

PREFACE:

These 20 tips came about from my very personal failures with women and were written based on a learning curve I experienced after going through several of David DeAngelo's programs.

If you firmly believe this "nice guy" thing is holding you back ALWAYS go back to square one in attraction, project these inner beliefs and you'll notice an immediate change:

Inner Beliefs To Project

- I'm not needy... I keep my power for me.
- I'm in control of my emotional self - outside events don't destabilize me.
- I can hold back when I choose, and delay gratification.
- I'm not impressed by outward symbols or money and status.
- I put myself and my life first.
- I am indifferent to the outcome of all situations.
- I may be smitten by a woman, but I don't tell her early on, and I don't let it "slip" indirectly.

They were taken directly from David's most popular program which you can pick up here – [Advanced Dating Techniques](#)

Those are just a few of these beliefs you must project to attract women. The actual program contains many more along with lots of great stuff to help you along your personal journey.

Now that the really cool legal stuff is done, let's get to it.

20 Tips For the Nice Guy – How to Make You and Your Personality More Attractive to Women

This used to be my 20 nice guy laws but I decided to change the name because they are not laws but guidelines to follow to help you get out of your old nice guy habits or mistakes which have held you back from attracting lots of women.

These tips have little or nothing to do with your looks, height, weight, or how much money you make so they are all within your control as a man. By the time you're done you will understand exactly what you must do to start attracting women easier while at the same time not becoming the jerk I'm sure you do not want to be.

When it comes to meeting women and finding girlfriends, your personality is your greatest asset. Don't neglect it and always continue to add on to it mature masculine traits.

1. Being nice has little or nothing to do with Attraction.

You see a woman from across the room that literally gets you hard just looking at her. She has all the physical qualities you look for in a woman.

If you're a boob guy, you start to stare at her tits. If you're an ass man you stare hoping to get a glimpse of her amazing butt when she turns around.

If you're leg man you start with her ankles and slowly slide your eyes up, memorizing every inch along the way.

Suddenly... you're imagining her naked!

But wait a minute... You don't even know this woman and yet you felt this almost uncontrollable surge of attraction running through your body.

Here's the problem too many nice guys suffer from and I know it all too well because



I've been there a million times. That woman I mentioned above ends up being put in a little corner of your mind.

She never breaks from your fantasies because you, like I was, are too much of a wussy to talk to her. I know, it's sad but true and it sucks! This problem gets worse because by never approaching her, you never get to find out who she really was.

I have had the pleasure to get over my fears and start meeting women I use to only admire from afar, and let me tell you I was in for a major surprise and even more of a letdown.

Some of them were cool and all but some of them were also complete disasters. Some of them had me running for the hills and actually my life. There was bad attitudes, racists, obnoxious loud-mouths, and total drama freaks bent on causing trouble wherever they went.

So you see, the women who DO make you feel attracted to them could be anyone. She could be a little too crazy. A needy mess. Foul-mouthed and downright rude. She could even be a crack addict for all you know. She could be the biggest bitch in the world OR the nicest woman you have ever met.

You just don't know.

You only know that you FELT attracted to someone you haven't even met.

This goes for women too. Sure they may not be overwhelmed by your looks but she will sense your confidence. She will feel your body language. She will and can become attracted to you without you even saying a word...

Because being nice has little or nothing to do with the attraction we instantly feel.

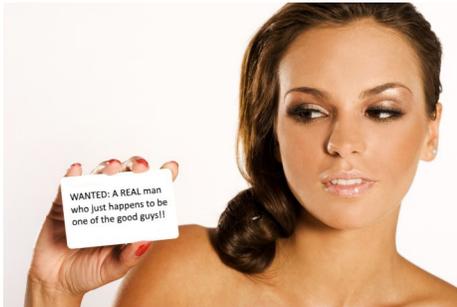
Tip 1 is here to show us "nice guys" the other side. How attraction works beyond our control... and hers too. How attraction is a surge of chemicals which run throughout our bodies... and hers too.

But most of all it is here to show us...

Being nice has little to do with it therefore proving that real, stable women won't turn us down because we're decent people. You're not being rejected “because” you're nice. If and when you get rejected most of the time it's because you don't have or know the skills you need to create attraction.

Yes, CREATING ATTRACTION IS A SKILL. Something you can learn.

Tip one is to get you out of this wrong mindset and to help you understand being nice is cool man - it really is - there's just something more to creating attraction.



“I would rather tell a nice guy to just stop being so “nice” and start being something else because let’s face it –being overly nice is just another form of manipulation which normally serves a selfish purpose anyways. The goal must be this if any “nice guy” is to achieve success with women: Become a REAL man who just happens to be a good guy.” - The Reality Of Attracting Women: Being Nice Is Bad & Real Men Can Be Good

*[Comments, suggestions, remarks, ideas, etc... on tip #1 can be made here: Being Nice](#)

2. Just Because a Woman is Flirting with You does NOT Mean You've Found Your Next Girlfriend.

Women love to flirt. It's a hell of a lot of fun and it makes us happy. It makes us feel good about ourselves too.

If you don't know how to do it... learn it immediately because it's an invaluable skill ANY nice guy can use and learn.



Turn it up slowly. Tease her. Make her laugh with a confident attitude. Compliment her sparingly and uniquely. Give her something to smile and possibly blush about. **WOMEN LOVE IT!**

Flirting is a sexual sparing game which shows humor, intelligence, wit, and charm.

BUT... flirting comes with a few warnings... because I've seen way too many guys fall into a trap.

FIRST WARNING: Do not set the events so far forward in your head that you lose sight of the present. Stay in the present. The present is where you will be the most attractive in the moment. (As she thinks about you and her future, that's when you become more attractive to her so let her.)

The present is where you will act the coolest. It is the point at which you can experience life for what it is... a series of present events you can look back at but you can never change. By doing so you naturally invite women to join you because it's an irresistible charm they can't resist.

The first purpose to flirting is to have fun. Get your mind off filling in your future dream woman, where you can take her, how hot she is, if she's make a great girlfriend, etc.. Stay in the moment. Nice guys tend to focus more on the future with women instead of staying in the moment, listening, and responding back appropriately. When you take yourself out of the present you WILL ACT DIFFERENTLY and often it is less attractive to her.

"Flirting techniques are unique to each species, the goal behind them is not. We use this form of communication to show interest and to generate the sexual tension that's necessary for creating attraction...." [What Does Flirting Mean and How Do You Flirt?](#)

SECOND WARNING: Women DO love to flirt and it CAN lead somewhere but if you don't flirt with real "sexual communication" it may not mean much at all to her because: Married women flirt. Old, and I mean really old women flirt. Flirt with them and they will most likely give it back. A 54-year-old women flirted with me the other day. Does she want me? I hope not!

The point is...

Use flirting as a skill and NOT as a definite sign that she likes you and you'll be much better off in the game of attraction. You're not actually doing it to get her to like you. You're doing it because it's fun and it's sexual and it's a strong communication skill women respond to favorably.

THIRD WARNING: You still have to move forward because I can guarantee no matter how much you flirt with a woman, she will NOT do it for you. She expects YOU to take the lead. If you don't, she will leave you hanging. Use it well and lead your conversations in a different and exciting way on top of your niceness.

Unless you're just practicing and not really that interested, IF you want something more to happen, you **MUST PROCEED FORWARD**.

Nice Guy Tip 2 was designed to first make you understand **flirting is an essential part of creating attraction** and it's a proven method to **separate you from other men**. It's a

skill you should learn at least competently. **You can practice it anywhere or anytime where it's appropriate.**

In conclusion:

Nice guys don't flirt enough and I'm assuming, because this is how I thought, we avoid it because it feels sleazy. Maybe at some point we watched a few jerks use it on unsuspecting women who fell for their fake charm, and since we want to avoid being that guy - we think it's reserved for players and gigolos.

But that's just not true.

It's an integral part of attraction and if you're not creating enough attraction AND you're not flirting with lots of women you encounter - then you're missing wonderful opportunities to create and practice creating attraction and limiting your ability to meet more women you can date.

*[Comments, suggestions, remarks, ideas, etc... on tip #2 can be made here:](#) **FLIRTING**

Recommendation: *“Supercharge your conversations with women will this all out complete product includes cheat sheets and a membership which you keep your conversations going. A stripped down super fast program which will help you set up your social life to work for you.” [Go here for more info and to get your copy of Make Small Talk Sexy](#)*

3. Don't Be Afraid to Make The First Move When the Moment Arrives.

This is a "nice guy tip" because we tend to act a little timid during those pivotal moments where we should've made some kind of move. When the moment presents itself, it must happen. You must find a way to overcome any insecurity or fears and just go for it.



Obviously I'm not going to guarantee every woman will allow it to happen but I will say this - if you fail to do something, you will end up as a friend or nothing. Too many men end up in the friends zone because they didn't make their move and the woman just assumes he isn't interested. Remember from above – YOU MUST LEAD. Women will NOT do it for you.

Take it from a "nice" guy who missed so many opportunities because I was too scared to do anything that would have her seeing me as a sexual guy. Letting a woman know there's more to you than just a mind is a great thing.

Now I'm not suggesting attacking or forcing the issue.

I'm saying when that particular moment arrives and you miss it, or fail to act, you will push yourself further in the friend's zone.

Think of it from her point of view...

Here's this great guy. You're getting along. There's definitely some chemistry. The moment hits a peak and... NOTHING! She will either be hurt, confused, or worse yet, think you're a wuss who doesn't have enough confidence to kiss her.

Rejection is not the worse thing in the world if it happens. There are plenty of men everywhere that have been turned down for that first kiss, and still managed to get one and they got through it without any harm.

I realize the confusion you might feel when you are learning about this whole attraction thing with women. I hear this a lot: *“But don't you guys tell me not to come on to her too quickly?”* - *“Doesn't your advice center around creating a challenge?”* or the classic cop-out or excuse: *“How do I get her to kiss me so I don't have to worry about making the first move?”*

First, yes.

You shouldn't come on too quickly because it makes you appear desperate and clueless on how women will and it presents a false set of confidence. You'll scare her away and risk being a creep and neither is a good thing.

“One thing that is critical for developing attraction with a woman that will lead to your eventual seduction success is learning how to build and nurture the sexual tension between you.”

[How to Create \(or Kill\) Sexual Tension](#)

It's all about controlling yourself and understanding the dynamics of the situation maybe just a little better than her. At least having her believe it is normally enough and trust me, women are nervous too. They UNDERSTAND what it takes and how much you're putting yourself out there when you try, but that's the point.

