Start Attracting The Amazing Women You Were Meant To Be With.

## **#9. Why & How Being Funny Creates Attraction If You Use it The Right Way.**

There are many types of funny in this world and humor is certainly a great way to attract women BUT if you're not doing it right – you could be ruining your chances with her without even knowing it.

In this nice guy tip number 9 you'll learn the different types of humor, which comedy works the best for creating attraction and how you can

use making a woman laugh in many different ways to become a highly attractive man.

Let's start with a few type of "funny guys so you can see the difference and know which type you find yourself in.

### **The Class Clown – Looking For Attention?**

He is an attention seeker all the way. He can be funny, everyone knows that BUT women are rarely attracted to him.

Everyone can sense he's an approval seeker and wants the spotlight on him because he feels he doesn't have much of anything to offer the world.

His actions are also often seen as being over-confident and insecure. Add it all together this type of humor does not work because approval seeking, false or fake confidence, and being insecure are NOT traits of an attractive man.

### **The Goofball – Serious or Not?**

He's always making jokes to break the ice or to share his feelings without making it look like he's being serious. Although everyone knows there's a bit of truth behind his humor or actionable comedy.

He can be funny but since it's usually clear there's a hidden dark truth behind it – it's almost sad at times.

He does attract certain women but never has any real choices and will typically settle for the girl who finds him the cutest but it might not last long because his serious internal issues will eventually ruin the relationship.

A fact about attraction is that most secure women will NEVER feel empathy and attraction at the same time and since this type of humor often tugs on the empathy others – it makes it very difficult to create

attraction at the same time.

### **The One-Liner – Perfectly Timed Attraction**

This guy can definitely be quite funny but it's rare because it's usually not part of his personality to make others laugh.

He often doesn't know how to tell long jokes and his stories sometimes leave you wondering why he started them in the first place but that doesn't matter or may not be relevant to his humor – if he uses at all.

He is often considered a little too serious which believe it or not CAN make others laugh quite loudly when it's timed perfectly and when he combines this unpredictable nature with a funny statement DOES attract women.

### **The Get Along With Everybody Type**

He's most certainly fun to be around. He's always cracking jokes about himself too much makes him a little humble and – as you might have guessed... easy to get along with.

He generally has the ability to make clever observations which can be funny but usually his laughter centers around doing fun things, making others feel at ease, and is always found smiling no matter what is happening around him.

The guy DOES attract women for many reasons.

He's fun to be around and it's extremely difficult to figure out what he's really thinking making him a bit mysterious.

Through his outwardly social manners he's also seen as confident, smart, clever, and is presumed to have an elaborate social life based on the not-always- true stories he tells about himself.

## **His attractive qualities include:**

- Confidence.
- Social skills.
- Storytelling.
- Mystery.
- Exciting to be around.
- Smart – clever – usually witty too.
- A Little flirty.

Not ALL women will end up with him but he will have his fair share of women which will be enough to give him some real choices in who he decides to date.

## **The Stoic Sarcastic Bust Ass**

This guy RARELY cracks a grin. He's sometimes dark but displays very creative observant humor which is mostly centered around sarcasm and busting his or other peoples asses.

He often tells stories which make it seem like they're not funny until the end when you realize he was joking in the first place. He'll sometimes scheme you for minutes, hours, or even days just to bust your ass.

He's also well- known for not laughing at his own jokes.

This guy attracts LOTS of women. Hands down.

Whereas you'll find some women won't be attracted enough to further dating with the more attractive types of guys above (the one-liner & and the "I get along with everybody type) you will be hard-pressed to find a woman who doesn't simply adore this type of guy.

Meaning IF you want to attract lots of women – this is the guy you want to aim for even though the last two will do just fine. It's your choice.

His attractive qualities match the last type but with a little more added:

- Confidence.
- Superior Social skills.
- Storytelling.
- Bigger Mystery.
- Exciting to be around.
- Extremely Smart – clever – usually witty too.
- A little cocky.
- Very humble.
- Strong.
- Sarcastic.
- Very flirty.

He's probably the toughest one to become but his brand of stoic sarcasm seems to draw women in.

Okay now that you've seen the different type of funny guys it's much easier to see...

### **How & Why humor or just being a funny guy does NOT equal attraction unless it's done right.**

Nice Guy Tip 9 is here after noticing (and being every one of those guys at some point in my life) that too many guys can feel uneasy around women.

This uneasiness will often cause them to use humor to mask their nervousness, hide their insecurities, and connect with a woman when they don't feel confidently to do it sexually.

You can now easily how, since lots of women are experts at noticing the sub-communication of people (including you) – that she's going to see through lots of what is just silly games and not the true mark of a man

with lots of attractive qualities.

This tip is also here to INFORM you that just because you might be connecting with a woman because she's laughing with you – does NOT mean you've created attraction.

Humor alone is not always enough.

It's what lies beneath the type of humor or what it says to women that creates the attraction.

Here's what usually happens to nice guys.

You're making her laugh and since you know women love to laugh – which is a good feeling – you think she's into you AND since you love a woman who has a great sense of humor, especially when it's yours – you become even more attracted to her.

Except without the right type of humor all you're really doing is becoming her FUNNY FRIEND and far from a sexual dating option.

Oblivious to what is happening (hey it happens man) you go for it only to be rejected.

This unfortunately makes you confused, hurt, sometimes embarrassed, and sadly enough even MORE attracted to her.

As all that happens you find yourself doing it more to the next woman as you slowly become the FIRST or SECOND type which is the CLASS CLOWN or GOOFBALL as you venture to seek approval and attention because of the past rejections.

It's a terrible cycle, isn't it.

Well time to stop it from happening to you.

You CAN learn the right “style” of humor.

Here are the types of humor which does create or trigger attraction.

Teasing her in a cute, flirty way. She must be laughing too – at least in the end. Too much is REALLY bad so it requires the right balance.

Occasionally bust on yourself.

Use sparingly and only AFTER she knows your confidence is real. Do it too often and too early and it looks like you trying too hard.

This down-to-earth attitude about yourself and the ability to laugh at yourself keeps you from being considered arrogant and unreachable which makes it a very powerful attraction skill.

Avoid generic, cookie cutter humor unless it’s really your thing and intimacy has already happened.

This is the “dork” effect. Works great but only strengthens a bond and amplifies attraction.

The ability to make clever observations about the world and who is residing in it and then turning it into a funny anecdote.

Great comedians have this ability but you don’t have to be one to learn the skill. You’re not putting on hour long shows making this a little easier and learning it creates lots of attraction because it’s combines:

**Humor. Wit. Intelligence. Social awareness.**

Only use quotes to reinforce a humorous belief but never as the subject. Be a little mysterious and don’t laugh at your own jokes too much.

Let her wonder if you’re serious or not.

If she begins to take you way too serious see how long you can let her believe it before you bust her ass on being so gullible.

Sarcasm is highly effective and can be used right away IF it's a clever blend of wit, charm, and quick intelligence.

Avoid using it too judgmentally because that does not add very much attraction to it.

There's so much more. Comedy is a big field to explore.

But you don't have to become a comedian to have it working for you.

Just make sure to avoid using too much humor until or unless you've developed the skill of the right humor.

Practice on your guy friends first.

Practice it on people you might not see again.

Keep practicing until you find the right mixture which perfectly suits your personality.

Now for the ultimate type of humor which (when done right) guarantees attraction.

## **Cocky Comedy – The Ultimate Form of Attractive Humor**

### **BE THE COCKIEST / FUNNIEST GUY IN THE ROOM**

*"It's no big secret... humor and confidence are PROVEN biological aphrodisiacs to women.*

*In other words, if you can show a woman that you're in control and keep her laughing while you do it, everything will go your way no matter how you screw*

*up otherwise... all because women are helplessly, magnetically drawn to men with a great confidence and a sense of humor.*

*Lots of men take this advice and immediately start coming across as 'overly arrogant', which is not what I mean at all.*

*The formula for how to do RIGHT it is actually very simple:*

- 1. Speak in a highly confident way.*
- 2. Add humor to make it funny instead of just arrogant and obnoxious.*

*But naturally, 99% of guys wouldn't dare to say things like this right away to a woman they LACK CONFIDENCE.*

*And I can totally understand it, because I used to be that way, too... that is, until I saw guys doing Cocky & Funny CORRECTLY with women, and therefore getting all the opportunities that I (and 99% of other guys) never got.*

*To get you started on the right path, I recommend that you watch Chevy Chase in "Caddyshack" or "Fletch".*

*Pierce Brosnan was AWESOME at this in "The Thomas Crown Affair".*

*Clarke Gable, of course, in "Gone With The Wind".*

*Even Tom Cruise in "Top Gun" showed the kind of humor I'm talking about. In the meantime, start trying to be Cocky & Funny on your own... you'll notice a mind-blowing difference in the way that women respond to you!"*

### [5 Fail Proof Tests For Getting A Girlfriend FAST](#)

**BUT BEFORE** you ever attempt cocky comedy make sure you know **EXACTLY** how to do it or you **WILL FAIL** or worse yet – piss off a lot of women who will then **NEVER** give you the time of day aside from never feeling any attraction for you at all.

The page below describes how to use this humor the **RIGHT** way.

*"Women are highly attracted to guys who are confident and funny. The formula to combining them together is like an aphrodisiac to women and it's called cocky comedy. If you do it wrong you'll come across as a jerk. Before you try it*

*on a girl, I will show you how here. Women will not be able to resist your charm."*

### [Cocky Comedy - The Difference Between Being Confident & Acting Like a Jerk](#)

For the complete effect pick up the entire series for yourself and start using it IMMEDIATELY because when done right – will give you INSTANT results.

You will NOTICE how your interactions with and the dynamics between you two change immeasurable on to the attractive side of course.

[Here's where you can pick up Cockey Comedy for yourself.](#)

The true “magic secret” of acting Cockey & Funny is creating what the experts call “personality triggered attraction.”

If you'd like to watch and learn from TONS of road-tested, success-proven Cockey Comedy examples that you can start using for yourself TONIGHT, just click below:

[How To Use Cockey Comedy To Make Women Feel Instant Attraction And Literally Addicted To Being Around You](#)

- The Easy Way To GET NOTICED By Women
- Word-for-word Scripts For Making Women Laugh
- Proven Tips And Tools For Sparking ATTRACTION
- 6+ Hours of Techniques, Lines, And Tips!

There's a post here at DiaLteG TM which breaks down Bill Murray's cocky/comedy in the movie Ghostbusters.

You'll find it helpful in creating the right humor PLUS you can learn how to create attraction in four minutes which is pretty cool to see and better when you pull it off.

## [How To Create Attraction In 4 Minutes By Watching Ghostbusters](#)

You can also find a few more examples in Carlos Xuma's popular post also located here. Carlos calls it: [The Tease to Please Approach – Challenging Women](#) AND lastly here's one from Dean Cortez: [Speed Closing Women With Seductive Humor, Listening and Interruptions.](#)

There also some great tips on texting humor on this page: [Bobby Rio Guide on How To Send Text Messages To Girls – Texting Rules.](#)

## **#10. Start Teasing Women To Create Attraction But Follow These Four Rules First.**

The unfortunate truth about nice guys, which is why this is tip number 10, is that they just don't tease a woman enough – or at all.

Teasing is not only used in foreplay to enhance sexual arousal, it can be used to challenge a woman with your wit and humor.

The idea is to get her FEELING something fun and exciting to make your interaction memorable and fun. It's what separates you from "other" guys who are boring, bland, and dull.

If you're not doing it – START doing it now.

Teasing a woman does NOT make you a player. It's not just something jerks do. It's not reserved for guys who may appear to treat women badly.

It's what guys who are exceptionally good with women do... so get to it immediately and never stop doing it for as long as you date, are in a relationship, or if you're married for fifty years.

Teasing her almost guarantees you'll be creating or amplifying her attraction.

Get her FEELING something GOOD which can easily turn SEXUAL.

*“There are too many men who are afraid of their sexy side. They hide it from women probably because we’ve seen way too jerks or scumbags use it to screw women over.”*

[Become A Sexy Guy – Where Your Sexiness Comes From and How To Find It.](#)

There are some clearly defined rules when it comes to teasing women.

Here a few of the most important ones. (Probably the only ones you should be concerned with following.)

**Rule #1: Make sure she is eventually laughing with you.**

She might show a little “fake” anger” at first – as in when you’re busting her ass about something – but it can and will turn to humor.

If this is not happening then you’re either doing something wrong, she has absolutely no sense of humor, or what you’re doing is so far out of context she has no clue what you’re talking about.

**Rule #2: Get her or leave her wanting more of it.**

This is not all about walking away at the height of your interaction, that’s not always the right thing to do and it won’t always work.

The secret here is to NOT always give her what she wants.

Sometimes you can even give her the opposite.

Don’t cave in too easily.

Generally speaking but make her work for it – whatever it is...

Challenge her to come GET it.

Obviously you can mess this up by doing it the wrong way or by doing it way too much. Just make sure you have the right balance. Which leads to the next rule...

**Rule #3: Teasing is the SPICE of your (dish of interactions with her) and NOT the main ingredient.**

*“Teasing is done with a tongue-in-cheek sense of humor. You kid with her. If you make fun of her in a mean or malicious way, you’re out.*

*If you don’t let her know you’re kidding, you’re out.*

*The point of all this is to: Get her laughing. Challenge her by demonstrating Self-confidence and that you’re DIFFERENT.*

*By teasing, you emulate a lot of the self-confidence you need to demonstrate with a woman. That’s really the secret in a nutshell.*

*Call it what you want, Cocky and funny, confident and humorous, Tease to Please.”*

[The Tease to Please Approach Challenging Women](#)

**Rule #4: Teasing her sexually is different than teasing her in your everyday normal interactions with her.**

If she likes her ears to be kissed – KEEP doing it. Don’t just stop because you want to tease her – KISSING there IS teasing her.

Never forget this rule or you’ll have some pretty bad sexual experiences and one very angry woman on your hands.

Learn to know the difference.

What does teasing a woman do and what is it?

You’re creating a special different connection which demonstrates many

attractive traits.

It shows you have confidence. That you stand out from other guys. You have the balls to do it.

It creates a REAL challenge. You engage her and she (competitively) wants to spar with you a little. She wants to give it back just as much as she's giving it.

You're showing her you have a genuinely fun sense of humor. You're making her laugh in a way which is intelligent. (When done the right way because some if it appears a little childish – my advice is to ONLY use those things more sparingly than the rest.)

You're showing her (in a way) that you're not so easy. You're not the type of guy who just gives in to all her demands. That you're not going to do things just to gain her approval or hope she'll like you.

It shows her that you GET or UNDERSTAND what women really want and what they respond to positively. It speaks to her on an entirely different level that most guys – just don't get.