Yes. You should always set yourself up as a challenge.

Keep this mind though.

Women are great at detecting dynamics but they are not mind readers. You don't actually have to kiss her or make the first move completely to have her become aware that there is something else going on between the two of you AND that you're not into finding another friend to play with like some old school buddy.

You could just lean in for a kiss while casually missing her lips and then whisper something amusing yet sexual in her ear. That alone will send a very clear message what you are all about and that you're a nice guy who happens to be a real man too, with a sexual side of course.

The "first move" doesn't always have to be a kiss - sometimes it's a real hug, hand-holding, breaking the touch barrier in a non-friendly way, brushing back her hair lightly, teasing her, and the list goes on.

“The Kiss Technique makes it so that when you’re speaking to a woman, you can intentionally give off subconscious triggers that will make her think about kissing you!”

[The Kiss Technique – Get A Girl to Kiss You Without Fear of Rejection](#)

Lastly, because I know you're a nice guy so this is VERY IMPORTANT:

We act nice. We play nice. We’re good people yet it feels like the world around us has decided we’re not the type of guy who should learn this skill or how seduction is an art-form reserved for the bad boys and players OR how women regret being seduced as if it’s a bad thing.

Well let me tell you WOMEN WANT TO BE SEDUCED.

They do NOT want to be manipulated, used, or talked into doing something they will regret. That’s the difference here.

Just because you’re a good guy must not stop you from progressing with a woman you desire out of fear, disbelief, low confidence, social stereotypes, or lack of experience.

If you’re granted man parts, testosterone, masculinity... if you have earned the right to maturity, reliability, and take responsibility in your life...

You OWE it to yourself to get past all your fears around the physical, the sexual, and the emotional transitions because once you learn it, live it, and experience it for all its fullness, the limits of your success with women become completely within your grasp.

“My biggest obstacle with women started with me not being able to create attraction in the ones I really wanted which resulted in THEM making the first move on ME. Too many fall in this trap and fail to attract women because of it.”

[Afraid Of Making A Move On Her? Getting To And Past That First Kiss](#)

Think of it all this way:

What if every single woman you met tried to make some kind of sexual move on you? How would that make you feel? Sure you might spend time rejecting them but you would feel like a man who women want - right?

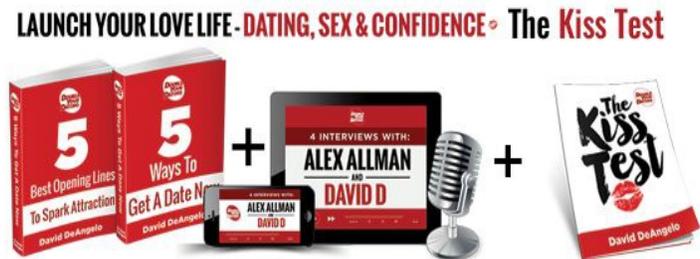
So when you're making your first moves - even if you get rejected - MOST women will not be offended or put off (when done right) - they will only understand she's a woman. You're a man.

Nice guy or not - you felt attracted enough to want to share a little intimacy with her.

*Comments, suggestions, remarks, ideas, etc... on tip #3 can be made here: [FIRST MOVE](#)

I want you to seriously consider this amazing offer and pick up not just for THE KISS TEST but because it contains some amazing advice to get you and your nice guy way jump started into attracting women.

“*Launch Your Love Life*” gift package is designed to be your emergency “jump start kit” and get you game-changing results with women RIGHT AWAY.



Here's what your FREE Gift Package contains:

- 4 powerful audio interviews with renowned dating/sex expert Alex Allman. Obliterate your insecurities and revolutionize your success attracting (and becoming intimate with) the kind of women you used to think were “out of your league.”
- PLUS he wants me to give you his game-changing “*5 Ways To Get A Date Now*” eBook. This eBook takes you from dateless and lonely to more dates than you can handle with amazing women all in practically no time at all.
- PLUS, you'll get his acclaimed “*5 Best Opening Lines To Spark Attraction*” eBook. It's the ultimate “answer key” for learning how to approach women! Here are the 5 best ways that I've ever discovered to get a woman's attention and then spark instant feelings of attraction that she can't ignore or deny.
- Finally, he want to rush you a copy of his legendary “*Kiss Test Report.*” If you break out in a cold sweat trying to figure out whether it's the right time to make your move with a woman, you need to get this report! Its contents alone will change your life.

Add it all up, and this FREE gift package is the fastest, most powerful way that he could think of to “jump start” your love life...

[Claim YOUR “Launch Your Love Life” gift package \(a nearly \\$50 value\) absolutely FREE by clicking here](#)

4. Giving Her Every Reason To Disqualify You Is A Huge Nice Guy Mistake.



Disqualify generally means - she might feel a little attraction for you at first but it fades quickly. Sometimes this happens through your body language. Sometimes it's how you talk to her. Sometimes it's your attitude based on your confidence or how you display your personality.

Unfortunately, and this is very common - it's a little of all three.

Another thing that happens is that you're trying to get her to like you so much - you forget to actually qualify HER. Most of the time you're not aware it's happening making the problem even worse.

Other times it's because you don't feel like you're good enough for her and so you start acting differently which in turn causes her to disqualify you or, better said, feel less attracted.

Here's is something you won't hear too often probably because it's not a nice thing to say: If you are getting those feelings with women (not thinking you're good enough) then yes, it is true, you are not good enough for her.

"If you have learned to deserve what you want, you will soon be graced with the knowledge of who it is you actually DO want."

But I'm Average, How Can I Possibly Deserve The Partner Of My Dreams?

I know, it's rough isn't it? Totally sucks. Who am I to tell you who you deserve or not? But I'm not telling you, YOU are telling HER. I'm just reading the situation.

The fact is - If you do work on who you are respectably, you DO deserve any woman. If you decide to be passive and not get those negative energies under control, you don't deserve her. It's as simple as that .

Sometimes all it takes is a small shift in your attitude. Sometimes it requires a deeper understanding of yourself and how attraction works.

Whatever it takes disqualifying yourself to women can be eliminated. This can be overcome.

Here are a few ways a nice guy can assure he is not disqualifying himself:

- Eliminate negative “projective” thoughts. Which means, don't project how you feel about yourself to her.
- Be conscious and tone down negative words, actions, and complaining about your life.
- Always display positive body language, ALWAYS. Take up your space and as they say, OWN it.
- Don't act like she is the prize, become the prize yourself.
- Be sure she is aware that you are a wanted man, but do it subtly. Women rarely and quickly disqualify a guy she knows she doesn't have to work or compete for.

And those are just a few.

In your spare time read this post I wrote and it should give you lots of more details:

[Are You Qualifying Her Too? – Attracting Women and Better Relationships](#)

Disqualification a huge part of why nice guys fail with women which why this is Nice Guy Tip 4. Learn to allow her to qualify herself to you. Trust me, women actually do want that and you WILL notice a big difference in how women respond to you after you meet them.

Get it out of your head that women are looking down on you just because you're a nice guy. That is not the real reason they are turning you down. If a woman is rejecting you, chances are it is her issues first. Secondly it's because you're unknowingly giving her every reason to do so.

The way I see it – and this is the good news...

If I'm giving a woman every reason to not feel attracted to me than I have control over changing it for the better.

It's like if you meet a woman who has serious issues about getting involved with a guy because her friends or family won't approve. Although this reason is rare - there is nothing we can do about it.

However - if we are meeting women who won't get involved with us because we're putting them on a pedestal and kissing their ass and not treating them as equals, which are very common nice guy problems, then WE DO have the POWER to change the outcome.

And it's completely within our control to change the nature of the interaction.

Nice guy tip 4 is here to assure us - we're good enough - and that is the attitude we should always project to first avoid giving women every reason to disqualify us.

*Comments, suggestions, remarks, ideas, etc... on tip #4 can be made here: [**DISQUALIFY**](#)

5. Never Try to Make ANY Woman Feel Sorry for You, Hoping She Will Give You a Pity Date.

Let's all thank my good friend Stef for Nice Guy Tip 5 because believe it or not... Too many nice guys have attempted to manipulate her into getting a "Pity Date."

Some of us will actually try to guilt a woman into going out with us. I have done it myself and to this day I still smack myself in the head for doing it. Although I'll admit I didn't realize it when I was doing it. Which is a great reason this belongs here.

It does NOT work and even if it does, chances are she's looking for a free night out at your expense. The cost of your money at the price of your emotional stability.

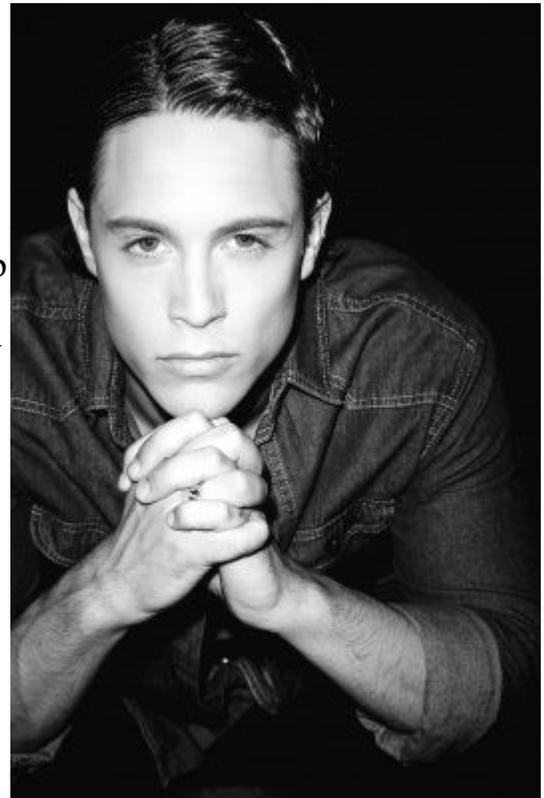
For example... from my personal archives:

"Being extra nice is usually a direct symptom of being needy and desperate...a dead giveaway that you DO NOT HAVE OPTIONS."

[The Difference Between Nice and Mr Nice Guy](#)

I told one woman how bad I was doing with "other" women. How terrible my life was and how lonely I was without someone to call my girlfriend. My inner "nice "boy" was hoping she'd feel sorry for me enough to give me a chance. However at the time I believed attraction was a choice. Like she was choosing not to feel anything for me. As if her reasons went beyond my look.

You may have guessed - it didn't work.



All it did was push her further away, see as more of a wussy and less of a man. It made our friendship uncomfortable. It creeped her to just be around me anymore.

We try this tactic because:

- We don't or (refuse to believe) how attraction works for women. It's NOT a choice. When she isn't feeling it - no amount of pleading, begging, or manipulation which change that.
- We're aiming at a woman's nurturing ability to feel sorry for us. Something which unfortunately works on our Mothers while we're growing up. We're basically trying to "pout" a woman into liking us.

Yes... It's a childish move.

We'll pout, whine, or even cry in the same manner in which a child might manipulate their parents in the only way a child knows how - by throwing a fit. Perfectly acceptable for a child who has not matured socially but as a grown adult it backfires and does NOT create attraction.

It's only seen by women as if we're begging for her approval. We feel very little security in ourselves and are hoping she'll give it to us.

Okay - enough of the man-boy bashing here. Learn to recognize you're doing it, like I did. Learn to eliminate all the 'boy tactics' for approval and security.

Grow yourself into a complete mature man and women will notice, appreciate, and respond positively. Acting maturely is where attraction begins for women and if that's all we have to do - you must admit that's a hell of a lot easier.

Pity dates are just what the words suggest, pitiful. It's a nice guy's last resort to manipulate a woman into feeling attraction. It only leads to lowering your character and her respect and will lead to the next tip - trying to buy her affection.

*Comments, suggestions, remarks, ideas, etc... on tip #5 can be made here: [PITY DATES](#)

6. Never Try to Buy A Women's Affection or Attempt To Attract Her with Money or Favors.

It's a classic "Nice Guy manipulation" move and for some women it just might work - for a while because yes, it's true...

Some women WILL allow you to do anything you want for them. They will let you do favors for them knowing exactly why you are doing it...

But it won't change how they feel about you.

It will not make her feel more attracted to you.

Because you can NOT BUY REAL ATTRACTION. Call it whatever you like but it's not attraction.

"A lot of guys feel there is a financial 'price' for playing the dating game. They figure, if you're going to get a girl you're going to have to wine and dine a bunch of different women."

[Understanding Spending Money on Dating Women](#)

Some women want the wealth or men who have lots of money to throw around. It happens and I'm sure most people are aware of that. I'm not going to lie to you about it. But does NOT mean you need money to create attraction.

You don't need money to enjoy sex. Sometimes you only need the cost of a few condoms.



You don't need money for a great relationship.

A great relationship requires (among many other things) communication skills and a shared value of self-worth.

None of which can directly attained by just spending more money.

You don't need to offer gifts hoping she will eventually see you as a great provider. A great provider provides strength and stability in a relationship, and not money.

You don't even have to lavish your new girlfriend with expensive outings an fancy dates. That funky looking bear which reminded you both of Al Roker AND you both competed for; he's your prize and she's not going to get it from you that easily... is just one way you turn an inexpensive date into a great connection and in the end, a romantic gesture.

If you do meet a woman demanding you must buy her things constantly for her affection, I suggest you break it off immediately! Stop worrying about her. She will find the next overly accommodating guy who doesn't understand attraction to pay her bills. Hell, if done right, if that's what you're into - she'll sleep with you on the side while he's paying for it. Not the best arrangement but trust me it happens a lot.

Here's a something about me I rarely talk about but hopefully will reassure you on these facts. I had more money when I was NOT going on dates. I had more money because I did basically nothing with my life.

It cost me money to straighten my appearance and to maintain an above average attention to those details. It cost me even more money to buy my "learning tools and instructional videos" to learn how to become more attractive and to become who I am today.

I was going out more, meeting up with my friends, and that understandably, cost me a lot of money. The cost was always higher than sitting at home on the internet or watching TV.

Suddenly I found myself broke and clawing my way back up the money ladder.

But you know what?...!

Even though the ladder grew taller and taller (as we all know I'm a short-ass guy haha!) there have been many times if it wasn't for some incredible women I might have fallen off the face of the earth due to a lack funds.

And these were not women who just "wanted to be friends". We were sexually involved on many different levels depending on the woman.

My point is - I was, at one point, flat-out busted eating dollar dinners for nights on end, but I still managed to attract women. And a lot more of them versus when I actually had money - and a lot more of them who wanted me for me - and not my money.

So please take my advice...

Refrain from choosing the option of wealth to try to "get the girl." Save YOUR money for your own investment and not hers. More women will actually love you more for NOT trying to buy their affection.

They will appreciate YOU more. Who YOU are.

They will love the freedom to take care of themselves first.

You can NOT buy affection. You can NOT buy a woman. Attraction does not have a monetary value - It's an uncontrollable feeling YOU stir and create.

*Comments, suggestions, remarks, ideas, etc... on tip #6 can be made here: [BUY ATTRACTION](#)

7. Never Feel Sorry for Yourself Because You Were Rejected.

How many times have you heard this?

"Don't worry It will be okay. So you got turned down. There's more fish in the sea."

I know.

Blah! Blah Blah!

Here's some real advice about rejection.

Go ahead and feel like shit. It's okay. Rejection is not fun. When you put yourself out there, it hurts. I know it does. But you must always remember this about being rejected.

There's a difference between feeling hurt, and feeling sorry for yourself.

A huge difference.

I'm not going to sit here and tell you there will be plenty of others. I'm not going to fill your head with a pile of overused phrases to make you feel better.

Because I can not make you feel anything.

I can tell you this though...

If you learn from your rejections or learn to objectify the experience, the lesson learned will last you forever.



"You can't be a whole man until you learn how to live and be happy without a woman in your life.

[How to Get Over an Ex Girlfriend – Recovering From a Break-up](#)

The feelings of inadequacy or failure, will go away.

However if you only learn to feel more sorry for yourself, blame others, or to sulk like a boy for extended periods of time, those feelings of failure, won't just disappear, they will turn into an unattractive bitterness.

Here are a few quick facts about rejection:

- The deeper or longer the rejection lasts means you invested way too much into her.
- There is a good side to rejection. It implies you did something and not just sat on your ass. You showed some courage.
- Rejection is not always about you personally. Sure sometimes it means you need to work on "something" but don't take it personally.
- Rejection, when viewed properly, can actually boost your confidence and strengthen your inner game.

So when that woman you felt attracted to decides you're not the one for her, tell yourself it's okay to feel a little hurt but it's NOT okay to feel sorry for yourself, ever!

If you hate it as much as I do when others try to pity you?

Then why would you do it to yourself?

Rejection happens and yes it does suck, but feeling sorry for yourself will NOT make those feelings go away. Taking it personal will only prolong the agony and give them all the power you're supposed have for yourself.

I'm not talking about "power" in a negative dominating role it's often seen as - I'm taking about your personal confident power which is only yours - and only YOU can give that away...

If you let feeling sorry for yourself, or pity rule your next move.

"There is no more security in having a girlfriend than there is in being a single, dynamic man with the ability to create the dating life HE wants."

[Being Single is Just as Good! Do You Need a Girlfriend To Be Happy?](#)

*Comments, suggestions, remarks, ideas, etc... on tip #7 can be made here: REJECTION

8. You Have Your Own Views and Opinions... Don't be a Pushover and Change Them Just Because She May Not Agree.

You have your view. They are inherently yours. Own up to them. Even if it means upsetting the woman you are attracted to.

Women absolutely hate it when a man agrees with her every whim because he likes her.

She will assume or feel the worst things you can do to attraction:

- You're just trying to get in her pants.
- You're boring and far too agreeable.
- You're not confident enough to hold your own.
- You WILL put up with her bullshit.
- You're needy.
- You're approval seeking.

...And that's just the tip of her assumptions.

The more of these assumptions she makes about you will erase any attraction she may have felt very quickly OR stop you from creating it in the first place.

"I'm not into Female Bashing, I'm into MALE EMPOWERMENT. I tell you the things you need to hear and understand to feel good about being a MAN again."

[Double Standards – Bad Boys, Jerks, and Dating Many Women](#)



Remember, when you first meet a woman they have nothing to go by. They will assume things about you based on how you look and how you act almost instantly.

These first impressions may not always be the end of it but give her the initial impression that you are a pushover and she will push you over for that next guy that gives back at least as much as he gets.

Now about this whole nice guy thing...I know many women.

Yes many of them are extremely hot and extremely confident about their looks and the personality...that is in public when they are only willing to show you their best. But inside they live with their own insecurities just like you and I because they ARE people too.

Just because you want her and she's incredible hot is never a clue to how she feels about herself. The last thing an attractive woman wants when she is attracted to a guy is a nice guy who is only interested in kissing her ass and putting her on a pedestal.

Just because a woman tells you she hates her breasts, does not mean she wants to hear from you how spectacular you think they are. Every nice guy who fails with her plays right into in a test like that... Don't play that "game" with her.

First because to her it's not a game. A woman does that because she's testing you and wants to know what type of guy she's dealing with for real. Notice if you look around at other guys doing it how well this test separates the men she dates to the men she won't.

Secondly because I have found from my experiences a woman will mention her insecurities when she's nervous that you might not like about her. Keep that in mind and you'll be much stronger in those situations to stand you ground.

This is Nice Guy Tip 8 because too many nice guy's feel upsetting a woman will destroy her attraction and that's just not how it works.

An old girlfriend of mine always said this, "*You're lucky I love you.*" when we're disagreeing or if she does not like something I'm doing. What she is really saying is I'm not going to stop loving you, and feeling attracted to you despite my personal opinion at

the moment.

The opposite is true. She will lose the attraction and yet love me (leading to the just wanting to be friends conversation) if I suddenly start kissing her ass hoping I won't lose her.

Stand your ground when it's necessary. Don't let her push you over thinking it will make her like you because it won't.

You can still be a nice guy but letting any woman, or person for that fact, affect the value you have in your beliefs just because you want to be nice or have them like you only lowers your self-confidence and erases the respect they may have for you.

Strong self-worth and valuing yourself will strengthen your confidence.

Yes, you could piss off people once in a while but unless you're a complete ass with no moral fiber you will NOT decrease your attractiveness. It will only grow.

There's a clear attractive difference between being nice and being a pushover.

Learn it quickly because it can mean the difference between having a girlfriend, and having another friend who is a girl.

If you're struggling in this area take a look at a few articles which might help you:

- [Letting Out Your Inner Jerk to Become More Successful With Women](#)
- [You're Such A Jerk Pete! 7 Reasons to Hate Me?](#)
- [How Trust And The Belief In Yourself Can Make You A More Attractive Guy](#)
- [Launch Yourself Into A Real Alpha Man With Sexual Power And Confidence](#)
- [Why Being Too Nice To Women And Not Understanding Attraction Hurts](#)
- [The Difference Between "Nice" and "Mr Nice Guy"](#)

Before you take this whole thing too far...