Lastly – you're setting up a perfect opportunity to QUALIFY HER – based on her responses to what you're doing.

Done the right way – almost masterly – she will REVEAL to you her REAL self.

What you're doing is breaking through her often faked persona which again – is ONLY something a guy who is good with women understands how to do making it easy and getting her to WANT to show you who she is because she's liking HOW you're making her FEEL.

NOT on the lesser side – by teasing her in all ways demonstrates that you are a SEXUAL guy AND you're FEARLESS around women where most guys would crumble or be utterly afraid of being that guy.

Teasing her is perfect way to CREATE and AMPLIFY attraction so use it, learn to integrate into your personality and you'll find your interactions with women change for the better.

If you're not teasing her just enough, something else also happens – you look boring and predictable.

One of the biggest mistakes men make to blow it with a woman is being completely boring and predictable.

*“And that instantly kills the two things that all women are desperately searching for in longer- term relationships:*

*EXCITEMENT here and now.*

*ANTICIPATION of a FUN FUTURE. Deliver them both, and you're GOLDEN. So mix things up and keep her guessing. Don't always call when you say you will. Go here instead of there. Do this instead of that.*

*Get the picture? Keep her guessing and you'll have no problem ramping up the fun and keeping her attention.”*

### [5 Fail Proof Tests For Getting A Girlfriend FAST](#)

That's the whole concept of teasing her.

You become exciting and fun to be around On top of being an attractive challenge and demonstrating so many other attractive traits and qualities.

Again – make sure there's a balance and you're not overdoing it or doing it in a way which is immature and shallow. Most women do NOT respond well to that sort of teasing.

Remember – this is about communication and NOT all sexual. Teasing

her up to the sex is a little different and is not included here because it belongs on a different page.

## **#11. Learn How To Flirt & Start Flirting With Every Women You Meet – Essential Skill Of Attraction.**

Nice guys just do NOT flirt with women enough, if ever, and if you want to trigger any attraction, you must start doing it immediately.

Flirting is a form of sexual communication.

It's not something only players do. It's NOT a bad thing.

Flirting can and will change the dynamics between you and women for the better.

Learn HOW to do it. Practice it whenever possible.

Perfect it and use it to create better and more excitement interactions with the opposite sex.

Flirting is a SKILL you can not afford to not be fluent in.

It's not a sleazy tactic to get into a woman's pants.

It's about adding a pure form of communicating sexuality to women and when done right – displays indirectly to women charm, wit, intelligence, experience, and lets women know – you GET IT!

Here's a near perfect definition of flirting:

*"Flirting is simply ANY INTERACTION of ANY KIND with (members of the opposite sex) that would flat-out feel WRONG were it directed to someone of the same gender."*

### [Secrets to Flirting With Women For Men – A Real Definition With Tips](#)

This ultimately means you're not limited to crass bold statements which do little but make women believe you're a crass rude guy who only ever has sex on his mind.

Telling a woman she has nice tits is NOT flirting.

Whistling at a woman walk by is NOT flirting.

Smacking some chic's ass even playfully is NOT flirting.

Using a pick up line or an opening with a sexual overtone is NOT flirting. Then exactly...

### **What IS Flirting?**

As Scot noted above, it could be anything you'd say or how you interact with a woman which would be odd, awkward, weird, or strange if it were directed towards another guy if you're a heterosexual guy.

It's HOW you talk or interact with a woman which can generally be teasing, have sexual overtones, contain subtle sexual innuendos, create sexual tension and/or chemistry, up to and including complimenting her in a different way.

There are many types of flirting.

Creating fake scenarios about future events in which she fails or even succeeds with you.

Such as telling her you wouldn't be good together because you're too much alike at the same time implying you would be good together.

Creating fictitious relationships through storytelling. Otherwise known as role playing.

Such as building up an imaginative story together about how some day you're both going to take over the world.

Using sexual humor to entice her to play along with you.

Teasing her about anything she does which may be cute, but you'd rather bust her ass about it.

It's a blend of charm, wit, humor, and social awareness with sexual overtones and innuendos.

It's play fighting verbally sometimes too.

It's about creating chemistry and sexual tension.

It's about making her laugh (with you) in a way which creates or triggers feelings of attraction.

Flirting is FUN. It's a shared enjoyable experience.

Flirting IS a natural thing to do. When you avoid it, you're subduing your or avoiding a natural ability or skill to attract women.

Flirting is a communication which shows you are a sexually aware, fun, playful man.

Women get that.

Women WANT that.

They understand it and when done right, no matter who she is, how old she is, where she is – they WILL understand it and are more than happy to play along.

Keeping in mind a previous nice guy tip: Because She's Flirting With You does NOT Mean She's Your Next Girlfriend.

So you can see – there is an unlimited way in which you can flirt.

Flirting can be practiced almost anywhere at anytime with any woman of any legal age.

Perfect it and use your best on the women you want.

How Do You Flirt?

You can see from above there are many ways to flirt and it's suggested for you to learn to use them all.

There's no pre-determined way to flirt.

The easiest (and the most used way) is obviously done or performed in your conversations. (I won't be covering the lesser ones, they're just too rare and not needed.)

You can... as noted above:

Create fake scenarios about future events in which she fails or even succeeds with you.

Create fictitious relationships through storytelling.

Use role playing.

Use sexual humor to entice her to play along with you.

Tease her about anything she does which may be cute, but you'd rather bust her ass about it.

You can use cocky/comedy which is very effective. Here's an article to teach you how: [Cocky Comedy – The Difference Between Being Confident & Acting Like a Jerk.](#)

Since a lot of your flirting comes down to having flirty conversations with women (be it through messages, texts, or vocally) you'll definitely want to go through as these as this as you can:

[Bobby Rio Guide on How To Send Text Messages To Girls – Texting Rules](#)

[Bobby Rio Interview – Conversation Escalation: Make Small Talk Sexy](#)

[DOWNLOAD – 7 Deadly Texting Mistakes](#)

[DOWNLOAD – Teasing and Banter Lines](#)

[DOWNLOAD – Small Talk Tactics](#)

[Bobby Rio Guide on How To Send Text Messages To Girls – Texting Rules](#)

[Conversation Topics That Keep Her Attention, Charm Her and Attract Her](#)

[How to Avoid Awkward Silences with Women – Conversation Techniques](#)

[How to Have Better Conversations with Women](#)

[The Six Deadliest Conversation Mistakes You Make With Women](#)

[Dean Cortez – From Conversations to One Night Stands With Women](#)

[One Night Stands Secret: How Your Conversations Can Lead To Sex or Not](#)

[DOWNLOAD: The Conversation Blueprint: Six Steps To Building Sexual](#)

## Chemistry With Women and Closing The Deal

**Learning how to flirt is not that difficult but it will take some dedication, practice AND time if you want to perfect it.**

Start paying attention to other couples and how they flirt with each other.

Notice the social dynamics.

Practice it on every available woman you come in contact with regardless of age and whether you want her.

If you don't practice it – you will NOT get good at it.

Start on women who don't have an out or choice like cashiers, waitresses, or any woman you interact with who is being paid to take care of you.

Yes, they might just play along because they have to and because they want your money – but not all of them.

Remember most of the guys they meet on a daily basis don't act like that. They can be rude or uncaring.

BE the one guy who makes her smile.

GIVE her something to remember you and your interaction with her.

That's really the best way to practice and if just so happens the best way have it lead somewhere IF that's your next step.

**LEAVE her happier and in a better mood.**

Get her name. Say it once or twice.

The whole point is just to make her feel good about herself and feel good about your conversation with her no matter how short it is.

So start practicing immediately.

Add things to your repertoire.

There's nothing wrong with using the same "routine" on different women to see how it works. It's mostly or probably wrong to use that same routine on women you actually want to date. (At that point you'll want to make it special for her.)

### **How Do You Know If it's Working?**

The secret to flirting is to make her smile, have fun, and laugh with you. If that is happening then you can easily tell if it's working when SHE PLAYS ALONG WITH YOU.

That's it. There's nothing more to knowing if it's working or not.

When she happily gives it back, goes along with what you're saying, when she's smiling with you, when you get a genuine laugh – then all is good.

Just make sure you're using the RIGHT type of humor which is attractive.

You'll find that answer in the tip above: Why & How Being Funny Creates Attraction If You Use it The Right Way.

In conclusion....

Flirting is not a player move. It's not reserved to guys who are only trying to get into a woman's pants.

It's important and must be done IF you want to attract women.

If you can do it right you'll be displaying many attractive traits and women will ENJOY your presence.

**“Nice guys” just don't flirt enough if at all.**

Find your own style. Develop it.

Watch others and practice it whenever you can and keep doing it until you're a flirting “master.

It's really means that much and once you learn to change your interactions with women and add some sexual edge by flirting – once you see them smile and give it right back...

You'll never go back to boring conversations ever again.

## **#12. Never Ask a Woman if She Likes You – What You Must Do & Say Instead So She Will Like You.**

In all honestly this nice guy tip (number 12) in itself is not too big but its implications could easily cause many other problems because when you think about it, asking any girl “*Do you like me?*” is not something ANY guy should do – IF he wants to attract her.

Okay so maybe you've never asked this question before – some guys have and some haven't BUT you might be ACTING like you are which will have the same effect on her and attraction.

Anytime you do or say something which is only done to figure out if she likes you will feel the same way to lots of women because they are generally very intuitive to this kind of thing.

And it's an attraction killer.

Yes – in a perfect world or interaction you'll always be one step ahead of

her. You'll have unwavering confidence. You'll do everything right. You'll be classically indifferent. You'll assume and project that her liking you or not is not a big deal.

And since the world or your interactions with women won't always be perfect sometimes you'll be unsure if she's interested in you sexually or as a potential date or whatever.

It's going to happen.

BUT if you're only answer to this problem is asking or doing things to get her to reveal he feelings for you BECAUSE you're unsure then you must immediately start doing something else.

Every time you feel yourself about to do anything like this (especially asking her directly is she likes you) do THIS instead:

- 1.Pause.
- 2.Step back a little.
- 3.Look right in her eyes.
- 4.Put a small smirk on your face and a little squint in your eyes.
- 5.Think but don't say unless many other things are in place, *"She likes me. Awww... How sweet. Haha!"*

It may not work every time but it's much better than asking any woman if she likes you and the little pauses will help create some good old tension.

Here's a FOOLPROOF way to tell if a woman is interested in you and then you'll see how it all relates to liking you.

## **HOW TO TELL IF SHE'S INTERESTED**

*You engage her.*

*She engages you back.*

*Yes, that's it. Please stop the applause long enough that I can finish. You can clap later.*

*I know that this sounds a little "Duh-ish", but stay with me here.*

*If I walk into a restaurant, and the hostess asks me how many are in my party, and I answer with "Well, there are three of us. I guess there will be FOUR if YOU join us..." and she laughs at my joke, then IT'S ON!*

*If I'm standing at the bar, and the woman next to me bumps into my arm, and I turn and say "Hey, watch it, OK? Keep some space here, I need at least a foot of room..." in a serious tone of voice... and she starts playing along by smiling and moving away from me then back again playfully, then IT'S ON!*

*If I'm talking to a woman that I met at the magazine rack, and I ask her "What's with that huge purse of yours? You got a dog in there or something?" and she starts laughing and making excuses, then IT'S ON!  
In a nutshell, what I'm trying to say is:*

*Stop looking around for signals from women that they're "interested" in you.*

*Stop CARING whether or not a particular woman is interested in you.*

*Instead, start TRIGGERING the interest, and watching to see if women ENGAGE. If they do, then assume that IT'S ON!*

*As long as you use how she's responding to what YOU do as your gauge, then you'll have a MUCH easier time spotting the "she wants me" clues...  
...Because YOU ARE THE ONE CAUSING THEM.*

[How To Tell If She's Interested – Stop Looking for Signals!](#)

Simple and elegant and it WORKS.

You'll NEVER have to ask a woman if she's interested in you again if you follow that advice AND you do what it says...

Trigger the interest. If she engages, then assume it's on because YOU are

the one causing them.

Now as far as the whole “like” thing...

Interest in one thing.

Liking is another thing.

Think about it from your perspective. You like a girl or find her physically attractive regardless of whether you know her or not. It's explained better in the first tip: Being Nice Has Little to do with Attraction.

BUT for you to become INTERESTED in her for something else, you're going to talk to her. You want to find out what type of person she is and if she'll respond favorably to you.

A woman wants to feel like you understand her.

How you're “in tune” with her emotions.

She wants to connect with you on a different level which includes sub-textual communication.

Asking if she likes you only tells her you don't get it, her, or women in generally which makes creating attraction and dating her that much harder.

This “tip” may seem small but it can have a huge impact on your dating success.

Sometimes just even thinking it causes you to act differently around the women you really want.

So be careful because although you might not saying – thinking it could cause the problems attraction problems.

The entire point is to avoid constantly looking for signals or signs a woman is into you.

Focus on creating them first.

Focus on how she responds or reacts to what you are doing.

Do the alternative method above when the urge comes up:

Pause.

Step back a little.

Look right in her eyes.

Put a small smirk on your face and a little squint in your eyes.

Think but don't say unless many other things are in place,

*"You like me. Awww... How sweet. Haha!"*

That sends a very powerful message to women. Try it and let me know how it goes for you.

Another tip ANY nice guy who is struggling getting women and/or getting dates is party covered in a post I wrote to help you avoid common "asking" questions:

[17 Questions You Should Never Ask A Girl If You Want Her To Like You.](#)

Substitute or REPLACE any weak sounding question you might want to ask with a confident and POSITIVE STATEMENT.

It's exactly what I showed you above except now you can use it to erase a lot of unattractive weaker questions with something more confident

and therefore attractive.

Even if it's as simple as this:

*"Do you want to go...?"*

Gets replaced with:

*"Let's do this. You'll have fun."*

AND...

*"What time should I pick you up?"*

Becomes:

*"I'll be there at 9. Be ready."*

See how easy it is hopefully you've noticed a complete dynamic change.

One is weak and timid.

The other is strong, confident, and filled with self-assurance.

Do this a lot and you'll see an immediate change for the better in how women see and react to you.

It will also get her to see you as a leader and if all else goes well- she'll more than happily follow you along on lots of things.

This tip is also here to help you achieve a new mindset in dating and with women. A more attractive way to see things. A shift in thinking that **CREATES a NATURAL SUCCESS.**

Something so clearly written in this quote taken directly from the [Advanced Dating Techniques](#) workbook page 36:

*“How would you act if you knew that beyond the shadow of a doubt she was **TOTALLY** into you and wanted to be with you, but you weren’t that interested and decided to **RELUCTANTLY** give her a chance to hang out with you.”*

## **#13. Stop Giving Women What They Say They Want, Make Them Feel Something Instead.**

It’s important for you to understand the difference between what women say they want from what actually creates attraction.