The nice guy approach is NOT about becoming a jerk who feels their opinions are more valid than hers. It's not about acting like an asshole or treating women like their inferior.

The real purpose behind this Nice Guy Tip is to make you understand the difference between "trying to get a girl to like you" by agreeing with her every idea or motion and creating attraction by letting a little friction happen.

Too many nice guys roll over because they're afraid to upset a woman thinking she'll lose the attraction and it's the exact opposite of what really happens.

Women do NOT feel the right spark of chemistry or attraction with a guy who "acts" like he needs her approval and his every move shows it.

Women NEED to explore every emotion around a guy and they must feel like the guy they're with not only can handle all her every emotional ups and down - but doesn't break down and give in, just because he needs her approval.

*Comments, suggestions, remarks, ideas, etc... on tip #8 can be made here: [PUSHOVER](#)

9. Learn to be funny the right way.

There are a few different types of funny guys:

The Class Clown - Acts outwardly for attention. He can be funny but rarely is found attracting lots of women. Usually shows off over-confidently.

The Goofball - Always making jokes to break the ice or to share his feelings without making it seem too serious. He can be funny too but since we know there's always a hidden dark truth behind it - it's almost sad at times. He does attract certain women but I've found never has any real choices and will typically settle for the girl who finds him the cutest.

The One-Liner - Can be funny but it's rare. He doesn't know how to tell long jokes and his stories sometimes leave you wondering why he started them in the first place. Maybe a little too average BUT with the right combination of other things CAN create attraction. He avoids using humor for the very reason listed - it's not his thing.

The "I Get Along With Everybody" guy - Fun to be around. Always cracking jokes about himself. He makes clever observations which can be funny but usually his laughter centers around doing fun things, making others feel at ease, and is always found smiling no matter what is happening around him. This guy DOES attract women for many reasons. He's fun to be around and it's extremely difficult to figure out what he's really thinking. He's also confident, smart, clever, and has an elaborate social life.

The Stoic Sarcastic Bust Ass - Rarely ever cracks a grin. He's sometimes dark but displays very creative observant humor which is centered around sarcasm. Tells jokes without your assumption he's joking making it hard to tell sometimes. He'll sometimes scheme you for minutes, hours, or even days just to bust your ass. This GUY attracts, dare I say, hoards of women.

He's probably the toughest one to become but his brand of stoic sarcasm seems to draw women in. Typically he's a mystery. Strong. Confident. Extremely smart.



"Don't think that just because you're making her laugh that you're building any real connection. The more she laughs, the less she is focusing on romantic possibilities."

Speed Closing Women With Seductive Humor, Listening and Interruptions

Yes, those types of guys are generalizations and I'm sure you'll find some guys run the whole gambit of personalities BUT by breaking down the types it's easy to see one fact:

Humor does not equal attraction unless it's done right.

Nice Guy Tip 9 is here after noticing (and being every one of those guys at some point in my life) that good guys can feel uneasy around an attractive woman. This uneasiness will often cause them to use humor to mask their nervousness. It works on the surface because you make a connection with her. She laughs a lot.

You seem to be having a great time but in the end, it's not creating attraction.

You (us or we) often find our attraction builds towards her while her feelings towards us become more friendly than sexual. Using the wrong type of humor is a one way ticket into making just another friend.

We assume she likes us because she's laughing with us but when she rejects us leaves us confused, sometimes embarrassed, and sadly enough - more attracted to her. Not a very good combination for nice guys like us.

It's easy to avoid all those problems. All we have to do is learn the right kinds of humor and by doing so - won't have to worry about it.

Here are the types of humor which I've found either creates attraction or doesn't destroy it:

- Teasing her in a cute, flirty way. She must be laughing too - at least in the end. Too much is bad so it requires a balance.
- Occasionally bust on yourself. Use sparingly and only AFTER she knows our confidence is real. This down-to-earth attitude about yourself and the ability to

laugh at yourself keeps you from being considered arrogant and unreachable and can be a very powerful attraction tool.

- Avoid generic, cookie cutter humor unless it's really your thing and intimacy has already happened. This is the "dork" effect. Works great but again I've found it only strengthens a bond and amplifies attraction.
- Being highly creative by making clever observations about the world around you which you are passionate about and it helps a lot if it's sexually involved. Imagine Dane Cook humor against Carrot Top.
- Only use quotes to reinforce a humorous belief but never as the subject.
- Being mysterious and don't laugh at your own jokes too much. Let her wonder if you're serious or not. If she begins to take you way too serious see how long you can let her believe it before you bust her ass on being so gullible.
- Sarcasm is highly effective and can be used right away IF it's a clever blend of wit, charm, and quick intelligence. Avoid using it too judgmentally because that does not add very much attraction to it.

I'm sure there's more. After all this is a big field. A rule to follow which has worked great for me is to **avoid using too much humor unless you have a good handle on the right kind**. Add it in slowly until you find the right combination.

Leave it out with women and practice on your friends to help you find a really good mixture.

One more item which is always associated with humor and attraction is called Cocky-Funny. The exact definition - given to me by David DeAngelo when I went through his series [Double Your Dating](#) and more directly from his powerful program designed to teach guys this absolutely amazing skill to create attraction: [Cocky Comedy Series](#)

Take a cocky statement and add humor to it.

It takes a little practice AND is just a spice but it did help release me from my old nice routine of boring the attraction right out of women. When used carefully AND sparingly does create lots of attraction. It triggers a certain emotional response from women which is quite amazing to watch - if you can get it right.

*Comments, suggestions, remarks, ideas, etc... on tip #9 can be made here: HUMOR

Just because you can make a woman laugh does not guarantee she'll feel attracted to you AND if you're too cocky or arrogant, women will NOT feel anything good towards you.

David DeAngelo's Cocky Comedy shows you how to blend to ultimate spice in creating attraction. Learn to right mixture which makes women actually feel attracted to you.

"How To Use Cocky Comedy To Make Women Feel Instant Attraction And Literally Addicted To Being Around You"

[Click to Learn How To Use Cocky Comedy](#)

10. If You're Not Teasing Her, You're not Creating Or Amplifying Attraction.

The unfortunate truth about nice guys is... they don't tease women enough. Teasing is not only used in foreplay to enhance sexual arousal but it can be used in an entirely different way.



It's used to challenge women with your humor and wit, to get her laughing with you, and make her experience with you much more unforgettable and different. In other words - it gets her feelings something and that something can easily turn sexual.

I was always afraid of "teasing" a girl I liked because I wasn't entirely sure how to do it. Most of the time I refused to even attempt it because, like too many other nice guys, I was scared of screwing up and looking like an ass. Or worse yet, coming off as a skeezer player only looking to get in her pants.

Little did I know without the right kind of teasing I was destined to the friends zone.

Women did NOT see me as a sexual guy with options - they did not feel attraction - and without those two elements in place, the few times I tried to make a move only managed to creep her out.

Nice guy tip 10 is here for a very good reason.

"There are too many men who are afraid of their sexy side. They hide it from women probably because we've seen way too jerks or scumbags use it to screw women over."

[Become A Sexy Guy – Where Your Sexiness Comes From and How To Find It](#)

If you don't learn it, practice it, and do it the right way... Women will NOT see you as sexual guy with options and they will rarely feel attraction. A good rule is teasing women (outside the bedroom) is to make sure, even if she's seems to get a little angry at first - that she is laughing.

If she's not going along with it you're doing something wrong, she has no sense of humor, or you are so far out of context she has no clue what you're talking about.

Another good rules in teasing women is - Don't ever stop doing it for as long as you know her. Even if you're married 25 years - don't ever stop.

The circumstances may change or you may not do it as often, but never stop. Always keep the attraction new and exciting.

Teasing is a form of communication between two people where most of it is sub-textual - beneath the surface - it's an exchange often related to courting, such as flirting.

"Without sexual chemistry a friendship will become extremely hard to escalate physically."

[Sexual Chemistry and Identity Experiences](#)

A very good rule to follow for great success is to actually leave her wanting more. This

is not exactly what most guys think it is. They believe they must get her at a high point and walk away. Sure that can work but there's another piece which will always increase her attraction.

Sometimes it may seem cruel but don't always give her what she wants.

Give her the opposite or nothing at all. The important word to note is "give." If she earns it, works for it, plays along happily or a little reserved then it becomes okay to allow her to have it. If you give in too quickly you may appear weak or like every other nice guy who's still in "practice mode." or has let her down before.

Below is a great quote from an article, which is even better at showing us nice guys how to tease. Read it all and you'll see what I'm mean.

"...And they didn't realize it at the time, but this set in motion a whole pattern of behavior that led to them being very interested and attracted when they are CHALLENGED. Teasing is done with a tongue-in-cheek sense of humor. You kid with her. If you make fun of her in a mean or malicious way, you're out. If you don't let her know you're kidding, you're out.

The point of all this is to: Get her laughing. Challenge her by demonstrating Self-confidence and that you're DIFFERENT. By teasing, you emulate a lot of the self-confidence you need to demonstrate with a woman. That's really the secret in a nutshell.

Call it what you want, Cocky and funny, confident and humorous, Tease to Please."

[The Tease to Please Approach – Challenging Women](#)

Here it is:

- Teasing creating a special connection due to its below the surface often sexual communication.
- It amplifies attraction by strengthening that connection.
- It creates emotions women crave and will want more of and its something you can hold back to qualify her with.
- It displays a sense of humor which is different from other guys.
- It hints you have experience with women in a way which works just as good or even better than two hot girls wrapped around your shoulders.
- It challenges her to give some back.

- It displays awareness and that you do understand her emotional desires.
- It demonstrates confidence, that you're a sexually aware guy, and it implicitly states you are fearless around women lacking any self-conscious negative thoughts.

And if those reasons are not enough to get you wanting to learn this skill think of this...

A nice guy who does not tease (the right way with real sexual overtones mixed in) is just another friend.

*Comments, suggestions, remarks, ideas, etc... on tip #10 can be made here: [TEASE](#)

11. Learn to Communicate With Women Through Flirting.

Flirting can be a form of sexual communication. Women understand it and as a nice guy, so should you. It's unfortunate most nice guys just don't flirt enough but you can change that quickly.

You CAN begin to change the dynamics of ALL your interactions with women.

I used to see it as a player move. A cheap tactic of a sleazy guy trying to get into a woman's pants.

What I've come to learn is that us nice guys absolutely HATE being lumped into a "just like every other guy category" when in fact the things they do and the reasons they believe it, is why they're being seen that way.

Learning to flirt does NOT make you like every other guy - it separates you because most guys can't, won't, or don't do it enough.



"The real definition of "flirting" is not only VERY different than that, it's also DISARMINGLY SIMPLE. "Flirting" is simply ANY INTERACTION of ANY KIND with (members of the opposite sex) that would flat-out feel WRONG were it directed to someone of the same gender... And you're hard-wired to be-- practically from birth."

Secrets to Flirting For Men

Flirting is a skill and most men who are good with women happen to be great "flirters" too. Think of it as adding sexuality or edge to your personality. Too much and women won't like it. Too little and they'll likely to think you have little experience with women, you don't get them, and most of all...

Your conversations lack excitement, fun, and oddly enough - a touch of superficiality which demonstrates a fun, carefree guy who is easy to get along with, and doesn't take everything in life so serious.

Again all great reason to learn the "other" sub-textual communication which is very similar and can be exactly like teasing her.

Here are some quick examples of what flirting can be:

- Creating fake scenarios about future events in which she fails or even succeeds with you.
- Creating fictitious relationships through storytelling. Otherwise known as role playing.
- Using sexual humor to entice her to play along with you.
- Teasing her about anything she does which may be cute, but you'd rather bust her ass about it.

It's a blend of charm, wit, humor, social awareness, sexual overtones and innuendos. It's play fighting verbally sometimes too. Actually you don't even need words if you're good enough to pull it off.

When you flirt right some women will accuse you of being charming. I know. Sounds awful, doesn't. My last girlfriend who accused me of being an incredible flirt called it "being suave". She said I always had a great answer. In other words she could not "one up me" me and I always found a way to heighten the experience between us.

What I was doing was creating chemistry and sexual tension and if you're a nice guy who still believes nice guys ultimately fail with women, creating chemistry must be high on your list of things to learn.

That is if you want to attract more women.

Another girlfriend knows I'm a flirt and she's experienced it first hand, and with other women too. She liked it at first but now it can be a little upsetting to watch or hear me flirt with other woman. Her feelings reinforces the fact that nice guys who don't flirt are giving up too many opportunities to create attraction.

This is because she knows it works, and it works like a charm. Otherwise there would be no reason to worry even a little.

Nice Guy Tip 11 came about when I realized I was afraid to flirt and unfortunately gave up years of practice and lost many opportunities with women.

Flirting speaks to women, again, under the surface. On a different level.

If you're not ready or willing how about this? Flirting is an easy natural way to create sexual chemistry and attraction. Flirt on a "given" level and women will give you one more adjective to being nice and that's charming.

Teasing is fun for her and hopefully you too. Teasing is a form of flirting. Flirting can be practiced almost anywhere at anytime with any woman at any legal age. Perfect it and use your best on the women you want.

Flirting IS a natural thing to do. When you avoid it, you're subduing YOUR natural ability to attract women. Flirting is a communication which shows you are a sexually aware, fun, playful man. Women get that. Women WANT that. They understand it and love to play along.

Learn to flirt on many different levels to change the dynamics of your interactions with women and when done right... You've taken the first step in attracting women through your personality alone.

12. Never Ask a Woman, "Do you like me?"

Asking this seemingly innocent question may not ruin your chances with every woman but since it's a nice guy "need for approval" thing, it's here.

It tends to destroy any attraction for many reasons. The mystery is gone. It dissipates chemistry and sexual tension. It's almost always comes off as needy and approval seeking.



"It's okay to WANT it, but don't become so attached to every encounter with a woman that you end up NEEDING her to like you."

[How to Tell If A Woman Is Interested In You](#)

You can throw indifference out the window and not lastly, it shows a lack of confidence.

Remember even as a nice guy - if you're a little mysterious, there's chemistry along with sexual tension, a lack of neediness, you appear indifferent to her liking you, AND add to it unwavering confidence... You have one of the most amazing combinations to create enormous amounts of attraction just by interacting with her.

And if asking a woman if she likes (in a certain tone or situation) destroy all that - then yes, this nice guy tip belongs here.

Every time you feel yourself about to do it I want you to do several things:

1. Pause.
2. Step back a little.
3. Look right in her eyes.
4. Put a small smirk on your face and a little squint in your eyes.
5. Think but don't say it unless you have a clever comment, *"She likes me. Awww... How sweet. Haha!"*

It may not work every time but it's much better than asking any woman if she likes you and the little pauses will help. Assume she does like you because you're worth it.

A friend once rattled on because every guy in the world was asking him, *"How can I tell if a woman likes me?"*

The answer is simple - if she's interacting with you (and enjoying it) long enough for you to create attraction.

That's it.

Assume it until she gives you every reason not to.

You see women want to feel like you understand. How you're "in tune" with her emotions. She wants to connect with you on a different level. Asking if she likes you only tells her you don't get it, her, or women in generally which makes creating attraction and dating her that much harder.

This "tip" may seem small but it can have a huge impact on your dating success. Sometimes just even thinking it causes you to act differently around the women you really want.

Nice Guy Tip 12 is about assuming you do understand and get women and that you are good enough for any woman - giving you the right mindset to create attraction.

*Comments, suggestions, remarks, ideas, etc... on tip #12 can be made here: [LIKE ME](#)

13. It's Important to Understand The Difference Between What Women Say They Want and What They Really Do Want.

Nice Guy Tip 13 is about making sure you understand what women really want and a little of why.

You see, as a nice guy, I thought I knew what women wanted and I wasn't half-wrong... But I did not understand the real meanings behind it or how I could still be that guy without having to be a jerk.

It wasn't always clear that what they said they wanted, what made them feel attracted, and the guys they often end up are not always about what they say.

Their so-called "laundry list" is not a logical thing because:

1. What you think it means is how a guy thinks, how we perceive it... logically. In other words, our "male minds."

2. What she gets from the list is about how they engage her on an emotional level. Some invoke feelings which prove your "list" is really underneath or her instinctive reactions through her "female mind."



Remember when she's telling you the characteristics of the right guy for her - she's accessing a different part of her brain. She's giving you a list which is normally the same for people in general:

- Confidence. A self assured guy.
- Humor. Not too serious. Takes life easily.
- Mystery. She want to work for you. Figure you out.
- An Experience. Something to tell her friends and family. Something memorable and new.
- Feelings. The ups and downs and the in-betweens.
- To feel Special. Having you feel attracted to her uniqueness.
- Leadership. A take charge guy. A man to rely on for some things not but everything.
- Social Status. The ability to communicate with others and keep and hold real friends.

You're no different. Your list would be very similar.

Change leadership to nurturer, social status to being understood, mystery to allow our independence with clear barriers, and calm down the feelings part and you found yourself the perfect woman.

Her conclusions are typically based on a life she wants to live (in a relationship) or is to trying live through her goals and needs as woman.

Your conclusions are also based on a life you want to live (in a relationship) or your goals and needs as a man.

Now your "job" as a nice guy who wants to attract women is NOT about giving her what you think she wants. That's how most of us logically think based again on what's above.

We don't give her what we think she wants - we stir the emotions, invoke certain

feelings which engage her "instinctual reaction" through her female mind which in turn reinforces her thoughts of reality.

Yes. I know that sounds complicated but that's just the words I needed. There must be a simpler way to do it. What I'm trying to get across is that it's not what is IN the list - it's how her emotions depict that specific trait or list item.

When she's around a confident guy she may feel:

- Safer.
- More assured.
- Stronger.
- Like how as a couple they could take on the world.
- How her ups and downs will not affect us too negatively.
- More free.
- Happier.
- Potentially fulfilled.

Confidence is a pretty big thing.

What all this may come down to is - as a nice guy tip - is that your "nice-ness" makes her feel well... nice. Which is cool and all but it's just not enough.

You could be "acting" nice, nice for all the wrong reasons, unknowingly nicely manipulative, passive aggressive - unfortunately none of that is "trusted" because it's too easy to mask an ulterior motive be it reasonable or not.

Other people must be allowed to determine their own opinions or conclusions. It solidifies their beliefs. It reinforces what they're feeling.

A lot of those items on the list are normally attained internally through you. You don't have to TRY to invoke them. Just by being that person and allowing her to come to her own conclusions (which has little affect on you,) is how the attraction is created.

Please read the quote below.

"If you want a woman to think of you as a "lover", then BE ONE. If you want her to think of you as a provider, then just BE ONE. What you haven't quite realized fully yet is that when you know how to trigger ATTRACTION in a woman, all the "normal" rules go away.

If a woman feels that powerful emotional ATTRACTION for you, then she'll do ANYTHING with you... just to be in your presence and have your attention. If you have dialed up the ATTRACTION, then all you need to say is "come over here".

What Women Want In A Man

I'm going to over-simplify here but "creating attraction" by becoming that guy is one way but won't necessarily make something happen. Something happens, or the attraction is acted on or "amped up" in a few ways but the most common is how you communicate those traits to her.

You communicate to her through your body language, your words, how you live your life, how you socialize, your actions and reactions - directly or indirectly that's how she connects her emotions to YOU.

Not by saying how confident you are - not by trying to be a funny guy - not by withholding everything from her - and so on...

You don't give her what we think she wants - we stir the emotions, invoke certain feelings which engage her "instinctual reactions" through communication and other things.

*Comments, suggestions, remarks, ideas, etc... on tip #13 can be made here: [WOMEN WANT](#)

14. If you ever feel you are already too deep in the friend zone, you probably are. Immediately learn what you can about what went wrong and then move on quickly.



I realize nobody really wants to hear that you're in the friends zone of a woman you've grown attached to but take it from a guy that has spent so much time there I started to feel more like a pet to women than a man. Sometimes it's just the best thing to remove yourself from the situation quickly that is if you want to escape it or eliminate it from happening again.

It took me way too long to realize it and I hate to see other guys go through it. It's painful but it's necessary.

Think about where your relationship is going and where you would like it to go...

Do you want to date her? DO you want her to be your girlfriend? Do you want to marry her?

No matter which one you choose or even if you choose or all three, being just a friend to a woman you want is where your situation is right now. Right?

Now did it happen by accident and is just a one time event? Is it a reoccurring theme on most or all your relationships with women? I'm going to bet big you've been there before... many times.

That WAS me and for some stupid reason I just kept doing the same thing over and over, hoping "this time" it would work but it never did.