It’s equally as important to know that you can NOT trigger her attraction by just giving her what you think she wants and or what you think women want from men.

The nice guy tip is here because it’s an all too common problem for guys. They try to logically figure women out and it just doesn’t work because attraction is isn’t logical.

It has a logic all its own.

You need to understand there’s always a deeper meaning behind it all and knowing it what it is will show you **EXACTLY** how to create real attraction.

Let’s get started on today’s lesson.

First you must realize how you’re seeing things is from your male mind.

You don’t think like a woman and you never will so stop trying.

You also communicate differently than women.

Men and woman ARE different in many ways above body types. Their brains (generally) work differently because they have evolved based on their male and females roles.

You don't need to know why or probably anything more than just that.

You only need to know there's a difference.

Next up...

ALL women have an idea in their head and heart of their perfect man. You'll find lists everywhere of the type of guy they're looking for such as the perfect man survey I had them take:

- Brown eyes.
- Dark brown hair.
- 5'11" to 6'3" height.
- 161 to 180 pounds.
- Perfect Weight to Height body type.
- Casually dressed.
- No Facial Hair.
- Medium hair length with Style.
- Average penis size.
- She'll notice your eyes first.
- Medium skin color.
- College educated.
- Above average intelligence.
- Somewhat athletic.
- Social Skills: Charming & Outgoing.
- A guy who just contributes to her decision making process.
- Financially Stable.
- Not too neat but not too messy either.
- A strong family background.
- You'll date couple months before a commitment AND...
- You'll be slightly older than her.

## Women Reveal Their Perfect Man Based On Her Preferences Alone

Quite the list, isn't it?

Well they are just PREFERENCES.

You'll also notice when you go through the article that on average women chose many difference preferences for each question.

You may also notice that you're NOT that guy entirely. I'm sure he exists although it certainly isn't me BUT that list above means NOTHING when it comes to creating attraction.

Sure, some women will not date a guy who doesn't match up to what she is looking for but that's a choice she has every right to make for herself just the same as you do.

Again – it's her choice.

What she is NOT choosing is whether she FEELS ATTRACTED to you or not.

Which means even if you don't match up to what she "prefers" she can still feel a deep attraction towards you.

**What matters more is HOW you MAKE her FEEL emotionally.**

Done right and her preferences might not change, but she'll be more likely to overlook them or not care.

What she says she wants means nothing and what is listed above is what she says she wants from a guy.

You need to learn to dig deeper.

**What she RESPONDS to is HOW you make her FEEL.**

Let's move on to another list which is in tune with or closer to her emotions or how she wants to FEEL.

**This is taken from step 6 of my Getting A Girlfriend Ebook you can and must read:**

1. The ability to show you care in real ways.
2. Supportive, loyal, and aware of your partner's dreams.
3. Soft and real eye contact with the ability to hold and have conversations while doing it.
4. Mature confidence.
5. Emotional strength in many areas but specifically to not bend to the temptations of other women.
6. Motivation, direction, knowing what you want, what you have, and your values extend beyond materials and superficial goals.
7. Humble sense of humor.
8. Fearless of non-threatening situations.
9. Able and unafraid to show love and affections anywhere.
10. Knowing what you have and appreciating it indefinitely.
11. A hint of mystery.
12. Capable of empathy and putting himself in others shoes and/or caring for those in need.

13. Not afraid of showing raw emotions when necessary within reason and yes not overly emotional.
14. Honor, integrity. A strong sense of character with a touch of chivalry.
15. Defends those who are being treated unfairly under most non-threatening situations and some actual real threatening situations.
16. Able to be himself and not worried about what others think of him.
17. Old school charm which never wavers long after the relationship has started.
18. Honesty with a touch of class.
19. Strong kissing and touching skills which propel a woman's raw emotions and makes her feel loved, wanted, sexy, and heightens her emotions.
20. Ambition.
21. Any kind of intelligence.
22. Ability to make a woman feel safe and protected beyond the physical and sometimes also the physical.
23. Doesn't take life seriously but knows WHEN to be serious.
24. Knowing how to make tough situations easier for those around him and for himself too.
25. A hint of purity and a gentle soul.
26. Predictable and reliable yet a desire to surprise and remember important things.

### [26 Traits Women Find Sexy – How To Become A Sexual Guy Despite Your Looks](#)

Notice how the two lists somewhat cross but also how entirely different

they are at the core.

The second list is what women perceive as a SEXY GUY and you just can not BE that guy unless you make them FEEL your strong sexuality.

You don't have to be good-looking to be sexy which means when she feels like you're sexy guy – she's accessing her emotional RESPONSE to you and not her "logical" list of what she "prefers" in a guy.

Remember when she's telling you the characteristics of the right guy for her – she's accessing a different part of her brain.

She's giving you a list which is normally the same for people in general and it's things you would expect.

Think about it – what women will tell you she wants a nasty guy who will treat her like shit.

You need to understand the difference.

If someone asked YOU what you wanted from a woman – you'd list out what you're looking for and it's highly doubtful you will say things like: Selfish, mean, unemotional, or rude.

You have a list very similar to hers and it will be more about what you prefer as you can see or add to here:

[20 Question & Answer Survey Designed To Show A Guy's Perfect Woman.](#)

Again – it's what you prefer but what you truly RESPOND to will ALWAYS (unless you're "that" type of guy) come down to HOW a woman makes you FEEL.

The same goes for women!

Let's continue...

## **HOW do you decode, decipher, determine, or figure out what women are really saying or responding to when they describing what attracts them?**

Granted, it's not all that easy. It might be for me but this is what I do. That doesn't mean it's not impossible for you to learn and it definitely does not mean you incapable of triggering her feelings towards.

It simply means you must learn HOW to COMMUNICATE your attractive traits women respond to in skillful way that makes them FEEL something for you.

Let's start with some easy ones.

Confidence.

Everyone is aware that confidence for men and women is an attractive trait. Why and more is explained in tip 19 which you'll find below: Why Confidence Is So Attractive to Women, What It Is, & How To Get It Quickly

Simply put – when a woman says she wants a guy with confidence, she's more or less saying she wants a self-assured guy who believes in himself. Now think...

HOW does that make her feel because again, that's more important?

*“Confidence is obviously attractive because just by being confident and real about it, you INSPIRE OTHERS to FEEL CONFIDENT in you, and in themselves too.”*

You're inspiring her confidence in you and in herself too.

You're passing along your strengths to her. Not that she couldn't have them for herself BUT that it adds to her feelings of confidence in you.

Mind you – the confidence thing is a BIG one.

Let's go for another one.

When a woman says she wants a guy who is funny, above her preference how does that type of guy make her feel?

If you can make her genuinely laugh with her... you make her feel happy. If you feels you don't take life so seriously you must be easy to get along with.

*"It's what lies beneath the type of humor or what it says to women that creates the attraction."*

Humor, done the right way is often a sign of wit, intelligence, charm, and requires the person to see life differently.

So in way one you're showing her indirectly the type of guy you are and at the same time you're making her SMILE and FEEL good.

That one was an easy one BUT so many guys get it wrong and think they only have to make her laugh to create attraction which is why it's covered here.

OTHER things must be in place too and you need to use the right type of humor which displays other attractive qualities that women emotionally respond to.

This next one is a tough one because it's often misunderstood.

I'm going to another expert to explain it better to you.

What is a woman really saying when she say's she wants a man to protect her?

How does it relate to how you make her FEEL?

*“Look closely at the language a woman uses when she expresses the sentiment of being protected.*

*Most of the time women are talking about very similar desires and it goes MUCH deeper than mere physical protection from outside influences.*

*Women are talking about a more general feeling of “safety” here. They don’t want a “goon” who can beat up people for her, they want to be safe at all times, and in every situation.*

### [What She Really Means When She Says, I Want A Man To Protect Me](#)

Notice the “feeling” part.

Try it yourself with anything a woman tells you she “wants” in a guy and you’ll see how it all relates to HOW you make her feel.

The process is simple and once you do it a few times you’ll get it AND you’ll see how they’re all connected or go back to similar feelings.

Try it the other way and you’ll prove it even further. You’ll find some great examples when you do it with guys who normally have a overly negative effect.

*“Why in the world most guys think they have to treat a woman like shit (or be a jerk) to make a woman feel all sorts of emotions or where this faulty knowledge came about is beyond me; and I don’t care to explore why it’s there.*

*Women are literally FILLED with hundreds of emotions everyday of their life. What they experience in a day normally takes you a decade to go through.*

*This means giving her the “ride” of her life is not at all that difficult (honestly she’s going to take care of most if herself anyway) AND who’s to say they must be negative because they don’t!*

*Don’t think negative. Think POSITIVE.*

*Make her laugh. Boom! There’s one emotion. Make her cry over a sad story or*

*something you can both empathize together over. There you go. That's another emotion you can check off.*

*My point is to get her to FEEL SOMETHING when she's with you.*

*Excitement. Happiness. Inspiration. Thoughtfulness. SEXUALITY. ANYTHING!"*

### [Survey – Why Women Are Attracted To Jerks & Bad Boys, How Nice Guy Can Do It Too](#)

In this next post you'll be shown how to take any bad boy, jerk, or player behavior that seems to attract women or make them feel something, how to strip out the negative parts, and make her FEEL the same thing without having to become one of those guys.

It's pretty cool stuff.

*"Did you know you can actually take the qualities of a jerk and use them to attract girls – WITHOUT turning into a jerk yourself?"*

*Yes. Today you will learn HOW to use your BRAIN to create attraction BETTER than the jerks, bad boys, or assholes of the world."*

### [Four Steps on How To Use Jerk or Bad Boy Traits to Attract Girls Nicely](#)

Now...

You're much closer to understanding the difference between what a woman SAYS she wants and HOW she RESPONDS to HOW you make her feel.

Knowing all that – here's the counter intuitive part where most nice guy fail almost every time.

They learn, know, or think they know what a woman wants and then they try to give it her – which if you're struggling with women should

only prove to you it does NOT work.

You don't give her what you think she wants – you stir her emotions, invoke certain feelings which engage her “instinctual reaction” through her female mind which in turn reinforces her thoughts of reality.

Yes, I know that sounds complicated but it's not and it's much easier than ever trying to buy, talk, or convince her to feel something for you.

**The lists above ARE important BUT as you go through them – THINK and ask these important questions:**

- What feeling does it relate to?
- What emotional connection is she making with it?
- How, and what can you do to make her FEEL it?

Knowing those questions alone and how to make it happen is a critical key to success in triggering ATTRACTION in ANY woman.

You'll also see how you being nice is not a feeling which is why it does not create attraction as noted in your first lesson: *Being Nice Has Little or Nothing to Do with Attraction.*

The great news is: A lot of those items on the list are normally attained internally through you. You don't have to TRY to invoke them.

Just by being that person and allowing her to come to her own conclusions is how the attraction is created.

Please read the quote below.

*“If you want a woman to think of you as a “lover”, then BE ONE.*

*If you want her to think of you as a provider, then just BE ONE.*

*What you haven't quite realized fully yet is that when you know how to trigger ATTRACTION in a woman, all the “normal” rules go away.*

*If a woman feels that powerful emotional ATTRACTION for you, then she'll do ANYTHING with you... just to be in your presence and have your attention.*

*If you have dialed up the ATTRACTION, then all you need to say is "come over here".*

### What Women Want In A Man

One of the most important KEY word above is BE.

Just BE the guy who naturally creates attraction and you can quite literally do whatever the hell you want. (The good and the bad.)

BUT since you're a nice guy (sorry now you're a good guy as explained in the above: You Want To Attract Her? Start By Changing How You Define Being Nice) you probably won't ever be BAD for her.

When you ARE or become that guy the last piece of the puzzle only requires you to COMMUNICATE to women.

Something happens, or the attraction is acted on or "amped up" in a few ways but the most common is how you communicate those traits to her.

You communicate to her through your body language, your words, how you live your life, how you socialize, your actions and reactions – directly or indirectly... that's how she connects her emotions to YOU.

That's how you make her FEEL something and she will connect those feelings to YOU.

**You don't just pretend or tell her you're a confident guy.**

Imagine a woman walks up to you and says,

*"Hey, I'm an attractive woman. You must feel attracted to me."*

Wouldn't work, would it?

If you found her attractive, you would. If you didn't, her just telling you wouldn't make any difference in how you felt at all.

You don't TRY to be a funny guy thinking it will work.

You BECOME or just BE a funny guy and communicate that to her in a way she responds or FEELS good about you.

You don't TRY to act all mysterious because you think that's what all women want or say they want – you COMMUNICATE to her in a way which first doesn't reveal everything and second, encourages her to want to know more about you, and third; challenges her desires to know more about you.

You can now see how playing games or following some stupid rules doesn't work or is certainly not as effective as just BEING.

In conclusion...

We all have lists. We all have preferences. And sure some will turn you down because of that choice just the same as you might turn some women down because you might prefer something else.

But...

Attraction is not a choice.

It's a gut feeling. A reaction.

Giving a woman what you think she wants when it doesn't invoke some sort of feelings does NOT create attraction at all.

**Get this Ebook:** [Attraction Isn't A Choice](#) and you'll learn for a more then

generous price and guarantee HOW to create it and get her to FEEL what she needs to feel.

Download it and read it over and over until every piece of information sinks into your brain.

Remember, you can not think like a woman. Your difference are obvious and they go well beyond outward appearance.

Thinking like a man or trying to logically give a woman what you think she wants does NOT work.

What does work is...

**HOW you MAKE her FEEL emotionally. What she RESPONDS to is HOW you make her FEEL.**

Focus on creating feelings.

You want to triggers those feelings then figure out what they are, integrate the traits which stimulate them, BE that guy – and then learn how to COMMUNICATE them to women...

And you will fully UNDERSTAND and GET...

**What women WANT!**

That is exactly how a good nice guy like you will SUCCEED in dating, attraction, and any relationship you choose to get in.

**#14. Stuck In The Friends Zone With A Girl You Love? Here's How to Get Out!**

The friends zone SUCKS! Every guy who has ever been STUCK in it knows that all too well. It's painful and it feels like a suffering that will

never end.

It feel inescapable. Trying to get out or escape is like quick sand. The harder you try – the more you struggle – the deeper you get sucked in.

Once you're in it and are able to at least move past it with one girl – another one comes along and takes her place.

It's a never-ending affliction.

The HARD truth is about the friends zone most “nice guys” don't understand or will not accept is that most of the time – she's doesn't put you in it – YOU put YOURSELF in it!

Which is good and bad. Bad because it's hard to admit and it sucks being in it but GOOD because it means YOU have all the power and control to change it, escape it, stop it from ever happening again...

As long as you are 100% objective about your situation AND are willing to make the right changes and take the necessary steps.

Which also means ACCEPTING that sometimes, more than not, you will NEVER turn that friend of yours into something more.