This is nice guy tip 14 because I've found nice guys end in the friends zone more than anybody else and once you learn to first admit it, then see it happening, you can begin to untangle the mess and stop it from happening again.

If you continue to live the same pattern over again, it WILL happen again and trust me it doesn't get any less painful. And while you're deep in it from one woman to the next, lots of available women will pass you by without you even noticing them.

It's the classic double edge sword.

The list below are friends zone traps. If you do them, you're there:

- You do the same thing over and over again hoping things will change.
- Confess your love to a woman who does not feel even the tiniest bit attracted to you.
- Suck up to her and kiss her ass while trying to win her heart over.
- Believe you're better than the guys she dates because you're a nice guy.
- Believe she'll suddenly feel something for you as if it's her choice.
- Think you must become "friends" before you create attraction.
- Are there for her whenever and wherever she wants and you have not been intimate in any way.
- Think she treats you different than other guys so she must like you.
- Believe you can eventually talk her into liking you.
- Attempt to mask your true intentions because you think she's special.

And that's just to name a few...

If you're still not sure whether you're in the friends zone or not then please read this:
[Does She Really Like Us? Signs That She Has Put Us In Her Friends Zone](#)

You should have a good idea by the time you're done. In fact it's filled with great ideas

and links to explore which can be very helpful.

Now I'm not going to tell you a bunch of lies and make you believe you can turn that "one" girl you love so much into a lover - but I personally have seen it happen so I know for a fact it IS possible. But it's a delicate operation with risk.

Here are some quick options:

You can begin turning that friend into something more by reading through my free Ebook: [Eliminate The Friends Zone](#) but it's more about stopping it from happening in the first place. It's about elimination.

You can choose the most popular product out there: [Friends Into Lovers](#) It starts with the honey badger and a video presentation. Pretty cool if you ask me AND very effective.

You can also use your Facebook account (which I bet is filled with your friends) [Facebook - Friends into Lovers](#) This is "brand new" and was developed not as a guide to help you not turn one woman, but to use your Facebook in effective ways to find dates and possibly a girlfriend too. Truly helpful and if you're using Facebook and not "scoring" from it, THIS will solve that problem for you.

Whatever you choose PLEASE choose to do something about this "affliction" immediately.

This Nice Guy Tip is here to open your eyes, let you know there is lots of help available and to remind you that nice guys end up in the friends zone way too much - but it does NOT have to be that way.

*Comments, suggestions, remarks, ideas, etc... on tip #14 can be made here: FRIENDS ZONE

15. Pay close attention to your body language to create an unbreakable image of a relaxed confident man.

You may not be aware of it but your body language is a "tell." A give away to who you are, how much you believe in yourself, and how attractive you feel.

It tells women so much about you and the life you lead and it shows them how confident you are.

It also can present the image to her that you're so relaxed and comfortable in who you are - how she looks - her emotions - her attraction may not affect you in any way.

Your body language can present the ultimate challenge to women AND just because you're a nice guy doesn't mean you don't have the ability to achieve an amazingly attractive body language.

How you hold yourself can also demand an amazing presence and give women the impression of space.

You also show her, by not hovering or lingering around her just how really strong you are. Perhaps your indifference. Your body language can allow her to believe you're the least needy person she has ever met. Which is a good thing.

Women tend to follow your lead IF you do it right. You can build her interest and increase her attraction just by leading her where you want her to go.



“Women are all about connecting with a man.

A woman will also start to relax because you are relaxed.”

How and Why Creating Her Body Language Makes You The Leader She Wants

This Nice Guy tip is here because I've personally and done it myself...

Negative body language from great guys - and they struggled getting the girlfriend they wanted because of it.

Sure they could use a refresher course in conversations but they either tried to fake it by putting their body in such strange uncomfortable positions it actually created more stress than it did to relieve it.

Or they "manufacture" a walk or look that they're some kind of bad-ass just to hide the fact that when they think about their relationships with women as a whole - their body followed their mind and slumped over.

Yet those nice guys and maybe you're one of them have more to offer to women than you might believe but because they tend to "emit" a weak image it only causes women to get "turned off" or not sexual excited enough to give them even a half a chance.

This tip is to let you know or to remind you this is such an easy part of your life which you have COMPLETE CONTROL of because it has everything to do with you, your mindset, and your drive/ability to exercise and create comfort for yourself.

Once it's done you just have to maintain it at your own pace.

Once it's done your confidence will never have to be shown or played, women will accept it as a reality.

Once it's done you only need to enjoy the benefits of perhaps better health, more energy, and a fearless attitude around women.

Here are some real facts about women:

They are naturally attracted to men who appear healthy and have a seemingly never-ending amount of energy.

They are naturally attracted to men who display "animalistic" movements which are free-flowing and free from stress.

Don't confuse this tip with turning yourself into a muscle bound man. Lifting weights is optional but exercising is not. Cardio, for those of you who can maintain is also part of it. I'm saying a little goes a long way and you DO NOT have to destroy your muscles or joints in the process.

I'll prove it to you...

John Alexander, author of [How to Become an Alpha Male](#), known for his ability to teach guys how to attract women once wrote this:

“Watch a man with high status—Brad Pitt, George Clooney, or the CEO where you work—and you’ll notice that he moves differently than the rest of us. He gives off vibes that he is hot stuff, and because of that, women get soaking wet over him.”

[The Number One Secret Behind the Alpha Male’s Body Language](#)

Download a 25 free page preview of How To Become An Alpha Male hosted at DialTeG: [Preview of How To Become an Alpha Male](#)

Slade Slaw - Creator of Fireworks with Females, [The Famous Make Her Crave You Video](#) - and as far as I'm concerned has amazing advice on how to attract women... and he wrote this....

“The good news is that your less-than-perfect body is VERY much capable of attracting hordes of gorgeous women. Even rock stars who dress like they crawled out of a dumpster are able to draw women like moths to a flame. Well, maybe they’re a freak exception because of the baked-in charm that comes with being in a band.”

[Tips For Getting And Keeping The Body Women Love](#)

Elena Solomon - who you might not know but she's quite intuitive and very smart (and beautiful), never fails to mention how your body language affects your attractiveness...

“Which means that if you display the ‘open’ body language, you will be irresistibly attractive. They won’t know why but feel drawn to you. People usually describe it as, “You have something special about you”, or “a presence”.

If you start consciously ‘open’ yourself to other people, you will notice the change in your communication almost immediately. Open body language makes you appear more approachable and trustworthy. It will also make you feel more comfortable and relaxed in any situation.

Remember, your body language tells MORE about you than your words. Use it to your advantage!”

Carlos Xuma is a guy who teach extensive inner game, conversational ability, approaching, sexual confidence, etc... and even he never fails to mention how important it is to lead her with your own body language...

“She wants a man who can take charge and confidently LEAD her to the place she wants to go. This means that if you’re too hung up on reading body language and watching for signals, you’ll miss the real opportunity – which is to LEAD her with your own body language.

You see, if you’re waiting for signals to appear, you’re not creating the kind of initiative that makes a woman feel attracted to you. In fact, you’re at risk of looking socially reactive.

That fancy little term just means that you’re reacting to what people do instead of just doing what it is you’re going to do. It ends up looking like you need permission to take action.

This doesn’t inspire confidence in you from the woman’s point of view.”

[The Biggest Mistake Guys Make Reading Body Language](#)

Okay I DO hope you're getting my emotional connection here and that's not just because I want you to fix it.

It's because I once had the experience of being turned down to another man who could've been my twin because his body language which just that much "sexier" and alpha than mine was. At the time I couldn't figure it out. Now I understand he had IT

and I didn't.

You want my "secret" or how I mastered my body language:

- I started with a book. It wasn't very helpful but it teach me how to read body language and what it meant or was portraying.
- Then I watched other guys who were good at it. This was extremely helpful and the more I watched the more I began to move like them.
- I paid close attention to how I walked, how I was sitting, how I talked, how quickly my words came out, basically compared myself to the "naturals" I was studying.
- I mimicked their movements and it helped a little - well at least a lot more than doing nothing.

The rest is history... Well sort of.

I'll admit this whole body language thing is sort of a circle of success.

More confidence gets you more relaxed which in turn boosts your confidence and the more freer you and your body language becomes and so on.

Here is what I can do for you today:

Read the posts I've included plus go through this page entirely - [Body Language is Communication - Nice Guys Finish First.](#)

You can also flip through:

[Can Golfers Attract Women Better Than Most? Confidence In Motion](#)

[What Parts Of A Man's Body Instinctively Attracts Women?](#)

Not Being Sexy. How Your Body Language Can Put You In Her Friend Zone

I believe you'll get an extensive education on what your body needs to be doing to attract and about 80% of what I know about the subject.

You may not need anymore than that but if you really want it... try this: [Body Language Video Presentation](#)

Nice Guy Tip 15 is to help all us nice guys understand how body language is a form of communication and it's something we have complete control over.

*Comments, suggestions, remarks, ideas, etc... on tip #15 can be made here: [BODY LANGUAGE](#)

16. Living Your Own Life is one of the most Attractive Move a Nice Guy Can Make for Himself.

Too many nice guys make women a priority in their lives or a desperation to have.

Whether you're single or dating, women don't feel much attraction for guys who make their entire existence revolve around them.



Nice Guy Tip 16 is about finding your passions, living your own life, and not making women the only reason you get up every day. I'm not saying it's okay to sit around watching sports instead of meeting more women. That won't help either.

This tip is about balancing your time and fitting women into YOUR life.

“If you are sex-focused, you are--by definition, mind you--HANDING OVER all the power to women. You are putting them in the catbird's seat as far as being the choosers YOU are chasing.”

Who Chooses and Who Chases Men Or Women?

It's not about rearranging everything you do just to make one woman happy. You'll only resent her for it and she will not respect you much either. Find a balance between your hobbies, your goals, your passions, AND your dating life.

Women do not want the extreme in any case. If all you care about is getting more women to date, chances are you won't end up with many dates. If all you care about is your hobbies and this leaves you no time for anything else you won't end up with many dates either.

In every endeavor balance is key to a well-rounded and happy life. Why should your dating life be any different.

I used to be scared to leave a woman I was interested in alone. I always thought she would find someone else if I was not with her every second of the day. I felt a little lost without her - because without her I had no life.

Women are highly understandable people.

Sure if you meet a girl who needs to see you all the time and you put it off because you're living your own life, she may get angry with you from time to time but that will not decrease any attraction she feels for you.

In fact it will increase her desire to be with you because she can not have you when ever she pleases and that's a huge shift which separates you from other nice guys who are constantly begging her for company.

“If you spend all your energy chasing the “uninterested” you will leave very little for learning the powerful concept of how attraction works.”

Chasing Women, Being Lonely – How To Stop and Allow Attraction to Work

You can be the one guy she has to work a little for your attention and you don't have to play mind games or tricks. All you have to do is live your life to the fullest and women will want to be a part of it.

That's why this is one of the easiest move a nice guy can do which makes him more attractive to women:

- Stick to your personal goals.
- Live out your passions.
- Desire to make yourself happy first and you will be more desirable to women.
- Women will then want to be a part in YOUR life as well as getting to live their own.

When you do not live your own life, you end up chasing women and pushing attraction away.

This nice guy tip is here to help you understand you CAN live your own life and still attract women - just find the right balance which works best for you.

*Comments, suggestions, remarks, ideas, etc... on tip #16 can be made here: LIVE LIFE

17. Stop Blaming Women for Your Own Failures or Problems.

The only person on this entire planet that is fully responsible for YOUR actions, is YOU.



If you sit around bitching that women are the problem - you make yourself less attractive. I know you're going to meet some great people and you might make some wonderful friends but the only person that can actually change who you are... is yourself.

Here are a few quick tips from one nice guy to another based on this whole "blame" thing. These are what I had to learn before I had any real success with women:

- When you blame others for your problems or your luck you do more harm than good.
- Take complete responsibility for your role in your life. It's a mature masculine thing to do and women just happen to be highly attracted to mature masculine men.
- Meet your problems head on and solve them. They are your problems and although there are solutions, no one is going to take you by the hand and do the real work for you. This includes women.
- Take charge of your life and do it with as little complaining as possible. Complaining gets you nowhere and it is a very unattractive thing to watch or to have to listen to.
- Give a little effort each day to yourself and you will begin to see a difference in how woman respond.
- Give yourself a break man. No pressure. It will happen when you start doing things right. Give it some time and stop pressuring yourself so much. Stop being so hard on yourself and learn from any experience you encounter.
- You're going to make mistakes. You're going to screw things up. Some women will actually despise what you're learning but in the end, who do you think she FEELS enough attraction for? The nice guy who blames them or the guy who got off his ass did something for himself. Despite the objections of a few women.
- You don't have to be afraid to call women out on shit that has nothing to do with you but do not blame her for her choices. They are hers to make and not yours. The same goes for you. When any woman tries to control you and judge you because of your choices remember this nice guy tip and just walk away.
- Too many nice guys who end up being floor mats because they allow women to walk all over them and end up blaming her for it. Don't do it. If you do not want to be treated badly by anyone, including women, don't let it happen.

Nice Guy Tip 17 is more than a tip to make you into a more attractive nice guy and to stop the blaming. It's about respect for yourself first so others will respect you the same. And it just so happens real women will rarely ever date or sleep with a guy they have no respect for.

You can not honestly and morally respect yourself or be self-assured when you blame others for something they should never have control over...and that is you.

Blame is a tough word. That I truly understand. But let's keep this in perspective. We're talking about YOUR dating life. Your ability to attract. Your views of yourself and how you feel about them.

When it comes to YOU - the things you have absolute control over, you can either take charge of them, take responsibility for them, or you can give others power over you and then blame them for what happens.

Again, it's YOUR choice.

I say, since I tried the alternative and gave all my power to women, the blame doesn't work on women who respect themselves. You can also blame yourself and wallow in your own misery but once again that does not solve anything.

It's just best to be responsible for the things you DO have control over, understand mistakes can and will happen, blaming anyone outside or within just becomes a waste of valuable time and energy which can be used to take control over what you can... yourself and the affect you have on women.

[*Comments, suggestions, remarks, ideas, etc... on tip #17 can be made here: BLAME](#)

18. Give The Women You Are Attracted to... Space.

One rule of attraction implicitly states, when we chase those we are attracted to, they will run quicker than Forest Gump on steroids.



If you want one way that will always separate you from any pack of needy and horny nice guys better known as the "hot girl's entourage," it is to step back and give her space.

Allow her to live her own life. Allow her to make her own mistakes and more importantly, allow her to learn from those mistakes. Allow her to miss you.

She must understand you're not needy, clingy, and desperately starved for her attention.

"An independent, secure man does not NEED a woman for his approval. He can stand alone and separate of her opinion... Another way to show this is to allow for long pauses between contacts with a woman. Don't email her right back. Don't call her right back."

[How to Create \(or Kill\) Sexual Tension](#)

When you smother any woman with too much affection and attention you have little hope in creating sexual tension. You'll be that nice guy friend or worse, you'll be her "go to guy" when she's experiencing problems with the guy who either keeps blowing her off or has too little time for her.

Let's not get too deep into the reasons for this approval seeking or "urgent" act of a man who is scared he's going to miss something. Let's leave it at - I've been "that" guy and this is a big reason why I wrote Nice Guy Tip 18 - I thought if I left her alone, she would leave me. She would find someone else. I acted out of fear and had every excuse to explain my actions.

The truth is...

Women are not inanimate objects you can keep for yourself.

They have feelings and experience emotions at every level in their lives. They need space and the room to live their independent existence. They also need the space to determine you are right choice for her.

If you're struggling as a nice guy and despite anything you do, you just can not give her the space she needs I have a few tips for you:

- Date many women.
- When you meet a woman you really like, quickly go out and find others like her.
- Don't be afraid to leave your phone at home once in a while.
- Don't be afraid to turn the phone off during your most desperate times.
- Restrict how much you see her or contact her to at least half, maybe more depending where you're at.
- If you want to call her and you know you're appearing desperate, STOP and get yourself busy doing something else. I used to journal my reasoning in vivid details. The longer it took me to write, the better chance my sense of urgency would take over.
- In your weakest moments think of every clingy women who wouldn't leave you alone and give yourself a hard smack.
- If a woman has ever told you to 'get a life' (yes it's happened to me) she may not be too far off. Find some goals besides getting a girlfriend.
- This goes without saying - develop strong self-confidence and build your self-esteem.
- Always remember to allow any sexual moments to build naturally and never force the issue. If you don't know how, learn the true art of seduction.
- If you're struggling after a recent break up, read this: [How to Get Over an Ex Girlfriend – Recovering From a Break-up](#)

As a nice guy, fear is typically the ultimate cause of not giving a woman enough space. If you're seeing her now and you're worried she is going to cheat on you, your fears will actually push her closer to that next guy.

Another cause of not giving her space is pure neediness for affection. We all desire affection. It feels good. But I guarantee it's going to feel better if you can hold back a little more each time.

The third cause of a nice guy's inability to give a woman space is a need to be affirmed.

You don't feel loved unless she is always reaffirming her love for you. As the old saying goes, you can only be loved as much as you love yourself. If you don't even like yourself then women are not your problem and will never solve it for you, despite how many times she tells you how worthy you are.

ONE LAST TIP: When your emotions are beginning to overwhelm you and you must see her despite your intuition, come here and start reading until you pass out.

I'm always happy to put you to sleep if it keeps you from crowding that girl. :)

*Comments, suggestions, remarks, ideas, etc... on tip #18 can be made here: [SPACE](#)

19. What is Confidence Really All About?

Women LOVE confidence.

I can not emphasize enough: Confidence Is A Universally Attractive Trait Any Nice Guy Can Achieve... Man or woman, we are universally attracted to people with real confidence.

Not that fake bravado shit. The real thing.



It is the one trait that if you don't have your success with women will only be measured in tiny increments. Or worse yet you will be only attracting women that have problems and lots of them. As sad as that sounds, it's true.

Think of it this way.

You can be an asshole and still get a girlfriend, if you have confidence.

You can be a total jerk and still find girls who want you, if you have confidence.

You can be a criminal and disregard others and their possessions, and as long as you're confident, you will still get laid.

Alright I'm not suggesting you try any of those above so don't go out and criminalize the jerks and assholes of the world just yet...

My point is without confidence...

An asshole just another lonely ass.

A jerk is just another disrespectful "single dick" in the world.

If you find yourself asking this question,

"How can I be confident when I don't have any successes to build on? Doesn't being confident come from being successful?"

You know I used to believe that myself and I'm very proud to admit I was wrong!

What I learned about confidence is much more exciting and what I learned makes it so much easier to build your confidence quickly ...

Confidence is NOT about your success but how you handle you failures and likewise how you handle your success.

“You have to learn how to communicate your confidence THROUGH that liability, and at the same time not seem defensive, or like you're carrying around issues”

[Communicating Confidence Despite Your Liabilities Is Key To Attraction](#)

So unless you just can't stop succeeding with women you're in luck.

Think about the last great success you experienced and how you felt after. I bet it felt great. It was fulfilling. But how long did that feeling really last?

Now think about your last failure where you were able to learn how to handle it with maturity. I mean one where you really learned something profound from it.

How long did that feeling last and how confident do you feel attempting that very same thing again? Or something similar.

See the shift in thinking I was talking about that excited me so much.

I failed with a woman once. Haha! Well maybe more than once! Seriously though I came on to her in a weak timid way, got her phone number, I didn't call her few weeks after and she never bothered answering the phone twice. She never got back to me and she's now engaged to some other dude.

That failure has taught me to be confident knowing if I do the same thing again, I will fail... again. I now have the confidence through that failure of exactly what to avoid...

And that is true confidence.

How I handle my failures to succeed in the present!

“So many people make these kind of excuses in order to feel justified in not putting themselves “out there” in the dating world, OR to avoid having to face that they need to work on their confidence or conversation skills.”

[How To Get Past Your Dating Excuses and Reasons For Failing With Women](#)

Any guy who doesn't know where to get confidence often asks... What is the easiest simplest way I can boost my confidence with women when I don't have much experience with women?

Well you can start reading every available resource on self-esteem (and confidence) but that will only get you knowledge.

It may in fact confuse the issue or worse yet - muddy the line between esteem and confidence.

Let's get real about this subject.

“Confidence is generally described as a state of being certain either that a hypothesis or prediction is correct or that a chosen course of action is the best or most effective.

Self-confidence is having confidence in oneself.”

[Definition of Confidence fom Wiki](#)

I know...blah blah blabbody blah!!!

What about this more important aspect of confidence and attraction...