Escaping the friends zone with one girl is NOT always a game you can win.

Think about where your relationship with her is really going.

Do you believe some magic fairy's going to come down and make her so madly in love with you – she'll risk the friendship over it when she's not even attracted to you?

Yes – this is hardcore news but it must be said.

Move on as quickly as you can or DO something about it IMMEDIATELY.

If you continue to live the same pattern over and over again, it WILL happen to you constantly and trust me, it doesn't get any less painful.

Besides – while you're deep in it from one woman to the next, lots of great AVAILABLE and women who ARE attracted to you will pass you by without you even noticing them.

It's the classic double edge sword.

The list below are friends zone traps or common situations nice guys find themselves in.

Answering any of them with a yes means you have a "friends zone" PROBLEM.

If it describes your current relationships with women and any particular girl right now – this definitely means you have a friends zone problem and it needs to stop happening now.

Here they are...

You do the same thing over and over again with every woman hoping things will change, but the outcomes usually leaves you worse off than you were before.

You've confessed or have told a woman you love her HOPING she'll suddenly start liking you back.

You have or are constantly doing things for your "friend" and are always there for her hoping one day you will finally win her over.

You've seen and probably met the guys she dates. She even tells you about them AND you believe you're better than them because you're a nice guy and they don't know how to treat her like you would.

You believe she's choosing not to feel something for you and if you could just "change" her mind – everything will work out between you and her.

You always find yourself becoming friends with a woman first and then trying to turn it sexual. Has it worked before? What makes you think it will work now or at anytime WHEN there's no sexual dynamics in the beginning?

You're ALWAYS there for her or any woman you're in "love" with and that happens every time BEFORE you've been intimate in any way.

Does it feel like she (or other women who has friended you) treats you differently than other guys so you assume a part of her "likes" you?

Do you actually believe you can eventually talk her into liking you as if you're trying to win a debate?

Are you attempting to or have you masked your true intentions with her for whatever your reasons are AND because you think she's special?

If you're still not sure whether you're in the friends zone or not then please read this: [10 Clear Signs She Has Put You In Her Friends Zone & Does She Like You?](#)

You should have a good idea by the time you're done. In fact it's filled with great ideas and links to explore which can be very helpful for you too.

Now I'm not going to tell you a bunch of lies and make you believe you can turn that "one" girl you love so much into a lover – but I personally have seen it happen so I know for a fact it IS possible.

But it's a delicate operation with lots of RISK of losing your friendship with her and NEVER getting it back again.

You must be determined to make some MAJOR CHANGES in your life

and how you interact with women.

You must also be ready to FAIL and admit it so you can move on to someone else while at the same time avoiding the mistakes you made in the past.

Here's my plan and trust when I say I'm an expert on the friends zone, I mean it.

I've spent over a decade, yes ten stinking years going from one friends zone to another BUT thanks to a lot of hard work and some good friends, alone with the RIGHT advice – my ESCAPE was inevitable and yours will be too.

## **3 Steps to Escape and/or Eliminate Being or Getting in the Friends Zone.**

### **THE FIRST STEP: DISTRACTION.**

Distract yourself from women so your life no longer revolves around “getting” them.

Focus on yourself first.

Start by giving yourself a new look: [How To Make A Great Impression On Her – 12 Things Women Look For In A Guy](#)

Increase or build your confidence and strengthen your self- esteem from within:

[Why Confidence Is So Attractive to Women, What It Is, & How To Get It Quickly](#)

Give UP trying to control things which you have no right to control.

This will give you all the distraction you'll need today: [Develop Social Life, Involved, Give Something Women Do Want](#)

The purpose or point of this step is to DISTRACT yourself from the source of your problem or pain. To build your confidence, change yourself a little from the inside and out.

This step is ALL about YOU!

Keep doing the things you love unless they revolve around women.

## **STEP TWO: STUDY & LEARN ABOUT ATTRACTION.**

Learn how attraction is naturally created, why it happens, and how step 1 makes you more attractive just by going through the step of distraction.

Study attraction and how it's triggered through communication skills and indirectly through the person you are AND how you communicate yourself to others including men and women.

Get this ebook right now and read it 3 times: [Attraction Isn't A Choice Ebook Special Offer.](#)

*ATTRACTION isn't a choice. It's an emotional reaction.*

*ATTRACTION is nature's way of taking over our minds and bodies long enough to make sure that we mate with someone with the best possible genes.*

*Attraction isn't concerned with you, her, or love. It's evolved over a long period of time, and it has a purpose that is very important.*

*ATTRACTION isn't logical, in the sense that it isn't created by things that "should" create it.*

Yes, I know – you have to spend money. Well it's a very small price for the knowledge you will learn and it will not only teach you about attraction, it WILL and IS a absolutely necessary step for escaping or eliminating the friends zone.

I would have not escaped it myself without first reading it and putting into practice what it teaches.

And come on – it's no more expensive than a good meal, a half a tank of gas, half the cost of a video game, it's already discounted, you can be reading it within minutes of downloading it, you can put it in practice today, yes, it works that quick.

This step is here and important because IF you're always in the friends zone – you do NOT understand attraction or HOW to CREATE or TRIGGER IT.

Now that you've focused on yourself, BEFORE you can move to the next step, you must be PREPARED for it. This is the prep-work you NEED to do or else it will NOT WORK.

Enough said – so let's move on.

### **STEP 3: The RE-INTRODUCTION PHASE:**

The last and final step is to Re-introduce your NEW self to women or the one girl you want out of the friends zone.

For it to work you must COMMUNICATE to her differently. She must sense a change in you. You must also start doing DIFFERENT things with her.

This is the “do or die” step BUT if it doesn't work on a girl you're friends with and it all comes crashing down, you're almost guaranteed to NEVER be in a woman's friends zone again IF you've followed the first two steps

as best you can. (Unless it's YOUR choice and not hers.)

If not – do it again. You're only preparing for success.

Remember – you can't always succeed with one woman but you can build or gain success from here on out.

You've built an attractive lifestyle. You will be meeting more women. You will have a new bold confidence. You will be communicating to them in an attractive way.

Do the first two right and this steps happens NATURALLY.

This post I wrote will help you SHOW, not tell your friend how you feel and help you RE-INTRODUCE your new self to her: [How To Tell A Girl You Want To Be More Than Friends](#).

Here are some more helpful links from some “guest experts” at DiaLteG™ to help you in this step.

- [A Friend Into A Lover, She's Not Ready for a Serious Relationship](#)
- [The Secret To Turning Your Friend Into A Girlfriend](#)
- [Using Jealousy Might Turn Your Friend Into A Girlfriend](#)
- [Using RF & Turn A Friend To Your LOVER, How To Spark Attraction](#)

These were taken or borrowed and published from this online course you can pick up for yourself if you feel it's necessary AND you want every available tip, tool, or “trick” at your disposal:

[Click here to pick it up and start turning your friend into your lover.](#)

- The blueprint and step-by-step action plan for turning a friend into a girlfriend and her to choose YOU over any other guy that tries to compete.
- How to subconsciously shift a woman's attraction to YOU and make her want YOU even if she's ALREADY attracted or going “dreamy eyed” over another guy.

- The “magic” words you MUST say if she says “no” that will shock her, get her to re-think, change her mind and start “feeling it” for you.
- How to completely ‘transform’ your entire image in her mind from being a ‘safe’, non-threatening, ‘friend’ into that of a ‘sexy’, ‘manly’ and ‘in-demand” MAN women can’t seem to get ‘enough’ of.
- What are the “giveaway” GREEN LIGHT Signals of Interest women send out that they want you more than just a friend and to make the first move more as a friend.

This is the FIRST and ONLY program of its kind EVER created and it can be all yours in just a few minutes:

[Friend to Girlfriend Secrets – The Ultimate Guide To Turning A Friend Into A lover](#)

Time for the conclusion of today’s nice guy tip on the friends zone...

Yes, being in the friends zone SUCKS! It’s unfortunate that one common problem nice guys have is that they’re far more likely to get in it.

BUT it doesn’t have to be that way because...

**Women don’t put you in the friends zone – you put YOURSELF in it** which also means you have every bit of control to either get out or never get in it ever again.

Escape is possible but it’s not probable. It’s mostly better to admit it, learn the skills to stop it from happening again, and to just move on.

Don’t let getting stuck on one woman you think is the one ruin your life and make you miserable. While you’re stuck on her, lots of available women you ARE attracted to you and you can get them to FEEL attracted to you will pass you by without you even knowing it.

Those are opportunities for your happiness you’re letting slip by you everyday.

I am not a self-proclaimed expert on the friends one – I was stuck in it for so many years the only choice I had was to make sure it NEVER happened to me again.

And I won!

Hope you can too starting with this tip and advice and ending with your happiness with a woman you've only to now dreamed about getting or being with.

One last read for you to help you determine whether you can get out with one [She Isn't Attracted to You! Should You Try Getting Out Of Her Friends Zone?](#)

## **#15. How & Why Your Body Language Communicates Attraction To Women – Learn To Control It.**

You may not be aware of it but you're body language is a "tell." It's a give away to who you are, how much you believe in yourself, how attractive you feel, how healthy you are, how in shape you are, what type of job you might have, and more.

You also naturally react and respond to other's people body language depending on a few things which are not important just yet.

This subsequently means OTHERS, including women, respond or react to YOUR body language.

These last parts you may not be aware of are very important to creating or triggering INSTANT attraction in a woman:

A lot of the responses or reactions you get happen subconsciously.

Much of your body language also happens subconsciously.

Women are NOT inherently BETTER at decoding or reading another person's body language quicker than a man.

Women (as the finding below suggests) are better at reading negative or neutral body language and men are better at reading happier language.

*"This effect, however, is modulated by emotional content of actions: males surpass in recognition accuracy of happy actions, whereas females tend to excel in recognition of hostile angry knocking. Advantage of women in recognition accuracy of neutral actions suggests that females are better tuned to the lack of emotional content in body actions. The study provides novel insights into understanding of gender effects in body language reading, and helps to shed light on gender vulnerability to neuropsychiatric and neurodevelopmental impairments in visual social cognition."*

### Gender Affects Body Language Reading

Granted it was a limited study. My research was also cut short on my failure to find any reasonable proof that women are better than men in reading body language but women tend to excel over men in reading static facial expressions.

This leads me to conclude something rather amazing and beneficial to attracting women.

When you present negative body language, women will see it and respond to it more emotionally (so to speak) than positive body language.

Which in turn says...

It may not be as important to assure your body language is taken care of, although it will help a lot, but displaying or having negative body language can stop her from feeling attracted to you.

In other words:

Get your body language under as much control as you can because she'll read the negative parts quicker than the good parts.

So...

Much of what you communicate to others is through your body language and that includes what you're saying making it an even more important area to study, learn, and practice IF you want to attract women.

The better skilled or equipped another has at reading what your body is saying, the less you can hide which includes low self-confidence, worth, value, health, experience and self-esteem.

Luckily – being nice once again has little to do with it.

No matter how nice you are or believe your niceness is stopping you from attracting women, displaying attractive body language is well within your ability as a guy and...

It's something you can get better at quite easily with a few simple tricks or by taking care of yourself and paying close attention to how you move AND you can also learn it by watching guys who are naturally good with women and mirroring them at a later time.

Remember above:

Women respond or react to your body language which gives you lots of opportunities to lead them to where you want and make them FEEL good just being around you which often leads to feeling attracted to you... Even if purely by sight alone from a distance.

Today's tip is to let you know or to remind you this is such an easy part of your life which you have COMPLETE CONTROL of because it has

everything to do with you, your mindset, and your drive/ability to exercise and create comfort for yourself.

AND...

Once it's done you just have to maintain it at your own pace.

Once it's done your confidence will never have to be shown or played, women will accept it as a reality.

Once it's done you only need to enjoy the benefits of perhaps better health, more energy, and a fearless attitude around women.

Here are some facts about women and not theories...

They are naturally attracted to men who appear healthy and have a seemingly never-ending amount of energy.

They are naturally attracted to men who display "animalistic" movements which are free-flowing and free from stress.

Don't confuse this tip with turning yourself into a muscle bound man.

Lifting weights is optional but exercising is not. Cardio, for those of you who can maintain is also part of it.

I'm saying a little goes a long way and you DO NOT have to destroy your muscles or joints in the process.

Here are some quotes which will help you with your body language alone with some great tips to follow:

John Alexander – known for his ability to teach guys how to attract women and writer of the book, *"How To Become An Alpha Male"* once wrote this:

*“Watch a man with high status—Brad Pitt, George Clooney, or the CEO where you work—and you’ll notice that he moves differently than the rest of us. He gives off vibes that he is hot stuff, and because of that, women get soaking wet over him.”*

### [The Number One Secret Behind the Alpha Male’s Body Language](#)

Slade Slaw – Creator of Fireworks with Females and the [Make Her Crave You Video](#) – wrote this....

*“The good news is that your less-than-perfect body is VERY much capable of attracting hordes of gorgeous women.*

*Even rock stars who dress like they crawled out of a dumpster are able to draw women like moths to a flame. Well, maybe they’re a freak exception because of the baked-in charm that comes with being in a band.”*

### [Tips For Getting And Keeping The Body Women Love](#)

Elena Solomon – who you might not know but she’s quite intuitive and very smart (and beautiful), never fails to mention how your body language affects your attractiveness...

*“Which means that if you display the ‘open’ body language, you will be irresistibly attractive. They won’t know why but feel drawn to you. People usually describe it as, “You have something special about you”, or “a presence”.*

*If you start consciously ‘open’ yourself to other people, you will notice the change in your communication almost immediately. Open body language makes you appear more approachable and trustworthy. It will also make you feel more comfortable and relaxed in any situation.*

*Remember, your body language tells MORE about you than your words. Use it to your advantage!”*

### [What Is Body Language? 4 Tips On Communicating With Your Body](#)

[Carlos Xuma](#) is a guy who teaches extensive inner game, conversational ability, approaching, sexual confidence, etc... and even he never fails to mention how important it is to lead her with your own body language...

*“She wants a man who can take charge and confidently LEAD her to the place she wants to go.*

*This means that if you’re too hung up on reading body language and watching for signals, you’ll miss the real opportunity – which is to LEAD her with your own body language.*

*You see, if you’re waiting for signals to appear, you’re not creating the kind of initiative that makes a woman feel attracted to you. In fact, you’re at risk of looking socially reactive.*

*That fancy little term just means that you’re reacting to what people do instead of just doing what it is you’re going to do. It ends up looking like you need permission to take action.*

*This doesn’t inspire confidence in you from the woman’s point of view.”*

### [The Biggest Mistake Guys Make Reading Body Language](#)

Moving on...

When I first realized how bad or unattractive my body language was, I set out to solve the problem as quickly as possible.

I was going through lots of [David DeAngelo’s material](#) and took his advice.

I bought a colorful book which wasn’t very helpful but it did show me how to read the language and clued me in on some things I was doing wrong or how I was sending out the wrong signals to women.

You won’t need to buy a book – just check out this web page for everything. It’s the best I’ve found that was closest to the book I read: [Body Language](#).

He also told me to do what he did at first –**WATCH and pay close attention to the body language and facial mannerisms and expressions of men who were good with women.**

The more I noticed the easier I was able to practice what they were doing.

I started paying extreme to attention to how I walked, how I was sitting, how I talked and the facial expressions I was making while doing it all (watched myself in the mirror talking to myself) and started comparing everything I was doing to those guys I watched.

It certainly helped a lot but it was a very slow process.

I think just becoming aware of my body and what it was doing was the most helpful.

David then introduced me to Rob Brinded he developed an exercise routine to free up your body which will give you the ability to display and project strong sexual body language.

Loved it all and still use his exercise about 5 years later.

Rob has since moved on and sold his material to another guy who took it even further and came out with: [The Walking Code](#).

The rest is not important but what IS important is what a POSITIVE difference it made when it came to interacting, attracting, and getting noticed by women.

Some of my findings after all those years were written and re-written in this article that you must check out when you get a chance: [What Parts Of A Man's Body Instinctively Attracts Women?](#)

Moving on once more...

Body language IS communication and attracting women is so much about how you communicate it's a very important piece to get handled.

Your mind and your body work together so as you're building confidence and learning skills your body will respond appropriately.

You'll definitely want to give yourself more than a great start and cut your learning time down a lot.

Here's something I wish I had when I was going through all this but it just wasn't out yet:

[Click here to learn How To Get Women To Notice You, Feel Attracted To You And Start Approaching You... Without Saying A Word!](#)

*"Developing a mastery of body language is CRITICAL to success with women. Without it, EVERYTHING ELSE you do is meaningless.*

*If A Woman Likes How She Feels When She Meets You... It Doesn't Matter What You Say."*

[Click Here & Watch Body Language Online Right Now!](#)

In conclusion...

Your body, how you walk, how you talk, your facial mannerisms, how you hold yourself, and how others (including women) respond or react to you is easily controlled by YOU.

Eliminate any negative posturing, nervous ticks, anxious looks and shuffling, and closed-off body language and you'll find a more positive reaction to you, up to and including, if it's what you wish to achieve, a STRONG SEXUAL attraction.

You can TRY and fake it for a while. It will work a little BUT it's just best to find ways so it happens naturally for you.

Don't dismiss how you communicate with your body – much of how others perceive, respond, and follow you or not has EVERYTHING to do with it.

**You do NOT have to become a body language expert. Just get it under YOUR control the best you can.**

Try to stay away from reading into her body language and just CREATE it through yours. Others will follow if you present a strong open lead for them to feel comfortable doing.

- Be extremely comfortable and relaxed in your own skin.
- Walk slowly.
- Use calculated movements.
- Speak with purpose and intent.
- Move with purpose and intent.
- Project inner strength and confidence and if you don't have them – work on getting it.
- Relax every muscle in your body and practice relaxation techniques so you can do it any time you need.
- Breathe. Focus on your breath.
- “Stir” the air around you and avoid shaking it. (Yes, that's a James Bond thing.)
- Start paying attention to the body language of guys who are good with women and allow their language to transfer over to you.
- Be open with legs, arms, and hands.
- Take up the space around you and OWN it.
- Blink slower.
- Be always aware of your surroundings.
- Understand how your body language affects others and use it to make them comfortable and relaxed around you.
- Learn what sexual body language is and how to do it yourself so women respond more sexually towards you.
- Exercise EVERY muscle in your body (within reason and within your

capabilities) so you can move with ease and confidence.

Here's the [Walking Code](#) filled with exercises you can start doing to make it all happen naturally for you and to help you become a sexy guy:

*SET THE NON-VERBAL PART OF COMMUNICATION AND ATTRACTION ON AUTO-PILOT*

*You're about to discover nature's most powerfully attractive ways to signal to women that you're the man they crave...all without having to utter a single word.*

*It all starts with how you walk.*

*Women watch you walk all the time and are able to detect every message you are expressing through your movement, even if unconsciously.*

*That means that any assymetry, restrictions or even a negative state of mind are all perceived by women everywhere, all day long.*

*Basically, how you move makes you an open book. But when you carry yourself the right way, women will be naturally attracted to you.*

[Order The Walking Code Right Now - Learn the Quickest & Easiest Way To Attract Women](#)

That should cover this tip so let's move on...

## **#16. What It Means To Live Your Own Life, How to Do it, & Why It Attracts Women.**

What does it really mean to "live your own life", HOW does it make you a more attractive man, AND what does it have to do with attracting women?

Today's tip or lesson in attraction will show you exactly that and more so you can get right on to living your life AND attracting women.

Another typical nice guy problem is that they make women a priority in their lives which go above and beyond normality.

There's nothing wrong with paying the right attention to your wife or girlfriend but when your life tends to revolve around women, getting women, and you're not actually "getting" them – then this becomes a serious problem which needs to be taken care of as soon as possible.

It's reasonable to expect if you're struggling in this area to want it (women) and to want it even more as time goes on.

This becomes a vicious circle. You can't find a girlfriend and trying harder seems to be the only way.

Except trying harder the same thing over and over again when you're not getting results is NOT the answer. Doing so will not help or solve the real issue.

It does not change the fact the single women just don't feel much attraction or date guys who lives revolve around them or women.

Now you have a dilemma...

HOW do you get a girlfriend or date more women without making them a priority?

It only seems logical to assume they will have to be a part of your getting a life if you want to get more of them in it, right?

Well not really.

You CAN make learning HOW to attract women or get more dates a

priority. It's kind of a MUST if you want it to happen.

BUT that's entirely different from making THEM the priority.

Learning the right SKILLS is what you should be focused on.

Otherwise you'll come off as approval seeking, needy, a try-hard, or have women believe you're only into sleeping with as many women as you can and the type of girl you're looking will most likely want nothing to do with you because of that.

AND... you'll be handing over all the power to them.

*"If you are sex-focused, you are—by definition, mind you—HANDING OVER all the power to women. You are putting them in the catbird's seat as far as being the choosers YOU are chasing."*

### Who Chooses and Who Chases Men Or Women?

You MUST find a way to live your own life, follow your own passions, while at the same time working on WHY you've been alone for so long it made you or your mind focus on women way too much.

Whether you're doing it for one girl – hoping you'll get her, doing it for several women, OR doing it to everyone potential single woman you find yourself attracted to – this has to stop immediately.

The secret to solving this problem for you is so simple you're going to kick yourself for missing it.

Ready for it...

**Set up your life so you naturally meet single available women.**

It's a no-brainer, right?

Of course it is, but it's also easy to say it than it is to figure out HOW to do it.

No worries – got you covered.

Follow these steps in my getting a hot girlfriend book and you'll have every available tip and strategy to make it happen for you:

- [STEP 2: Control Your Life Effortlessly, Women Will Want To Be In It](#)
- [STEP3: Develop Social Life, Give Something Women Do Want](#)
- [STEP4: The Benefits Of Becoming Friends With Hotter Women](#)

Find your life – Build a life any woman would want to be a part of – and you will be living your own life.

Balance your time, passions, and goals and then fit women into YOUR life.

Find a balance between your hobbies, your goals, your passions, AND your dating life.

Women do not want the extreme in any case.

If all you care about is getting more women to date, chances are you won't end up with many dates.

If all you care about is your hobbies and this leaves you no time for anything else you won't end up with many dates either.

In every endeavor balance is key to a well-rounded and happy life. Why should your dating life be any different?

*“If you spend all your energy chasing the “uninterested” you will leave very little for learning the powerful concept of how attraction works.”*

[Chasing Women, Being Lonely – How To Stop and Allow Attraction to Work](#)

BE the guy any woman has to work just a little for your attention because you have a life outside them.

This does not mean you have to play games or tricks with her – or follow some stupid useless dating “rules” of contact.

It simply means to ENJOY your life doing the things you love just as much or more than chasing a girl, dreaming about her, or trying to be with her every second of the day because you feel if you don't, she won't like you.

Being scarce while at the same time creating a little attraction makes you a REAL challenge and in turn – makes you VALUABLE to a woman.

**All you have to do is live your life to the fullest and women WILL want to be a part of it.**

This is one of the easiest move a nice guy can do which makes him INSTANTLY more attractive to women.

In conclusion...

You MUST live your own life and be happy doing it so women will want to be a part of it.

Your priorities must be kept in check and balanced.

YOU come first.

Learning the skills that attract women must be balanced in to it.

Set your life up so you naturally meet single women by developing a rich rewarding social life.

Stay away from any extremes.

Women want a guy who is a REAL challenge and is not just “pretending” or playing one:

*“It doesn’t matter if you’re the laziest man or woman on earth EVERYONE is driven in their lives through challenges. This is great news for any guy who wishes to attract more women by challenging them the right way which either creates more attraction or builds on what it already there.”*

### [Top Ten Ways to Challenge Women to Feel Attracted to You](#)

The want a guy who values himself and his life.

STOP the circle immediately.

STOP trying to do the same thing harder and START doing something different which will work for you.

This is what it means to LIVE YOUR OWN LIFE.

THAT will make you a sought out more attractive man.

Living your own life has EVERYTHING to do with attracting women.

## **#17. Big Step In Attracting Women – Stop Blaming Them For Your Problems.**

Everywhere you go you’ll find one or more people bitching about their problems and they’ll always be heard saying, “It’s unfair.” OR how life is not fair.

AND they are the very same people who BLAME others for every problem they have ever had in their life.

That’s fine for them – let them BE that way.

BUT if YOU want to attract women, be an attractive guy, and it feels unfair that you have to LEARN the skills to do it AND you're always blaming women for YOUR problems then it needs to STOP IMMEDIATELY.

There's just not a nice way to say it to you and honestly, after spending half my life thinking and believing the same tired shit,

*"Why can't women just like me for who I am, it's so unfair, why are women this way...?"* – I'm not going to even try being nice about it...

The only person on this entire planet that is fully responsible for YOUR actions, is YOU.

It's not HER problem if she doesn't like you – it's yours.

Which is actually a good thing because whereas you can never change her – you CAN change yourself, your attitude, your belief system, and you CAN erase all the blame from your life.

Take complete responsibility for your role in your life. It's a mature masculine thing to do and guess what... women just happen to be highly attracted to mature masculine men.

Meet your problems head on and solve them. They are your problems and although there are solutions, no one is going to take you by the hand and do the real work for you.

This includes women and attracting them.

Take charge of your life and do it with as little complaining as possible. Complaining gets you nowhere. It's a total waste of time and effort.

You'll only attract more complainers and negative people who will gladly sit around with you bitching about life how unfair it is and things SHOULD be different.

ERASE the word “should” from your vocabulary.

*“There are two “high impact” words which will undoubtedly limit how easily you can trigger attraction...*

*They are “should” and “always.”*

*Think about how many times a day you say them. How many thoughts cross your mind where one of them is lurking.*

*And how often do they mean you’re not doing something or you failed to do something beneficial?*

*Sure we’re talking about attraction but this kind of stuff transcends male-female relationships and reaches out to every part of your life.*

*You “should” have a girlfriend but you “always” meet women that are taken.*

*You “should” have said something to her but it’s “always” the worst possible time to do start a conversation.*

*You “should” be making more money but someone “always” screws you over.”*

[Skinny Chics With Big Ears ALWAYS Have Nice Butts](#)

Way too many nice guys who end up being floor mats because they allow women to walk all over them and end up blaming her for it.

Don’t do it.

If you do not want to be treated badly by anyone, including women, don’t let it happen.

Nice Guy Tip 17 is more than a tip to make you into a more attractive nice guy and to stop all the blaming...

It's also about having complete and total respect for yourself first, so others will respect you the same.

And it just so happens real women will rarely ever date or sleep with a guy they have no respect for at first.

You can not honestly and morally respect yourself or be self-assured when you blame others for something they should never have control over...and that is you.

Blame is a tough word. That I truly understand.

But let's keep this in perspective.

We're talking about YOUR dating life.

YOUR ability to attract.

YOUR views of yourself and how you feel about them.

When it comes to YOU – the things you have absolute control over, you can either take charge of them, take responsibility for them, or you can give others power over you and then blame them for what happens.

Again, it's YOUR choice.

You can also blame yourself and wallow in your own misery but once again that does not solve anything.

It's just best to be responsible for the things you DO have control over, understand mistakes can and will happen, blaming anyone outside or within just becomes a waste of valuable time and energy which can be used to take control over what you can... yourself and the affect you have

on women.

Here's an absolute TRUTH no one can escape...

## **LIFE IS UNFAIR!**

The sooner you accept that concept, the quicker you'll be less likely to blame others or women.

But that doesn't have to be a bad thing.

Fairness is just a moral concept or idea invented to make you FEEL better AND it's used as an excuse when something goes wrong or something doesn't work out in your favor.

It does not exist in life and will only ever cause you to blame others and in turn – make you a less attractive man.

Is it fair to a Gazelle that a Lion needs to hunt it down brutally and eat it to survive... not at all but to the Lion, it's just the way it is. Fair or not – if it wants to survive it must eat.

Now I'm not giving you every reason to believe you can go out and start treating others unfairly while saying, *"Get over it. Life is unfair. If I want something from you – I'll just take it."*

You can still PLAY fair. You can still be one of the good guys. You can still work hard for your things and yourself and feel good about yourself for doing it.

In fact – I recommend it highly but...

You can NOT use the "life is unfair" excuse when things go wrong and it doesn't work out the way you wanted it AND you must NEVER use the

NICE tactics to get others to play nice too.

You see – your life is your own.

So... own up to it. OWN it.

Make it something you enjoy and if you like being good to others... enjoy it for yourself with the understanding in all the unfairness in life – you could give someone everything they want or need and still have them stab in the back for it.

Why?

Because that's their choice, their life, their world and not yours.

Okay... so let's move on.

Women are not your problem.

It's not their fault if you don't have the skills to attract them.

Turn it around.

If some girl is attracted to you and you're not attracted to her – and then she BLAMES YOU for it – how is that any different than you blaming women?

Would it change how you felt about her?

Of course it would – you'd dislike her even more because you know it's not YOUR fault for not feeling something for her. You didn't choose to not feel it – you just don't.

**Nice guys unfortunately like to blame others when things don't work out the way they want them to.**

They feel justified to believe being nice “should” be rewarded.

And in reality, it’s selfish and dishonest!