“(...) one may be inept at a particular sport or activity, but remain 'confident' in one's demeanor, simply because one does not place a great deal of emphasis on the outcome of the activity. When one does not dwell on negative consequences one can be more 'self-confident' because one is worrying far less about failure or the disapproval of others following potential failure. One is then more likely to focus on the actual situation which means that enjoyment and success in that situation is also more probable. Belief in one's abilities to perform an activity comes through successful experience and may add to, or consolidate, a general sense of self-confidence”

[Definition of Self-Confidnece from Wiki](#)

Now from the "master" himself how does that relate to confidence and attracting women...

"I've said it a bazillion times ... great women don't see a man as potential "relationship material" based on his looks, money, or cheesy pick-up lines.

When it comes to figuring out if a particular guy might be "Mr. Right," the first thing most women look for are sure signs of CONFIDENCE.

More specifically, the 4 unmistakable, magnetic signals that confident men send a woman the moment they meet her:

- 1. An "Easy-Going" Attitude*
- 2. He's "Put Together"*
- 3. He's Humble*
- 4. He Has A Sense of Humor*

[The 4 Sure Signs Of Confidence That Women Look For In A Man](#)

Let me tell you a quick story.

If you didn't know it a musician has to perform an audition to be "let" into a certain college.

Since I was entering as a percussion major I was required to play three pieces. One on the snare drum, one on the tympani, and one on a choice instrument which I so stupidly decided to be the Marimba.

Well I came from a very poor school. Our Tympani was un-tuneable, we didn't own a Marimba and we were stuck with a suitcase size Bells far from the Marimba which required four mallets to be held and played.

So how did I gain the confidence I needed to pass my audition when I couldn't practice on workable instruments? How could I have possibly gain the skills required to build the obvious self-confidence I was going to need to stand in front of three Major players in a dark room with no one to hold my hand or encourage me?

The truth was - I couldn't!

I took some lessons at another college where I had forty minutes to use the real stuff and a very smart man to teach me.

But that was it.

I was working nights in a supermarket, going to school during the day, and practiced when I could and faked what I could on my bed and a pad with my sticks in my hand.

Here is what I did. I gathered my "band" mates and what instruments I had and performed my audition in front of my closest peers. I was hoping to give my confidence a boost before the real deal. But it just wasn't the same.

So at the audition you can only imagine the fear I felt when the lights went down. I had to perform with my hands shaking and my mind racing as I stared at a real Marimba and a tune-able Tympani. The opening silence was eerie.

I realized something that day. Sure my self-confidence and my knowledge of the pieces were solid. Completely memorized and ready but that really didn't help me feel better about it. I was not certain what would happen. I could not predict based on any real evidence I wouldn't crash and burn.

All I could do was face what was the greatest fear of my life in a positive way and stay with each and every note like it was going to be the last one I ever played for anyone.

It humbled me. I joked with the three major players first. I felt put together because I could see every note in my head.

I relaxed and with an easy going attitude let my body do what it was trained to do - and I became so wrapped up in the moment I left no room for negativity.

I'm sure I inspired them that day because I passed. I screwed up a little but I didn't let it stop me.

And I'm also positive I inspired the confidence in themselves as they watched and thought about their first big audition.

Now - when it comes to women and gaining the self-confidence it's going to sometimes feel like an audition.

You're going to sweat.

You're going to shake.

You're going to feel fear which feels like nothing you've ever experienced.

But the key here is to face it head on.

Face it with the ease and comfort that the only thing that matters is that one real moment.

Inspire her confidence by being aware, humble, at ease the best you can, and lighten the mood with a rock solid sense of humor that says you DO NOT take these little things so seriously.

I understand this lesson in confidence may not solve all your problems or instantly transform you into "Mister Confidence" but you have to realize all you can do, is the best you can at any given moment and let your natural ability or learned skills do what they're trained to do.

And I can practically guarantee this whole confidence thing will take care of itself.

Attracting women with confidence will come to do how strong your state of mind is. How you handle those truly stressful moments. And how you and your attitude inspires

her confidence in herself and not you.

The really cool part about this all - practice your skills - work on yourself - find and eliminate those flaws you feel you have - gain the inner strength and learn the more predictable laws of attraction - because your self-confidence has absolutely nothing to do with being nice.

You can be Mister Nice and Mister Cool and still demonstrate unshakable confidence without having to sacrifice this whole nice thing you're living with.

Confidence is a barrier. It helps to protect your inner self. It's about facing your fears despite the outcome.

It's about handling your successes with modesty and helping others through it.

It's about handling your failures so you can learn something from them.

It's also about inspiring others, especially women, to feel more confident just being around you.

Confidence IS one of the the most attractive traits any man can have, achieve and share, (nice or not,) because for one reason only - a general ability to deal with all the issues in life and to lead yourself through it by valuing yourself enough to want to do it.

*Comments, suggestions, remarks, ideas, etc... on tip #19 can be made here: CONFIDENCE

20. Invest in Yourself!

The phrase "become more selfish so you be selfless" is something some nice guys must learn to live by and it's just one of the reasons why this is tip 20.



This tip - invest in yourself, came about when I realized you can almost take "girls" out of the equation of attraction and still attract some pretty amazing real and genuine women. Sure you're going to have to interact or engage the female side but I can tell you "they" have such little to do with how attractive you appear to them.

I think that's where the nice guy fails himself all too often.

He believes if *"I do this for her"* or asks *"What does it mean when she..."* or wonders *"How can I get the girl I've been in love with for so long?"* he loses a piece of himself that's so important.

He misses the one thing he has control over - HIS ACTIONS!

Investing in yourself (and I chose that word very carefully) is similar to investing long-term. You won't suddenly be "rich" tomorrow. You can't just think of a phrase or three words that women will be suddenly be begging for you. It just does NOT happen that way.

"Are you the passive Bob or the understanding Dave? Both are nice guys but only one demonstrates the kind of men women want and date regularly."

[Who Would You Rather Be, Bob or Dave? Single, Intelligent, Nice Guys](#)

If you do meet a woman who will sleep with you that quickly it had little to do with anything that came out of a spur of the moment feeling she felt in her pants she probably had the idea in her head before she left the house that she was going to "get laid" tonight

and you were in the right place, at the right time.

So do that. Put yourself in the right place at the right time. Assure yourself when that moment does arrive, you're ready for it because those "lucky" moments will not be predictable. They WILL only become more probable.

What about your long-term relationships with women? Do you want to be the best man for the one woman you feel is your soul-mate?

Well the more you have of yourself the more you'll have to give...

The more you understand the better you'll be equipped to function on a level of masculinity she'll not only respect fully but she'll never question that you are, without a doubt, the right man for her.

Women are NOT looking for perfection. By sitting back and doing nothing for yourself you're (in a way) telling her you are perfect and never have to better yourself.

I understand you might not want to change. I understand how tough it is. I understand you want women to just "like you" for who you are.

And that's okay. But you don't have to start disrespecting those around you to gain her attraction. You DO have to enable the traits that produce attraction and work on the skills to build the emotions inside her which make you irresistible. And that requires you to invest some time in yourself.

That requires you to enjoy your alone time. That requires you to consider what you're doing may not be working. That requires you to learn and put in practice the essential tools you can so easily gather.

Live your life everyday and evolve yourself with each opportunity and you will experience amazing results. Keep investing in yourself "long-term" and learn to live in the those new moments you create along the way.

Your path is your own to take and unlike some cheesy movies might make you believe - there is not one path you should be taking. No one can take it for you. No one can force you to do it. No one can climb inside your mind and experience your world.

So make it your own and make it a very unique place.

Then learn to share yourself with the women you meet because sometimes that's all they really need to feel something more for you than just a friendship.

All that anybody can reasonably ask from you is that you try to be the best possible version of yourself at any given time. Problems arise when you start thinking you don't deserve it, women, or to live a happier life. Problems arise when you start thinking just because you fucked something small up - it's going to change your entire world.

Problems pile up and become bigger and harder to deal with because of negativity and a lack of self-worth. They mix with desperation and a feeling of helplessness which causes so many of us to just want to give up. A lot of that happens because we try to change the things around us which we have no control over and get frustrated when nothing does change.

This is why - investing in yourself is so important.

You DO have control over YOUR choices, YOUR actions, YOUR self-worth, YOUR value to the world and the women in it, and by focusing YOUR energy in that direction some amazing things can and will happen.

I won't lie. It's not perfect. There is some "luck" factor and probability or chance can be a spiteful thing but...

"Changing our luck with women without becoming "Mister Manipulation" might mean changing our views about it all. It might mean coming to conclusions which are a little different than we have in the past."

[Twenty Steps to Change Your Success and Luck with Women Starting Today](#)

By learning these tools, investing in ourselves, preparing properly for those moments puts us in that better position to be the best person we can be AT that given time.

That's how you start succeeding where you might have failed in the past.

Not by wallowing in the past. Not by regretting what happened before. Not by reliving a failed relationship hoping she'll come back. Not by repeating a mistake over and over again hoping this time something different will happen. Not by giving yourself and the whole of who you are to every woman you're attracted to - hoping she'll like you back.

Not by the need to spend every available moment with her because you're afraid she'll meet another guy who's better than you. Not by kissing her ass and trying to give her what you think she wants when she only needs to feel something a "present or gift" can never do.

None of that actually creates attraction or will have women knocking at your door at three in the morning for a quickie.

You already know that, don't you?

So...

You may have to give up some things to become that better man. I've done it and I wouldn't ask any guy to do something I have not done myself. You can start by learning to say no where you may have been in the habit of saying yes - especially to women.

You might have to give up some people in your life that are affecting you negatively. But if it's for the best of you - then do it. As you go through your "man transformation" process and become an attractive man woman respect and seek out, there will be some downsides.

There will be dead ends and some really tough times when you just want to give up. We all go through it in any new way of living life.

I want to assure you they WILL pass and as long as you stick to a plan that's working - you'll get through them.

Everyday just keep yourself on a track that produces results. Everyday just give a little to yourself and your cause.

REMEMBER - You do NOT have to change the world.

You only have to continue to move forward.

Learn to increase your attractiveness to women by giving more to yourself and you'll have more to give every woman you meet... for as long as you live.

That's kind of what this "nice guy tip" is really about.

Invest in yourself - change what you have control over - build yourself into the best possible version you can be at any given time - don't let other steal your worth by handing it over to them or making you feel you're not worth it...

And in turn, you WILL have more to give to her, a relationship, a family, a friend, and the list goes on.

Thanks for going through all my nice guy tips... I do sincerely hoped you've learned something which can help you attract women and still see yourself as one of the good guys,

Pete White

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