*“Somewhere in your life, you found out that pleasing people is a way to get other people to like you and admire you so you can feel good about yourself.*

*Whether it was the acclaim of your parents, or the acceptance of your friends, somewhere in your time on this planet YOU LEARNED to feel good based on what other people think of you.*

*But I’m here to tell you that using other people’s feelings and goodwill like that is not only harmful, but dishonest!”*

### [Do You Suffer From the Nice Guy Syndrome? Damaging Your Self Respect](#)

Remember these things today and you will be that much closer to being an attractive “good” guy.

Stop using excuses, stop blaming others, take responsibility for YOUR life, YOUR actions, and if something is not working – STOP doing it and try something different.

If you’re having problems attracting girls – objectify and learn the right skills that DO create attraction.

Blaming them won’t work. It hasn’t worked for you yet -what makes you think it will all of a sudden start working tomorrow.

Trust it’s complete within YOUR power and YOUR control to make ANYTHING happen for you.

The world or universe does NOT owe you anything whether you’re nice or not just because you believe it or want it to be true.

YOU owe it to yourself.

When you're ready to accept the concepts that life is unfair, blaming others won't help you or solve any problem you have...

When you're ready to start doing things differently and start learning the skills that CREATE ATTRACTION...

When you're ready to accept responsibility in your life...

Then you're ready for:

The exact steps and specific directions to help you become more successful with women and dating – and you don't have to be rich or handsome to do it.

### [Double Your Dating Ebook Special](#)

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It only takes some new skills and a complete understanding of how attraction works for women.

### [Attraction Isn't A Choice Ebook Special](#)

ATTRACTION is nature's way of taking over our minds and bodies long enough to make sure that we mate with someone with the best possible genes.

Attraction isn't concerned with you, her, or love. It's evolved over a loooong period of time, and it has a purpose that is very important.

ATTRACTION isn't logical, in the sense that it isn't created by things that "should" create it.

Buying women dinner and gifts, giving lots of compliments when you first meet a woman, and kissing up to women to get their approval are examples of "logical" things that SHOULD create attraction... but the truth is, they don't.

When you understand how attraction works, you begin to see that it has a "logic" all its own.

If you really want to understand, once and for all, how attractions really works... check out:

### [Attraction Isn't A Choice RISK FREE today.](#)

These ideas didn't just come to me one day – I learned them the hard way. I blamed all my problems on others for years.

Trust I was right there with you and have since learned to move onto bigger and better things with a new fresh mindset.

It's completely within your ability and skill to get this handled.

## **#18. How & Why You Must Give The Women You Are Attracted To... Space.**

One rule of attraction implicitly states, when we chase those we are attracted to, they will run quicker than Forest Gump on steroids.

We are designed as humans to do one of two things when we are being chased: Fight or Flee. One of those two things will happen because when someone or something is coming after us... it can be a real and very frightening situation.

Not giving a woman space – smothering her – being needy and constantly seeking approval – unfortunately to a woman FEELS like she's being chased.

Her reaction then will either be to FLEE or FIGHT. In the dating world fleeing is obvious, you'll push her away and/or you'll break up. Fight is something different but I've found when there's little or no attraction – fighting usually means a nasty rejection because she can not take it anymore.

That explanation alone may not give you enough of a push to give a woman space so let's continue.

My guess is one of several things are happening to you which caused you to search for an answer to your “space” problem. Maybe it's one of these reasons listed below:

- You're in a relationship and she's tells you she needs her space. Now

you're wondering how to get her back.

- You've entered a few relationships and you got too close too quick which has caused the last breakup or possibly the few before it. You're wondering how to stop this pattern from happening again.
- You don't understand how giving a woman space can increase her feelings for you. It doesn't make logical space to step away from her and it will work out for the better.
- You're a nice guy who tends to get a little needy with women and you're looking to erase that trait because it's ruining or stopping your dating life entirely.
- You suffer from what is commonly called a "sense of urgency" when you first meet or interact with a girl. It feels like if you're not constantly pushing it or doing something to be with her – she'll wind up with another guy OR if you're already involved with her, she'll cheat on you.

We can start with the first one...

You're in a relationship and she told you she needs some space.

Sorry to hear that and there are many reasons why this happens to a couple.

**#1. You can get physical too quickly.** Sleeping together after a meeting or two and the sex was so great, BOTH of you couldn't get enough of it. But as always the case, one of you eventually backs away out of fear or realizing you're letting your responsibilities take a back seat and it's hurting your personal life.

In this case SPACE is a good (often advisable) thing because unfortunately too much chemistry and going non-stop like this is NOT a good start if you're looking for a relationship. If you're not looking for one – then space is even better because at some point it will turn into a relationship before either one of you are ready.

**#2. It can become a case of instant boyfriend and girlfriend.** This happens when you meet, spend lots of time together, and suddenly you're a couple without either one of you actually saying they were committed to it. Making for an awkward situation. This differs from the first one because normally there's little or no sex.

In this case SPACE again is a very good thing and must happen because without any clear indication or declaration that a commitment is agreed upon, you'll soon start questioning what is happening taking away from the real fun part of being together.

If you're the type of guy who finds himself in this situation even one time, it's too often. If the right amount of space is not given early on OR there's no clear indication or definition of what it happening – the relationship will tend to crumble and become something else.

Next example – very common for the nice guy and for women too...

**#3. ONE of you becomes too needy and clingy** after the initial spark which makes the other begin to feel smothered. Sometime soon one of you just snaps and screams at the other – *“You need to give me my freaking space.”*

Number 3 is a clear indication that SPACE must happen and it's also a clear sign that you or her might be having security issues. You might become jealous easily. You might feel you're always on the edge of losing your partner.

Take the time necessary to work on your personal issues of self-esteem and you will naturally create the right amount of space.

Did you notice there's a few commonalities in all of them?

In reality they are ALL very similar and you can see one of two things are happening on your end.

**#1: You showed her quickly you're needy and/or clingy.** You smothered her. You didn't give enough space or time between the interactions. You acted from a place of scarcity. You felt like you had to have her now. You imagined another guy would come along and snatch her up if you didn't act quickly.

OR...

**#2. Too much chemistry too quickly.** The fire burned hot and bright and the life you had before you met took a back seat. Whether it was all sex or just lots of dating and intimacy doesn't matter. Your time together progressed so quickly you didn't have any time to think about the consequences.

Almost like you didn't have any time to think about it making it feel like you lost control. Now you're worried where it's going and whether you made the right or wrong decision.

No matter which one happened to you there are clear solutions to this "space" problem and they are not all easy but let's continue to the next one – because just like the last they are ALL connected.

Your last relationship or past experience with women ended badly because of this space issue – and you want to stop the pattern from happening again.

Good for you! The past is the past and now you're ready to make some changes. Giving a woman the right amount of space is a good thing for you, and even better for the attraction.

Of course there's a balance which is needed. Disappear for too long and she could move on. Especially if there wasn't much attraction going on. Give her too little space and you're back to the same old problem.

I'm going to tell you right away so you understand. I encounter lots of

women seeking advice about men and one of the most common theme is always...

*“Why did he disappear? Why does he seem hot and cold? Why does he ignore me? Why does it seem like he’s into me one minute and gone the next?”*

You can see that IF there’s a considerable amount of attraction and interest and time invested it’s highly unlikely she’ll move on that quickly. Sure some will out of spite but we can not do anything about that, it’s HER decision.

The key component here is to: Give her a real reason to miss you (attraction and a little attention) and allow the space to happen naturally and the feelings will grow.

### **Here are some quick tips you can use:**

- If this is a serious problem, STOP casually dating one woman at a time. Spread out the dates. When you meet a woman you like, find another quickly like her and spread it out.
- In your desperate times, when you feel like you have to contact her, go do something else to occupy your time. Make it a plan to stop it before it happens.
- If you know certain times or days are your weak point, be pro-active and turn off your phone or get away from it until those feelings disappear.
- Be busy, stay busy. Always fill your time up doing things you love without her and enjoy it.
- Restrict how often you or call this one to at least half or more than you have in the past.
- Weird but worked for me – START A JOURNAL. When you feel like talking to her or seeing her write it down. Keep writing until you get it all out of your system. This one worked amazingly well for me.

- When it's "crunch" time and you just can not resist – IMMEDIATELY imagine every needy clingy woman you want nothing to do with and how they made you feel. Let those feelings seep in and you should snap out of it very easily.

- Keep telling yourself this: Sexual tension and attraction NEED space to happen. Anticipation is a good thing. It's hard to miss something when it's available 24/7.

Those tips work in a lot of situations.

Stopping the pattern from happening again can also be simply a matter of :

- Distraction.** Doing other things you love which keep you busy which is physical and demanding and tires you out.

- Education.** Keeping your mind occupied by learning something new. Find something which engages and preoccupies your mind leaving less room for thinking about anything else.

- Not investing so much time and effort into one woman.** Spread it out. Don't go all out on one woman. Find many to casually date.

Next up... for those of you who don't believe giving a woman space is the smart or right thing to do... OR...

You don't fully believe how giving a woman space can increase her feelings for you.

Imagine for a minute the most enjoyable thing you have in your life. It could be anything from food to gaming to binge watching to sadly so in some of my years – getting drunk with your family and friends.

Got something in your head? Cool.

Now imagine that's ALL you have and you continually do it indefinitely.

Hey I understand some of you might enjoy it. It would be fun for a while. BUT sooner or later the thrill is gone. Like a drug you'll build up a tolerance for it and the enjoyment will disappear.

So what can you do to bring it back? Yep, you guessed it... TAKE A BREAK from it. Give it a rest. Allow some space and time between you and IT before you absolutely HATE doing it. (Because nothing sucks worse than turning something you love doing into something you hate doing.)

You know what ATTRACTION is, right? It's a deep emotional trigger which happens all by itself. You can convince yourself or talk yourself into FEELING something (in reality). It's an emotion which can be very addicting.

Which also means getting too much of it – sort of ruins it because you become used to it.

Now I'm not saying getting married or being in a relationship long-term the attraction will eventually disappear, it can happen, but you MUST ADMIT leering at a girl without ever touching her can make the attraction last a lot longer than being able to sleep with her whenever you want OR knowing you'll be with her the rest of your life.

The same goes for women and you.

Giving her too much too quick can easily lessen the effect. With no room to grow it becomes stagnant. If she knows she can have it any time she wants, what's the incentive to truly DESIRE it?

Attraction needs to build. It must gather momentum. It ebbs and flows according to where and when and how the stimulus or trigger is created.

If you want to create a real desire – start with attraction – give it some space and time – offer snippets or pieces as incentives – let the woman think about it a little – give her time to process the information...

AND that's just ONE of the many reasons why giving a woman the right amount of space (while other things are firmly in place) is how you grow desire and attraction into something more.

The other reasons will be covered below... so onward...

You're a nice guy who has been needy with women and you're looking to erase that trait.

Being overly needy comes from a lot of places so we'll only cover them lightly and I'll do my best to keep it relative to giving a woman space.

**NEEDY is a general WANT or NEED of attention, affection, approval, assurance, and love.**

Since it shows up in many parts of our lives – if you're needy with women you will be needy in other parts too like your job, your parents, your friends, (yes even) your pets; or any time or place where you feel like you're missing something or could lose something.

The reasons why you're needy are intertwined with many things and can be explained in many ways – but for today's purpose alone, here are a few ways to show you WHERE it comes from:

### **Insecurity.**

You feel like you're not good enough so you do things to try and prove it which has the opposite effect on women.

Some of the signs you are insecure are becoming easily jealous, the feeling you must be heard, over-confidence, bullying others, acting out loudly, demanding too much from yourself and others, and/or a general feeling that you can not or will not ever be good enough at anything. Which of course includes attracting women and being in a healthy relationship.

## **Fear.**

You're afraid you're going to lose something or someone so you do everything within your power to keep it up to and including power over someone or something.

Fear is a major motivator and destroyer of people whose lives are run by it. Don't let it fool you, you're not alone. EVERYONE is governed by fear unless they have a severe brain injury, the only difference is some are more controlled than others. Some channel or deal with their fears more productively than other.

Some of the signs are: You avoid any and all confrontations. You place it safe even if there's no need to. You feel way too comfortable being complacent. You have a list of excuses which stops you from doing things. Low self-esteem.

Being needy is often a direct result or effect of having low self-esteem. Based on Nathaniel Branden's work (prominent leader in the field) these are his six pillars:

- **Living consciously:** Paying attention to information and feedback about needs and goals... facing facts that might be uncomfortable or threatening... refusing to wander through life in a self-induced mental fog.
- **Self-acceptance:** Being willing to experience whatever we truly think, feel or do, even if we don't always like it... facing our mistakes and learning from them.
- **Self-responsibility:** Establishing a sense of control over our lives by realizing we are responsible for our choices and actions at every level, the achievement of our goals, our happiness, and our values.
- **Self-assertiveness:** The willingness to express appropriately our thoughts, values and feelings... to stand up for ourselves... to speak and act from our deepest convictions.

- **Living purposefully:** Setting goals and working to achieve them, rather than living at the mercy of chance and outside forces... developing self-discipline.
- **Integrity:** The integration of our behavior with our ideals, convictions, standards and beliefs... acting in congruence with what we believe is right.

### Healthy Self Esteem

If you find yourself not living by those pillars to a certain extent (no one is perfect so be realistic about it) then you probably have low self-esteem.

The obvious solution (direction) you should be going to get past this “space” problem is to:

- Get past your insecurities.
- Remove any unnecessary fears.
- Build or develop your self-esteem.

These will directly affect your relationships with women BUT they don't have to be worked on with regards to women. Either way, one will take care of the other AND all three will boost the other two at the same time.

They're connected in a way which can not be fully separated.

If you noticed confidence was not there. Good call. Although confidence is by far a major attractive trait to women, something every guy needs, it might not be directly related to giving her space as a goal. Plus confidence protects those items above. It's a barrier. It's how you handle your success and failures. It just does not fit here for the most part.

Next one please... and it's a big one.

**You suffer from what is commonly called a “sense of urgency” when you first meet or interact with a girl.**

The last one (being needy) is most certainly connected to this one.

(Again these things tend to overlap. One causes another while the other affects the first one and so on.)

However for “learning” purposes or a better understanding of these “space” issues you’re having with women this is separated for a few reasons but in this article, it’s because this is HUGE mistake guys make unknowingly and so it must be singled out.

Also because this is an area I’m an expert in because it was something I had to personally work so hard in my life to get past.

This is how it feels and tell me if you’re there, been there, or find yourself doing the same.

A sense of urgency is the feeling that if you don’t do something immediately with a woman, you’re going to lose her OR lose her to another guy.

It’s a major insecurity issue mixed with fear and combined with a low self-esteem making it a tough one to get past. Topped on that it’s so hard to see it’s happening becomes a big reason why you might find it difficult to give a woman enough space at the right time, in the right way.

The strange part or (pain in the ass part of this one) is that you feel compelled to do something (anything) to keep a girl, even before you have her, and yet it does nothing to help you actually meet women. Told you it sucks.

So it happens – your sense of urgency – like you’re going to lose her –

like she's going to end up with another guy if you are not constantly with her – doesn't just magically appear for most. It's creation generally happens based on one or more past experiences where you "thought" a chick was into you, then the next time you see her – she's with another dude.

Another experience is when you feel like you're doing all the work to get a girl and it seems to be going well, then you don't see her for a short time, and she hooked up with some asshole or guy she "said" she didn't want... making this a friends zone issue too.

I'm going to tell you upfront THIS reason alone could be why you're pushing women away and your incessant need to stop it from happening makes it very difficult to stop doing and the pattern repeats. So the harder you try the worse it gets.

Listen, you're going to lose some women, she's going to get with some other dude, you could create some space and she never comes back – things happen for better or worse – but when you're so focused on the outcome (trying so hard to keep her or get her) you can NOT do the necessary things to assure it's less likely to happen. That is why it's so difficult.

This is an area where you must understand what you have control of and do your best to only control that part. You can NOT and will NEVER fully control another persons actions or thoughts...

BUT you do have control over what YOU do and SAY which will make her going away less likely to happen. Actually do it masterfully and (again depending on who she is) you'll either end up with a clingy needy woman who does it to you OR you'll end up with a high quality woman who would NEVER cheat or leave you for another guy.

Out of everything you feel or whatever emotions are driving you NEVER forget this:

## **Women are not inanimate objects you can keep for yourself.**

They have feelings and experience emotions at every level in their lives.

They need space and the room to live their independent existence. They also need the space to determine if you are right choice for her.

Allow her to live her own life on her own terms.

Allow her to make her own mistakes.

Allow her to learn from those mistakes and if she doesn't learn from them, allow her to try again.

You're not here or there to FIX women. You're not here or there to control her life in any way, shape, or form.

Giving a woman independence in every sense of that word assures you stand out above many guys who either blatantly or through passive-aggressive actions try to control her.

This all too common mistake lots of men make with women comes from a lack of understanding of how men and women communicate differently. It's a subject too many guys avoid but by getting at least a quick course in it, can solve so many relationship issues.

PLUS while working up to a relationship, knowing the differences and how to communicate to women based on these differences makes a relationship more likely to happen. It paves the way while doing nothing more than learning how to listen and how to respond.

Here's something quick I wrote for women which will give you the bare basics.

### **How Men and Women Communicate Differently**

Men talk with a purpose like solving a problem or exchanging information.

Women talk to share feelings, increase intimacy, sharing and to solidify her connection with her partner or those around her.

Men (typically) have a clear idea or solution before they share which is why men go silent for periods of time as they think through the process and figure it all out on their own.

Women will prefer to talk it out and gather the information through the conversation rather than doing it inside their own heads. Sometimes if their partner won't or can not listen, she may go to a friend or family member first.

He prioritizes and prefers efficiency.

She prefers to explore.

Guys will tend to think or believe that when you want to talk to him that you're seeking advice and therefore will tend to push to a conclusion in the way he communicates. Which is always head-on, tackle the problem as quickly as possible.

You might now begin to see just by learning HOW to communicate to women you can make her at least FEEL like you're giving her all the space she'll ever need.

Communicating things the right way assures she feels empowered to make her own decisions thus the feelings of space.

Read this part again:

*"Women will prefer to talk it out and gather the information through the conversation rather than doing it inside their own heads. Sometimes if their partner won't or can not listen, she may go to a friend or family member first.*

*He prioritizes and prefers efficiency.*

*She prefers to explore."*

Communicating to a woman which will make her feel like she has all the independence and freedom she'll ever need (a sense of space) means you must:

- LISTEN** to every word she says while not backing into your mind trying to look for a solution for her.
- AFFIRM** what she's saying with things like, "That sucks.", "Sorry it happened." and/or "I hear you."
- REPEAT BACK** what you hear and **NOTHING** more unless asked directly to do so.

Sure it's a quick course. It's not all of the skills you need to create a long-lasting relationship based on the right kind of communication skills but I guarantee doing those three things alone EVERY time – will assure you will give her every sense of space a woman might only need to never want to leave or go with some other dude.

This is a skill and therefore it IS something you can learn.

Read the quote below and keep in mind this is coming from a MASTER of this dating/attraction/relationship stuff who at one point also suffered from this space problem and had to overcome his "sense of urgency" in his life just like you and I.

*"Suddenly, I felt like I couldn't get enough of being around this woman. She knew how to support and understand me... including all of my hopes and dreams... like no one else could.*

*All I wanted to do was be with her, share with her, and learn from her. Most of all, I only felt HAPPY when I was with her.*

*...It takes something totally different to make "the one" fall for you and want a*

*relationship... a whole NEW set of concepts, mindsets, tools, and techniques than it takes to just meet women and get dates.*

*A step-by-step guide to becoming a “more evolved” man... the ONLY kind of man who can effortlessly make a great woman PURSUE a relationship with him.”*

### [Love The Final Chapter](#)

I've reviewed and/or checked out tons of “relationship” “communication” style of help and since not many of them were related to attracting women and what not – this ONE stands miles above the rest for guys because it IS for guys and you'll find within it EVERY skill you'll every need to get over this space problem.

### [If you're serious about it the get it NOW – Love The Final Chapter.](#)

Okay back to our regularly scheduled program... give the woman you are attracted to... SPACE!

In conclusion...

A ton of information has been covered today. I do hope I've covered some of your personal experiences and over-delivered what you expected AND you've found some useful tips to give you more than every reason to give a woman the right space needed so good or better things can happen for both of you.

### **Keep in mind these points before you go:**

Not giving her space will make it feel like she's being chased and will want to run. Chasing a woman must be done right and with care. It's good to pursue in a way – BAD to chase.

Relationships need time and space to grow. Anticipation is a good thing. Having someone miss you can also be a good thing. Don't ever be afraid of creating it naturally. Don't ever act out of fear or a sense of urgency.

Practice and repeat ALL the tips above to separate you from her and to stop you from contacting her when it's not necessary or could hurt things. They were DISTRACT, EDUCATE, and avoid OVER-INVESTING.

Space can be a good healthy thing when done the right way at the right time. Understand why it's good and WHEN it's good. Avoid dumb game playing or bullshit moves.

Understand where your space issues might be coming from: Fear, insecurity, low self-esteem AND that these problems can be fixed.

They are internal struggles so they are in YOUR CONTROL to fix or mend them. They are connected to so working on one helps the other.

The two absolute BEST advancements you can make in this area are through one of these two programs designed specifically for you and your relationships with women:

[DEEP INNER GAME](#) – *“Annihilate Your Crippling Insecurity, Anxiety And Fear To Transform Into The Powerful, Confident, Attractive Man All Women Want.”*

[ULTIMATE INNER GAME](#) – *“The Secrets to Build BULLETPROOF Self-Confidence & Emotional Self-Control...”*

*“Women are not inanimate objects you can keep for yourself. They have feelings and experience emotions at every level in their lives. They need space and the room to live their independent existence.*

*They also need the space to determine if you are right choice for her. Allow her to live her own life on her own terms. Allow her to make her own mistakes. Allow her to learn from those mistakes and if she doesn't learn from them, allow her to try again.*

*You're not here or there to FIX women. You're not here or there to control her life in any way, shape, or form.”*

Understand or comes to terms with your sense of urgency issues. Do what you can to control those urges. Life will not always work out in your favor. Sometimes bad things happen. However trying to control things beyond your control will make it more likely to happen while the opposite is true.

Communication is a skill and communicating to women a certain way can GIVE her the sense of space and freedom and sometimes, it's all she needs to continue forward and to never step back and say, *"Leave me alone. I think we just take a break. I just need some space!"*

A one stop guidance in this area in a direct way of learning those communication skills (related to women and life too) it all starts here in [LOVE THE FINAL CHAPTER.](#)

One amazing life changing course you'll never regret picking up. You have nothing to lose and everything to gain.

## **#19. Why Confidence Is So Attractive to Women, What It Is, & How To Get It Quickly.**

In case you didn't know it – CONFIDENCE is an universally attractive trait – women are always attracted to guys with real genuine confidence.

Not that fake bravado shit.

The real thing.

This tip is here for that reason and because most nice guys believe this when they're struggling attracting woman and are told they just have to be confident:

*"How can I be confident when I don't have any successes with women? Doesn't being confident come from being successful in the first place?"*

And/or...

*“What is the easiest simplest way I can boost my confidence with women when I don’t have much experience with women?”*

This tip or (lesson in attraction) will cover what confidence really, how you can get it, how to use it the right way AND why it’s so attractive to women.

You know I used to believe confidence only comes from success myself and I’m very proud to admit...

I was wrong!

What I learned about confidence is much more exciting and makes it so much easier to build your confidence quickly.

It’s about:

How you HANDLE your successes.

How you HANDLE your failures.

Confidence alone won’t attract women. (Generally speaking of course because there are exceptions.)

HOW you communicate your REAL confidence to women and people will determine your overall attractiveness to them.

So...

All your failures with women can be used to build your confidence.

Any new successes you have can also be used to build your confidence.

Think about the last great success you experienced and how you felt after it happened.

Bet it felt great. It was fulfilling.

But how long did that feeling really last?

Probably not that long at all.

Now think about your last failure where you were able to learn from it and handle it with maturity.

One where you really learned something profound from it.

How long did that feeling last and how confident do you feel attempting that very same thing again? (Or something similar.)

This shift in thinking and a new mindset will do wonders for your confidence with women.

FAILURE can work for you and not against you IF you're willing to learn from it.

Let's get real scientific about this subject.

*"Confidence is generally described as a state of being certain either that a hypothesis or prediction is correct or that a chosen course of action is the best or most effective.*

*Self-confidence is having confidence in oneself."*

[Definition of Confidence fom Wiki](#)

But that's just a definition explaining what it is and doesn't come close to telling how or why it's attractive to women.

It also doesn't show you HOW to gain confidence because it implies one

of two things:

1. Being certain when you do or try something you will fail.
2. Being certain when you do or try something, you will succeed.

You must admit BOTH are probable and by that definition above, either case is true.

You can be self-confident when you believe or know for certain something you do will either work... or not work.

So confidence as a definition does little to help you attract women, right?

Well not really so keep reading.

What about this more important aspect of confidence and attraction...

*"(...) one may be inept at a particular sport or activity, but remain 'confident' in one's demeanor, simply because one does not place a great deal of emphasis on the outcome of the activity.*

*When one does not dwell on negative consequences one can be more 'self-confident' because one is worrying far less about failure or the disapproval of others following potential failure.*

*One is then more likely to focus on the actual situation which means that enjoyment and success in that situation is also more probable.*

*Belief in one's abilities to perform an activity comes through successful experience and may add to, or consolidate, a general sense of self-confidence"*

[Definition of Self-Confidence from Wiki](#)

Now you're getting closer.

The key words above are:

- Not placing a great deal of emphasis on the outcome. Some call it

indifference and is considered an attractive trait.

- Worrying less about failure or the disapproval of others. Yes, one more attractive trait.
- Not dwelling on negative consequences such as being rejected by a woman. You guessed it by now – another attractive trait.
- Focusing on the moment more leads to more enjoyment and a higher probability of success. Yep – attractive trait.
- Belief in one’s ability or skill MAY contribute to higher degree of self-confidence. And just one more attractive trait.

You can now see WHY confidence is such a powerful thing to have and why it’s so attractive.... And you’ve only just begun.

Now from the “master” himself how does that relate to confidence and attracting women...

*“I’ve said it a bazillion times... great women don’t see a man as potential “relationship material” based on his looks, money, or cheesy pick-up lines. When it comes to figuring out if a particular guy might be “Mr. Right,” the first thing most women look for are sure signs of CONFIDENCE.*

*More specifically, the 4 unmistakable, magnetic signals that confident men send a woman the moment they meet her.*

- 1. An “Easy-Going” Attitude*
- 2. He’s “Put Together”*
- 3. He’s Humble*
- 4. He Has A Sense of Humor*

### [The 4 Sure Signs Of Confidence That Women Look For In A Man](#)

Okay... I’m a musician.

A musician has to perform an audition to be admitted into a certain college.

Since I was entering as a percussion major I was required to play three

pieces. One on the snare drum, one on the tympani, and one on a choice instrument which I so stupidly decided to be the Marimba.

Well I came from a very poor school. Our Tympani was un-tuneable, we didn't own a Marimba and we were stuck with a suitcase size Bells far from the Marimba which required four mallets to be held and played.

So how did I gain the confidence I needed to pass my audition when I couldn't practice on workable instruments?

How could I have possibly gain the skills required to build the obvious self-confidence I was going to need to stand in front of three major players in a dark room with no one to hold my hand or encourage me?

The truth was – I couldn't!

I took some lessons at another college where I had forty minutes to use the real stuff and a very smart man to teach me.

But that was it.

I was working nights in a supermarket, going to school during the day, and practiced when I could and faked what I could on my bed with a drum pad.

Here is what I did or tried to build my confidence.

I gathered my "band" mates and what instruments I had and performed my audition in front of my closest peers. I was hoping to give my confidence a boost before the real deal.

But it just wasn't the same.

So at the audition you can only imagine the fear I felt when the lights went down. I had to perform with my hands shaking and my mind racing as I stared at a real Marimba and a tune-able Tympani.

The opening silence was eerie.

BUT I realized something that day.

Sure my self-confidence and my knowledge of the pieces were solid. They were completely memorized and ready but that really didn't help me feel better about it.

I was not CERTAIN what would happen.

I could not predict based on any real evidence I wouldn't crash and burn.

All I could do was face what was the greatest fear of my life in a positive way and stay with each and every note like it was going to be the last one I ever played for anyone.

And it humbled me.

I joked with the three major players first. I felt put together because I could see every note in my head.

I relaxed and with an easy going attitude let my body do what it was trained to do – and I became so wrapped up in the moment I left no room for negativity.

I'm sure I inspired them that day because I passed. I screwed up a little but I didn't let it stop me.

And I'm also positive I inspired some confidence in themselves as they watched and thought back about their first big audition.

Now – when it comes to women and gaining the self-confidence it's going to sometimes feel like an audition.

You're going to sweat.

You're going to shake.

You're going to feel fear which feels like nothing you've ever experienced.

But the key here is to face it head on.

Face it with the ease and comfort that the only thing that matters is that one real moment.

Inspire HER confidence by being aware, humble, at ease the best you can, and lighten the mood with a rock solid sense of humor that says you DO NOT take these little things so seriously.

Sure this lesson in confidence may not solve all your problems or instantly transform you into a rock-solid confident man BUT you have to realize all you can do is the best you can at any given moment and let your natural ability or learned skills do what they're trained to do.

And I can practically guarantee this whole confidence thing will take care of itself.

Attracting women with confidence will come down to how strong your state of mind is and how you handle those truly stressful moments.

How you and your attitude inspires her confidence in herself and not you.

The really cool part about this all – practice your skills – work on yourself – find and eliminate those flaws you feel you have – gain the inner strength and learn the more predictable laws of attraction – because your self-confidence has absolutely nothing to do with being nice.

You can be Mister Nice and Mister Cool and still demonstrate unshakable confidence without having to sacrifice this whole nice thing you're living with right now.

Another view...

Confidence is a barrier.

It's about facing your fears despite the outcome.

It's about handling your successes with modesty and helping others through it.

It's about handling your failures so you can learn something from them.

It's also about inspiring others, especially women, to feel more confident just being around you.

Confidence IS one of the the most attractive traits any man can have, achieve and share, ( nice or not, ) because for one reason only – a general ability to deal with all the issues in life and to lead yourself through it by valuing yourself enough to want to do it.

You can now see how building your confidence you NEED experience and to gain that experience you must FACE your FEARS with women.

You can not sit at home and think your way into feeling confident.

You must DO something.

You must TRAIN yourself by doing.

You must FAIL in order to learn.

BUT... you can learn the right skills to practice.

Going out with anything but is not going to help you succeed. The process will come slowly. Too slowly for most which is why great people like all the [experts at DiaLteG TM](#) have already been through it and want to show you HOW to decrease how long it takes to learn the skills and to

make sure you're TRYING something which is already proven to work.

The DOING part is where your confidence is built.

Doing something different and learning from your mistakes will equally build your self-confidence.

Confidence is obviously attractive because just by being confident and real about it, you INSPIRE OTHERS to FEEL CONFIDENT in you, and in themselves too.

Which is why being able to communicate your confidence to women is equally as important. If you don't know how to do that – she could miss it or not see it.

Confidence is:

Being positive. Staying positive despite setbacks or failures.

Having optimism and believing, one way or another, everything will work itself out and it's going to be okay.

It's about trust – trust in yourself and trusting others to take care of themselves and their own needs.

Trusting your abilities and in your skills so you do them right and focus on the moment and enjoying it.

Being assertive and going after the things you want in a way which positively drives you forward even if a moment or event pushes you back a little.

Your perception of the world around you and how by not seeing others are better than you – but that we ALL struggle and have to make our own way through life.

It's about believing in yourself. Believing you can succeed. Believing you ARE worth it.

It's not about thinking you're better than everyone else just because you might excel at something they don't or struggle with from time to time.

Confidence is not about putting yourself above others by putting them down.

It's about building yourself up and you're only allowed to compare yourself and your success to yourself and not others.

Real true genuine confidence is a humbling experience and is not achieved by claiming victory over others or believing you're better than them.

You'll find lots of examples of being attractive and confident in the same list as being a real Alpha Male. Read this when you get a chance: [How You Can Develop Your Personality & Be A Real Mysterious Alpha Male.](#)

So there you have it...

Not everything and anything on being self-confident but more than a good start in the right direction and HOW easy it really is to achieve for any guy regardless of your past failures or struggles with women.

Confidence WILL come for you. I strongly believe it now that you know where it comes from and the RIGHT way to build it.

Continue or start to learn some new skills and knowledge so you can feel confident in both what works and what doesn't work.

Failure is an option and when you gain new insight and knowledge from it – you WILL become more confident in your abilities and skills.

Trust in those skills so you can enjoy the moment and perform each and

everyone of them with ease and, you guessed it -confidence.

Stop dwelling on any failures or negative consequences so you can once again, enjoy every moment the best you can and in turn, inspire and inject confidence into others.

All leads to a much higher probability of success, not just with women, but in EVERY area of your life.

All also leads you to a natural Alpha Male mindset AND gives you the traits that NATURALLY attract women:

1. An easy going attitude.
2. Being put together.
3. Being humble.
4. A sense of humor.

### [The 4 Sure Signs Of Confidence That Women Look For In A Man](#)

You'll want a daily dose of real confidence.

Not some stupid Meme shit people post on social media which is generally unrelated to YOUR life and YOUR relationships with women... this is what helped me and will BOOST your confidence too.

It's called [77 Laws Of Success Women and Dating](#). Inexpensive and powerful laws you can go through everyday to set your life up to be more confident and succeed with women.

- The Keys To Massive Confidence In Life – the special 5-minute exercise that turbo boosts your confidence so women can literally feel your presence when you walk into a room.
- The #1 secret skill that ALL “naturals” have that brings them outrageous success with women throughout their lives. After you master this, you will have women competing over you.
- How to set up your life so you are constantly meeting interesting, attractive, available women... without having to go out of your way... and

in a way that drives them to want to meet YOU.

- How to plan out your life for ultimate success with women, from the little things to the big, and create a life of success for yourself, where working to meet and attract women is simply something that you don't have to do

[Click Here To Learn the 77 Laws Of Success Women and Dating Today and start building REAL Confidence!](#)

## **#20. Be The Best Version Of Yourself – Invest In YOU – The Secret To Attraction.**

The phrase “become more selfish so you be selfless” is something some nice guys must learn to live by and it's just one of the reasons why this is tip 20.

This tip – invest in yourself means you can almost take “girls” out of the equation of attraction and still attract some pretty amazing real and genuine women.

If you find yourself asking questions like this then you definitely need to spend more time investing in yourself:

*“What does it mean when she...?”*

*“How can I tell if she likes me?”*

Investing in yourself means to invest long-term for your future.

*“Are you the passive Bob or the understanding Dave? Both are nice guys but only one demonstrates the kind of men women want and date regularly. The difference in their attitude make all the difference in creating attraction and getting the dating relationship life you desire. Choose wisely my friend!”*

[Who Would You Rather Be, Bob or Dave? Single, Intelligent, Nice Guys](#)

You won't suddenly be "rich" tomorrow.

You can't just think of a phrase or three words that women will be suddenly be begging for you.

It just does NOT happen that way.

If you do meet a woman who will sleep with you that quickly it had little to do with anything that came out of a spur of the moment feeling she felt in her pants. She probably had the idea in her head before she left the house that she was going to "get laid" tonight and you were in the right place, at the right time.

So do that.

Put yourself in the right place at the right time.

Assure yourself when that moment does arrive you're ready for it because those "lucky" moments will not be predictable.

They will only become more probable.

Think about your future.

What about your long-term relationships with women?

Do you want to be the best man for the one woman you feel is your soul-mate?

Well the more you have of yourself the more you'll have to give...

The more you understand the better you'll be equipped to function on a level of masculinity she'll not only respect fully but she'll never question that you are, without a doubt, the right man for her.

Women are NOT looking for perfection.

By sitting back and doing nothing for yourself you're (in a way) telling her you are perfect and never have to better yourself.

You might not want to change. It's tough because in a way you're admitting to yourself something is wrong with you.

You might also be sticking to the belief that women "should" like you for who you are BUT that doesn't work.

There's nothing wrong with you.

You're just adding something to yourself which is more attractive to women while at the same time eliminating many of the common mistakes nice guys make which stop them from being the women they desire the most.

Consider it an upgrade if you must. Imagine you're "evolving" yourself.

Which requires you to invest some time in yourself.

Doing so while understanding your investing long-term means just by doing so – you will benefit in ALL areas of your life helping you to achieve a better balance.

Listen – I KNOW you might be coming here just because you want to just attract some girls and changing your whole life is not something you really want to do.

BUT no one is asking you to do that – only to invest a little more into yourself which in turns makes attracting women come more naturally to you.

That's all.

Live your life everyday and evolve yourself with each opportunity and you will experience amazing results.

*“A sad true story of a lonely nice guy who finds a way to overcome his problems with women. There is no cure but if you feel like you’re suffering, today your life will change. Here’s how attraction works and how you can create it. No more hoping things will change. Start believing you’re not a loser with women.”*

[Are You A Nice Guy & Tired Of Being A Loser With Women? This Ends Today!](#)

Keep investing in yourself “long-term” and learn to live in the those new moments you create along the way.

Your path is your own to take and unlike some cheesy movies might make you believe – there is not one path you should be taking.

No one can take it for you.

No one can force you to do it.

No one can climb inside your mind and experience your world.

So make it your own.

Make it a very unique place.

Then learn to share yourself with the women you meet in a different more attractive way (called communication) because that’s all you’ll ever need to reasonable get ANY woman you desire.

Just TRY to be the best possible version of yourself you can be at any given time or day.

Replace the feelings that you don’t deserve women or happiness or success in this area with feelings of value – worth – esteem – confidence.

If you let this go too long your problems will only pile up even higher making it even more difficult to overcome as you get older.

When you mix an attitude of negativity with a lack of self-worth and on top of that acts of desperation and helplessness you will only ever feel like giving up.

You're not changing the world around you.

You're not changing how women feel about you.

They are outside of your control.

Doing so or any attempt to do so will only frustrate you more and cause you to give up too early and too easily.

YOURSELF.

You DO have control over YOUR choices.

You DO have control over YOUR actions.

You ARE in complete control YOUR self-worth.

You're the ONLY one who can give yourself real VALUE.

GUARANTEED!

If you take care of yourself and prepare for those pivotal moments GOOD things WILL happen.

That's EXACTLY how you start succeeding where you might have failed in the past.

Not by wallowing in the past.

Not by regretting what happened before.

Not by reliving a failed relationship hoping she'll come back or thinking about all the mistakes you might've made in them.

Not by repeating a mistake over and over again hoping this time something different will happen.

Not by giving yourself and the whole of who you are to every woman you're attracted to – hoping she'll like you back.

Not by the need to spend every available moment with her because you're afraid she'll meet another guy who's better than you.

Not by kissing her ass and trying to give her what you think she wants when she only needs to feel something a “present or gift” can never do. None of that actually creates attraction or will have women knocking at your door at three in the morning for a quickie.

You already know that, don't you?

So...

You may have to give up some things to become that better man.

You might have to give up some people in your life that are affecting you negatively.

But if it's for the best of you – then do it.

As you go through your “man transformation” process and become an attractive man women seek out, there will be some downsides.

There will be dead ends and some really tough times when you just want to give up.

We all go through it in any new way of living life.

I want to assure you they WILL pass and as long as you stick to a plan that's working – you'll get through them.

Everyday just keep yourself on a track that produces results. Everyday just give a little to yourself and your cause.

*“Not having a girlfriend for a long time can feel like a disadvantage but you can use it to attract women. There's nothing wrong with being single. It can mean a lot of good if you see it the right way and not just make it feel like you're lonely. Here are 3 real advantages not having a girlfriend for a while.”*

[How Long Ago Since You've Had A Girlfriend? How You Can Use Being Single To Attract Women](#)

REMEMBER – You do NOT have to change the world.

You only have to continue and keep moving forward.

Learn to increase your attractiveness to women by giving more to yourself and you'll have more to give every woman you meet... for as long as you live.

Invest in yourself – change what you have control over – build yourself into the best possible version you can be at any given time – don't let others steal your worth by handing it over to them or making you feel you're not worth it...

And in turn, you WILL have more to give to her, a relationship, a family, a friend, and the world you live in everyday.

This IS The SECRET to ATTRACTING GREAT WOMEN just like YOU.

Don't fear change. Embrace every aspect of it.

It doesn't make you any less of a man, it's what makes you a GREAT man.

I understand these 20 nice guy tips are just words until you DO something about it. Until you get actively involved in changing your life they're just another guy who's "been there done that" telling YOU to do it for yourself.

BUT that's all I can do on my end. I can not do the work for you.

Go through all the tips again. One by one.

START making the changes today.

One a day or more.

It's doesn't take long. It's easier than you might ever believe.

## **The conclusion or final words.**

The goal of this book is not too complicate the process for you. I tried to keep it as simple as my brain allows so you're not left confused or wondering where to go now.

You may have noticed the tips are not in any kind of order either. That was not done purposely. It's actually just how they came up as I was writing the first draft many years ago. If it's troubling for you just pick a section and go through it a few times and skip anywhere you like.

The first part however is a MUST....

### **You're no longer a nice guy.**

You're a GOOD GUY who has no need, desire, or want to prove that to anyone, anywhere, at anytime AND that most definitely includes ALL women.

Being nice has little to do with attraction BUT being overly nice for the

wrong reasons can and always will destroy the attraction process and stop it from happening quickly.

Remember you're a good guy because you're not knowingly or accidentally bringing others down around you to make yourself feel better or to lift you up. (Among many other things covered above.)

This means you're not being asked to change the core of who you are unless of course your being too nice is getting in the way of connecting with women and others too in a way which is beneficial to you and them.

This guide I've written for you is just that... a GUIDE to show you how to start seeing things a little differently. How certain things are and have been connected in your mind which has stopped you from succeeding with women.

Once those connections become undone or unwound other “unattractive” threads fall too.

What happens is that YOU becoming a more attractive man becomes inevitable and only you can stop that from happening by reverting to your old mindset.

Keep saying that word to yourself...

**INEVITABLE!**

Yes I know it's a terrible sounding word but forget about that – consider what it means and where it leads.

The process you started today and will continue forward with WILL lead to the inevitable conclusion... you becoming a naturally attractive GOOD guy.

You can go from here wherever you like. You take what you've been given, use it and never look back.

You can take any and all my suggestions above to get yourself more specific help in any area.

Just KEEP moving forward!

This IS life changing stuff. It will affect EVERY area of your life and how you live it.

**Now's the time for me to ask something from you...**

You've downloaded my guide.

You've formed an opinion.

My writing is not the best. Even I know I can do better with that and so I completely understand if some of what was covered is misunderstood or not taken the way it was intended.

I'm NOT okay with that because my aim is to always keep moving forward myself and to create something unique and powerful.

For that I turn to you.

I told you in the beginning I'm not going to be holding your hand through all this. Honestly I don't have the time and I don't wake up everyday looking for some dude's hand to hold – you get my drift there.

BUT...

You can be HEARD. I want to get you to wherever you want to go AND I can make that happen IF and ONLY IF I know where it is and what you're looking for and HOW I can make it easier on you.

So go back to where you joined and leave me a note there.... anything.

Send me a quick email – [peterwhite@attraction101.net](mailto:peterwhite@attraction101.net)

[Visit DiaLteG TM – download Chapter One](#) and tell me what you think of it too.

This guide is great and I won't discount any of the information within in it BUT chapter one is certainly a whole NEW level which deals mainly in how the process of attraction happens and what you MUST do to assure you never get in the way of it.

You'll also get to read my getting a girlfriend series there along with this guide (in web form) so you can leave a comment or share your opinion too.

I was going to leave off with a thank you for signing up but that's a little lame and overdone so we'll just “later” for now.

OPEN all your emails as they come in.

NEVER hesitate from sending me a note.

*See you there,  
Pete*

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